SEPTEMBER 2025 SMILES ARE FREE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 **UMSSC CLOSED** 	2 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	3 9-3 WALK THE TRACK **12:00 CELLPHONES MADE SIMPLE** 12:30 CANASTA 1:00-3:00 OPEN GAME ROOM	4 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	5 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG **1:00 TRIVIA**	6
7	8 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00 POKER**	9 9 **-3** WALK THE TRACK **10:00 BOARD MEETING** 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	10 **11:30 GENERAL MEETING** **ALL ACTIVITIES CANCELLED** **EXCEPT 1:45 DIABETES PROGRAM**	11 9-3 WALK THE TRACK **9:45-12 NURSE** 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	12 9-3 WALK THE TRACK 9:15 CHAIR YOGA **10:00 EXCURSION TO GLASS PUMPKIN FESTIVAL** 10:30 SING-A-LONG 1:00 TRIVIA	13
14	15 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) **12:00 MONDAY MATINEE-"COME SEPTEMBER"** 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00 BOOK TALK**	16 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	17 9-3 WALK THE TRACK **12:00 CELLPHONES MADE SIMPLE** 12:30 CANASTA **12:30 LINE DANCING** 1:00-3:00 OPEN GAME ROOM **PETRUCCI'S ICE CREAM "GIVE BACK" 6 – 8:30 pm**	18 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	19 **DUE TO CRAFT FAIR SET UP ALL ACTIVITES ARE CANCELLED AND NO ACCESS TO THE SENIOR CENTER ROOMS**	20 **UMSSC CRAFT FAIR & BAKE SALE 9-2**
21	22 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00 POKER** ***AUTUMN BEGINS***	23 **UMSSC CLOSED**	24 9-3 WALK THE TRACK **12:00 CELLPHONES MADE SIMPLE** 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	25 9-3 WALK THE TRACK **10:00-12:00 WEGMANS FLU, COVID OR RSV SHOTS** 10:15 BINGO 11:45 FUN & FITNESS **12:45 MLH BACK PAIN PRESENTATION** 1:00-3:00 OPEN GAME ROOM **1:00 QUILTING**	26 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	27
28	29 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	30 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB **10:00-12:00 WEGMANS FLU, COVID OR RSV SHOTS** 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE				