





SEPTEMBER 2022 * *WHEN GIVING ADVICE, IT IS BEST TO MAKE IT BRIEF!*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>1</p> <p>9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS</p>	<p>2</p> <p>SENIOR CENTER CLOSED FOR LABOR DAY WEEKEND</p>	<p>3</p>
<p>4</p>	<p>5</p>  <p>Labor Day SENIOR CENTER CLOSED</p>	<p>6</p> <p>10:00 BOARD MEETING 9-11 WALK TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 NO BAND PRACTICE</p>	<p>7</p> <p>11:00 COMPUTER BASICS 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING</p>	<p>8</p> <p>9-11 WALK TRACK 9:30-12 NURSE 10:15 BINGO 11:30 FUN & FITNESS</p>	<p>9</p> <p>10:30 SING-A-LONG</p>	<p>10</p>
<p>11</p> 	<p>12</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE 12:30 MEXICAN TRAIN</p>	<p>13</p> <p>9-11 WALK TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE</p>	<p>14</p> <p>11:00 GENERAL MEETING 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING</p>	<p>15</p> <p>9:30 FONTHILL CASTLE EXCURSION 9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS</p>	<p>16</p> <p>10:30 SING-A-LONG</p>	<p>17</p>
<p>18</p>	<p>19</p> <p>10:00 MAH-JONGG 10:30 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN 1:00 BOOK TALK (ALSO ON ZOOM)</p>	<p>20</p> <p>9-11 WALK TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE</p>	<p>21</p> <p>11:00 COMPUTER BASICS 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING</p>	<p>22</p> <p>9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS 1:00 QUILTING</p>  <p>AUTUMN</p>	<p>23</p> <p>10:30 SING-A-LONG</p>	<p>24</p>
<p>25</p>	<p>26</p> <p>SENIOR CENTER CLOSED FOR ROSH HASHANAH</p>	<p>27</p> <p>9-11 WALK TRACK 10-12:00 FLU SHOTS 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE</p>	<p>28</p> <p>12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING</p>	<p>29</p> <p>9-11 WALK TRACK 10-12:00 FLU SHOTS 10:15 BINGO 11:30 FUN & FITNESS</p>	<p>30</p> <p>10:30 SING--LONG</p>	