









UMSSC - OCTOBER 2015

Everybody is in favor of progress. It's the change they don't like.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 CANASTA 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE	2 10:00 SING-A-LONG 11:30 FIRST FRIDAY HEALTH FIX – "EATING HEALTHY"	3 CANCELLED- UPPER MERION TOWNSHIP COMMUNITY FAIR & FALL FEST AT HEUSER PARK
4 	5 10:00 MEET THE CANDIDATES (ALL ACTIVITIES CANCELLED) 11:00 ACME FLU SHOTS	6 9:00 HUNTERDON HILLS PLAYHOUSE TRIP 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	7 10:00 BOARD MEETING 12:00 TAI CHI 1:00 LINE DANCING	8 9:30 CANASTA 9:30 NURSE 10:00 FINANCIAL/INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE 1:00 MEDICARE OPEN ENROLLMENT PRESENTATION	9 10:00 SING-A-LONG	10 UMSSC BIG BINGO FALL FUND RAISER 11:00 AM
11 	12 9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA 1:30 YOGA	13 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 10:00 ACME FLU SHOTS 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE INSTRUCTION	14 10:00 GENERAL MEETING ALSO PRESENTATION ON STORM SAFETY & DISASTER PREP. 12:00 TAI CHI 1:00 LINE DANCING 1:00 GARDEN CLUB	15 9:30 CANASTA 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE	16 10:00 SING-A-LONG 11:15 FRIDAY FLICKS "STILL ALICE"	17 
18 	19 9:30 MAH-JONGG 10:30 CURRENT EVENTS 11:30 VETERANS BENEFITS 12:00 ZUMBA 1:00 BOOK TALK 1:30 YOGA	20 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	21 9:30 VALLEY FORGE CASINO 12:00 TAI CHI	22 9:30 CANASTA 9:30 NURSE 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE	23 10:00 SING-A-LONG	24 
25 	26 9:30 MAH-JONGG 10:00 GOOD FOOD / GOOD HEALTH W/PARI 10:30 CURRENT EVENTS 12:00 ZUMBA 1:30 YOGA	27 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	28 9:30 QUILTING 12:00 TAI CHI 1:00 LINE DANCING 1:00 GARDEN CLUB	29 9:30 CANASTA 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 10:30 OUTREACH/LEACH 12:30 CHAIR EXERCISE	30 10:00 SING-A-LONG	31 