



THE BEST OF TIMES



MARCH 2014

Published Monthly since 1997 by
the Upper Merion Senior Service Center
a Non-Profit 501(c)(3) Organization
Serving the Senior Community

UPPER MERION SENIOR SERVICE CENTER
650 SOUTH HENDERSON ROAD
KING OF PRUSSIA, PA 19406
TEL: 610-265-4715
FAX 610-265-4005
WEBSITE: www.umssc.org
EMAIL: info@umssc.org
HOURS: MONDAY THRU FRIDAY
9:00 AM TO 3:00 PM

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OFFICERS:

Mary F. McCree, President
Howard Lurie, Vice President
Helen Cabrey, Secretary
Harlyce Grossman, Treasurer

MEMBERS OF THE BOARD:

Paul Buce, Jane Burger, William Drolet, Ed Freudenberg,
Pari Hoorfar, Richard McCann, Howard Rosenblum,
Ruth Shand and Janet Sheehan

HONORARY MEMBERS:

Mary Meere, Arthur Powell, Constance H. Williams, and
Ronald G. Wagenmann

STAFF:

Cynthia L. Eastman, Executive Director
Shirley Robey, Executive Assistant
Beth Cassidy, Receptionist

"Best of Times" Editors:

Mary F. McCree and Shirley Robey

GOALS

- ♦ Increase membership.
- ♦ Work to increase funding for operational support: investigate new sources of funding in cooperation with local businesses and government agencies.
- ♦ Continue the development of innovative programming.
- ♦ Maintain our working partnership with the Upper Merion Area School District and Upper Merion Township.
- ♦ Explore the potential for new opportunities for services.
- ♦ Search for educational opportunities for members as part of our lifelong learning efforts.
- ♦ Help members remain healthy and active through participation in recreational, educational and leisure activities.

MONTHLY MESSAGE

Friends,

SPRING must be on the way when we think of our Annual Indoor Flea Market and Bake Sale, which will be held Saturday, April 26 from 9 AM to 3 PM. Our Flea Room will be accepting clean resalable items starting Monday, March 24 and will be open from 9:30 AM to 1:30 PM Monday thru Thursday. Among donations to be accepted will be childrens' books and toys, jewelry, knickknacks, decorative items, new clothing only and electric and electronic items in working order. Donation acceptance for the Flea Room closes April 23rd.

Eight foot by five foot spaces will be available for \$20.00. If you were thinking of holding a garage sale this year, you may want to get a space at the flea market to get great exposure to many people who may wish to purchase your treasures. We also encourage donations of homemade or purchased cakes, pies and cookies for the bake sale. Lunch and refreshments will be served in our lunch room.

To make this event successful, be sure to pick up lawn signs in the office to advertise this event. They will be available on March 12th (after the General Meeting). However you cannot put them on your lawn until March 26th.

So, mark the date for the Flea Market on your calendar and on your to do list **... and remember to always say something nice about UMSSC and its members.**

Ed Freudenberg




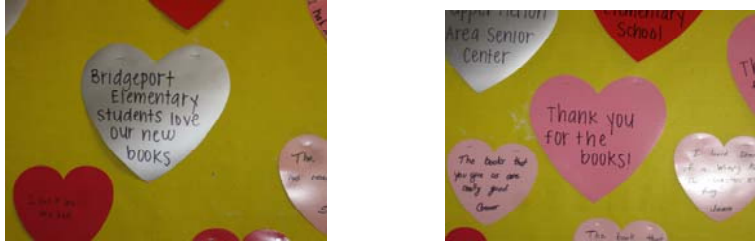








Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices

March 2014



Quote of the Month: I am only one, but still I am one. I cannot do everything, but still I can do something. And because I cannot do everything I will not refuse to do the something that I can do.

Helen Keller

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	
		THANK YOU HEARTS FOR DONATED BOOKS - FROM BRIDGEPORT ELEMENTARY CHILDREN				
2 	3 10:00 MAH-JONGG 10:00 GOOD FOOD / GOOD HEALTH W/ PARI 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA	4 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 BAND PRACTICE & INSTRUCTION	5 10:00 BOARD MEETING 1:00 LINE DANCING	6 10:00-1:00 AARP TAX PREP 10:15 BINGO 12:30 CHAIR EXERCISE	7 10:00 SING-A-LONG	8 
9  DAYLIGHT SAVINGS TIME BEGINS	10 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA	11 9:30 AARP DRIVERS COURSE 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 BAND PRACTICE & INSTRUCTION	12 10:00 GENERAL MEETING 1:00 LINE DANCING 1:00 GARDEN CLUB	13 10:00-1:00 AARP TAX PREP 10:00 AARP TAX PREP 10:00 NURSE 10:15 BINGO 11:30 OUTREACH BRIGGS 12:30 CHAIR EXERCISE	14 10:00 SING-A-LONG 11:15 FRIDAY FLICKS "EVELYN"	15 
16 	17 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 BOOK TALK 1:30 YOGA  ST. PATRICK'S DAY	18 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 BAND PRACTICE & INSTRUCTION	19 9:30 VALLEY FORGE CASINO 1:00 LINE DANCING	20 10:00-1:00 AARP TAX PREP 10:15 BINGO 12:30 CHAIR EXERCISE  FIRST DAY OF SPRING	21 10:00 SING-A-LONG	22 
23 12:00 NOON PENNSYLVANIA ACADEMY OF FINE ARTS EXHIBIT "BEYOND THE PAINT; PHILADELPHIA'S MURAL ARTS." Park & Meet at Pepper's Restaurant	24 9:30 FLEA ROOM OPEN 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA	25 9:30 FLEA ROOM OPEN 9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 BAND PRACTICE & INSTRUCTION	26 9:30 FLEA ROOM OPEN 9:30 QUILTING 1:00 LINE DANCING 1:00 GARDEN CLUB	27 9:30 FLEA ROOM OPEN 10:00-1:00 AARP TAX PREP 10:00 NURSE 10:15 BINGO 12:30 CHAIR EXERCISE 11:00 OUTREACH LEACH	28 10:00 SING-A-LONG	

OUR BOARD OF DIRECTORS



INDEX - MARCH 2014

	PAGE
2014 GOALS	1
CALENDAR	2
UPCOMING EVENTS	3
ACKNOWLEDGEMENTS	3
COMMUNITY OUTREACH	4
COMMUNITY HAPPENINGS	4
NEWSWORTHY	4
SPOTLIGHT	5
ACTIVITIES	6
REMINDERS	BACK PAGE

UPCOMING EVENTS

ZUMBA GOLD WINTER: ZUMBA GOLD SESSION RUNS MONDAY'S ONLY UNTIL MARCH 24. **THIS IS AN UM TWP. PARK & REC DEPT. PROGRAM.**

AARP 2013 TAX PREPARATION: THURSDAYS ONLY UNTIL APRIL 10: It's that time again! Free tax preparation for seniors by AARP. Bring your tax documentation including your receipted real estate tax bills. Appointment sign-up schedule is at the Reception Desk. **NO APPOINTMENTS CURRENTLY AVAILABLE. NAMES TAKEN FOR WAITLIST ONLY.**

TUESDAY, MARCH 11: AARP DRIVERS COURSE (4-HOUR). FROM 9:30 AM TO 1:30 PM. Course Instructor, Richard Fida. Cost: \$15.00 AARP Members \$20.00 non-AARP Members. Payment due day of course. Sign up sheet at Reception Desk.

WEDNESDAY, MARCH 19: VALLEY FORGE CASINO. The offer for groups is \$15.00 in Slot Play and \$10.00 in Food Credit. This offer does not cost anything but **to take advantage of this offer you must complete registration form available at the Senior Center or on our website at www.umssc.org. Valley Services will handle all new and renewal casino memberships (not UMSSC).** Cash or credit card will be accepted by Valley Services. If you have any questions you can contact Valley Services at 610-354-8118. Shuttle will depart the center at 9:30 AM and return at 2:00 PM. For

those driving, please meet in the Casino lobby between 9:30 AM and 10:00 AM. **CUT-OFF DATE FOR THIS TRIP IS WEDNESDAY, MARCH 12. Everyone must bring a valid photo ID.**

MONDAY, MARCH 24: FLEA ROOM OPENS. Bring in your donations or come in to shop. The Flea Room will be open Monday through Thursday from 9:30 AM to 1:30 PM. Acceptable donations are children's books, appliances and electronics (in working order), knickknacks, decorations, etc. Donations of used clothing, junk or broken or non-working items not accepted! *All profits from sales benefit the Senior Center.*

UPCOMING TRIPS

SUNDAY, MARCH 23: PENNSYLVANIA ACADEMY OF FINE ARTS EXHIBIT "BEYOND THE PAINT; PHILADELPHIA'S MURAL ARTS." Cost: \$30.00 UMSSC members - \$35.00 non-UMSSC members. Cost includes: transportation and tour followed by an early dinner at Pepper's Restaurant. Bus departs parking lot at Pepper's Restaurant in the Valley Forge Shopping Center at 12:00 noon and returns to Pepper's for an early dinner. **Please park in the middle rows of parking in the lot.** (Trip funded in part by the BCA Grant.)

TUESDAY, MAY 20: HUNTERDON HILLS PLAYHOUSE DINNER THEATRE: "BUSYBODY". \$60.00 UMSSC members - \$65.00 non-UMSSC members. Cost includes: transportation, show and luncheon. BUS DEPARTS CENTER AT 8:45 AM. (Trip funded in part by the BCA Grant.)

TUESDAY, JUNE 10: HUNTERDON HILLS PLAYHOUSE DINNER THEATRE: "BETTER WITH A BAND". \$60.00 UMSSC members - \$65.00 non-UMSSC members. Cost include: transportation, show and luncheon. BUS DEPARTS CENTER AT 8:45 AM. (Trip funded in part by the BCA Grant.)

ACKNOWLEDGEMENTS

GRACIAS! THANKS! DANKE! MERCI! ARIGATO! GRAZIE! OBRIGADO!

★ *Thank you Tony from Angelo's Pizza* – for the foot long Birthday Hoagie he donates to the center every month. ★ *LeBus Bread* – who donate delicious baked bread every month for the Member Bread Raffle and to ★ *Sun Joe* - who generously donates the baked goods we put out for snacks. We also thank ★ *Sicilian Delight* for their great discounts on pizza for Friday Flicks!



MEMBER DONATIONS TO UMSSC

Upper Merion Senior Service Center is a member of the *United Way Donor Program*. Anyone wishing to make a donation to the UMSSC can designate UMSSC as the recipient of their donation. (Reference UMSSC ID #45796, UW Agency #8229767.)

Please consider a tax-deductible donation to the Upper Merion Senior Service Center. As a non-profit organization 501(c)(3) we rely upon outside donations and gifts to help finance some of our programs, activities and services to our members. Does your company offer matching funds?

Thank you to the following members who have generously made donations to the Center:

Anthony & Mary Ann DiGenova for their generous donation to the Center.

COMMUNITY OUTREACH

UPPER MERION EMERGENCY AID

Dried goods donations collected for families in the community. More families are in need than ever before. Donation box is outside of the lounge. ***The Upper Merion Emergency Fund has specifically requested donations of Peanut Butter & Jelly and large cans of soup (like Progresso). Toiletries, household and laundry detergents are also appreciated.***

PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

Book donations to the Bridgeport Elementary School children (grades K-4th) are still being collected. ***Our book donations are a big hit with the kids. Let's keep it going! Check out the bulletin board to read their "valentine-shaped" thank you notes for receiving the books.*** Collection box is on the table under the bulletin board. ***When donating books please be sure that they are in good condition.***

PROJECT LINUS - ONGOING

The "Hearts and Hands" ladies group at Good Shepherd's Church is still collecting knitted and crocheted squares for blankets. The purpose of Project Linus is to "provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of new, handmade blankets and afghans, lovingly created by volunteer "blanketeers." ***Joan Banas has been collecting the squares on behalf of the church and will continue to do so as long as they are***

being made. Our participating members have a done a great job for a very good cause.

COMMUNITY HAPPENINGS

UPPER MERION FARMERS' MARKET

Winter Fresh: Yes, the Farmers' Market is open through April on every other Saturday from 10:00 AM to 12:00 PM. (**Rain, Sleet, or Snow**)

FRIENDS OF VALLEY FORGE PARK SPEAKER SERIES

As part of the Friends mission to provide interesting and compelling programming for the public, the annual Speaker Series is held in cooperation with the Washington Memorial Chapel. Each year, a new slate of programs is scheduled and offered at the Chapel or the park theater. Programs are held on the first Tuesday of the month at 7 pm. The following programs will be held at the Chapel:

March 4: AN EVENING WITH MARTHA WASHINGTON: GENERAL'S WIFE AND PRESIDENT'S LADY. Historic interpreter Carol Spacht presents a fascinating first-person look at a first lady.

NEWSWORTHY

VALENTINE HOAGIE SOCIAL

As usual, our Valentine Hoagie Social was a great success and we want to take this opportunity to thank everyone involved.

Great entertainment was provided by our very own Upper Merion Senior Service Center Band led by Ed Hickman and also by Fred Miller who sang and played the piano.

We could not have done it without Helen Cabrey and her team of worker bees who did their usual wonderful job; from the ticket sellers to the servers and to those who helped with clean up (not everyone's favorite job) but done wonderfully anyway. Our ticket sellers were Nancy Kime, Joanne Meenan, June Dolan, Ruth Shand, Jean Grimes, Don and Mary McCree, Cindy and Shirley. Our servers were Ann Leahan, Jane Burger, Shirley Robey. Those who volunteered to prepare the wonderful dessert trays were Ruth Shand (who also wrapped each packet of utensils) and Janet Sheehan. Helen's homemade delicious cherry cheese tarts and Michi Teti (Peg Palmer's daughter) baked the decadent red velvet cupcakes. YUMMM! Dessert was served by Molly Trainer, Jane Burger, Joan Banas, Pattie Cunnane and Ethel Hutchinson.

Don McCree prepared an efficient table floor plan and he and Ed Wenger worked as a team to set up the tables. Helping to decorate and un-decorate the tables



were: Joan Banas, Jane Burger, Molly Trainer, Janet Sheehan, Ethel Hutchinson, Pattie Cunnane, Michelle Teti and Rose Dale. Don McCree gets an extra special thanks for singlehandedly taking down the tables.

All in all, a great day was enjoyed by all and it will always be a wonderful memory thanks to Helen and her team who are such pros they make it all look so easy.

FINANCIAL/INVESTMENT DISCUSSION GROUP

We are planning a Financial/Investment Discussion Group in the near future. If you are interested, please sign up on the interest sheet on the reception table in the lobby. *Dick McCann, Board Director*

IN SEARCH OF AN OUTSTANDING VOLUNTEER

Last year we awarded the very first "UMSSC Parvin Volunteer of the Year". The purpose of this award was to *"recognize members for their extraordinary service and dedication to the ideals of our organization and it's members."* The first recipients were Jim and Elaine Parvin and they are the caliber of volunteer we want to honor. We are going to collect your votes for who we should name this year. The award will be presented in the Spring. Below you will find a ballot. If you know of someone you feel is deserving of this award put their name on the ballot and why you would nominate them and hand it in to the office. ***Please hand in your ballots no later than Friday, March 28.*** A final decision will be made by the Board. ✂ ***CLIP IT***

UMSSC PARVIN VOLUNTEER OF THE YEAR NOMINEE

NAME: _____

I BELIEVE THIS PERSON IS DESERVING OF THE AWARD BECAUSE:

HOW PHYSICALLY ACTIVE ARE YOU?

You need to know that physical activity includes more than just sports. Any movement that requires your large muscle groups to work is considered physical activity. So, this would include actions such as walking briskly at the mall, energetically doing household chores, swimming, dancing and using the stairs. With activity, the chemical changes that occur

in the brain are beneficial to your body, your mind and your social interactions.

MEMBERSHIP DRIVE

The time is running out to renew 2014 memberships. If your friends tell you they are not receiving the monthly newsletter, remind them to renew their membership. 2014 membership forms are available in the info center and also on our website www.UMSSC.org We encourage you to have your friends renew or have a new friend who might be interested join. Membership cost is still **only** \$15.00 and we have a lot to offer in the way of activities and special events and programs.

SPECIAL INVITATION TO NEW MEMBERS

Come to the Great Room for the general membership meeting on Wednesday, March 12 and stay to have birthday cake and chat with some of the members and board members.

BOARD GAMES AVAILABLE

We have set up a table in the kitchen for playing board games. The games can be found on the shelf by the table. We offer UpperMerionopoly, Rummikub, Scrabble, Backgammon and a couple of others. Relax and have some fun. Also good for your brain. Get a game going with an old friend or make a new friend and invite them to play!

COOKING CLASS RETURNS!

We welcome back the very popular "Good Food/Good Health with Pari". The class will be held on **Monday, March 3 at 10:00 AM** and Pari will be making "Lettuce Wraps". Attendance minimum of 10 and maximum of 15 is required. As always, we ask that you sign up and pay in advance so that enough food can be prepared. The sign-up sheet is at the Reception Desk and the cost is still only \$6.00.

SPOTLIGHT

EMMA CARSON AND THE KING OF PRUSSIA LADIES' CARD CLUB



EMMA CARSON



CLUB MEMBERSHIP BOOK

Have you ever heard of the King Of Prussia Ladies Card Club? It was in existence from 1956 through 2004 and there were about 8-10 members over the years. Their



Treasurers' meticulously tracked their dues for 48 years. Now remember this was before computers. These records were all kept by hand (see picture). These ladies met and played cards and also went on trips together. What a wonderful group of friends, one of whom was our very own Emma Carson. Emma came across the above history of the King of Prussia Ladies' Card Club as she was doing a little housecleaning. In addition to the records she discovered the balance of their kitty. Emma has donated all \$113 to the Upper Merion Senior Service Center. It is with great appreciation we thank Emma Carson and the King of Prussia Ladies Card Club. We will put it to good use and remember those ladies as we do so. As you know, Emma is our in-house historian. She is the one to go to if you have a question about King of Prussia. Emma always has the answer!

MEMBERS PARTICIPATE IN FARMERS' MARKETS STUDY

We want to thank four of our members, Molly Trainer, Peggy Reilly, Jane Burger and Joan Banas who agreed to participate in a study on farmers' markets. They were interviewed by two Cabrini students, Imani Fussell and Helen Maschmeyer who are working on their dissertation for a marketing project. Our members were asked if they shopped at local farmers' markets and why. They were also questioned about what they liked or disliked about shopping there. We are sure that our members provided valuable information for the women to use in their study.

Below are pictures of the group being interviewed.



Being interviewed by Cabrini students, Imani Fussell and Helen Maschmeyer, are UMSSC members Molly Trainer, Peggy Reilly, Jane Burger and Joan Banas.

ACTIVITIES

APPRISE COUNSELOR: Assistance with insurance and Medicare concerns. Call 610.265.4715 and give your name and telephone. The APPRISE counselor will contact you directly to set up an appointment.

BAND PRACTICE & INSTRUCTION: Every Tuesday, from 1:30 to 2:30 PM the Upper Merion Senior Service

Center Band practices under the direction of Ed Hickman. The Band is always looking for new members, if you are interested stop in and see what we are all about. Stop in on a Tuesday at 1:30 PM and check us out.

BINGO: Thursdays at 10:15 AM. Coordinator: Dan DeLucca. Cash prizes!

BOOK TALK: MONDAY, MARCH 17 at 1:00 PM. Meets on the 3rd Monday of the month. Coordinator: Patricia Ackah (610.265.4290). This month we will be reading "The Paris Wife" by Paula McLain. *A deeply evocative story of ambition and betrayal, The Paris Wife captures a remarkable period of time and a love affair between two unforgettable people: Ernest Hemingway and his wife Hadley.*

BRIDGE CLUB: Tuesdays at 10:00 AM. All bridge players welcome!

CHAIR EXERCISE: Tuesdays at 11:30 AM to 12:15 PM and Thursdays from 12:30 PM to 1:15 PM. Coordinator: Jim Parvin. \$3.00 per class.

COMPUTER CLUB: Tuesdays 9:30 AM to 11:30 AM. Coordinators: Herman Natanblut and Howard Lurie. Meetings are open to all *members*, all ability levels. The Computer Club will be glad to answer any technical questions members have.

CURRENT EVENTS DISCUSSION GROUP: Mondays at 10:30 AM in the Lounge. Coordinators: Joan Shaw and Paul Buce. News marches on. Although much is repetitive, key items are always of interest and the group gets into those. Discussion includes background factors not in the news coverage, as well as various takes on what the implications are. All are welcome to join in.

FRIDAY FLICKS: FRIDAY, March 14 (Pizza at 11:15 AM, Movie at 12:00 PM.) Coordinator: Don McCree. Pizza & Movie: \$5.00. Movie Only: \$2.00. This month we will be showing "**EVELYN**" a drama film, loosely based on the true story of Desmond Doyle and his fight in the Irish courts (December, 1955) to be reunited with his children.

GARDEN CLUB: Meets the second and fourth Wednesday at 1:00 PM. Coordinator: Paul Buce. Winter may finally be departing and gardening folk are ready to go. We meet this month on the regular schedule of the second and fourth Wednesdays at 1:00. Thanks to the Royal Bank team the bulk cleanup of the center gardens is complete, so weather permitting for one of those meetings we'll probably get out there and get spring fever.



GENERAL MEMBERSHIP MEETING: Monthly meeting open to all members on the **2nd Wednesday of the month (March 12) at 10:00 AM**. Any member who wants to be put on the agenda at the meeting should contact Mary McCree, President.

GOOD FOOD/GOOD HEALTH WITH PARI: Monday, **March 3** at 10:00 AM. Instructor: Pari Hoorfar Cost: \$6.00. Minimum of 10 - limited to 15. Advance sign-up and payment is required so that enough food can be prepared. Pari will be making "**Lettuce Wraps**".

KNITTING & CROCHETING: Tuesdays at 1:00 PM. Coordinator: Dot Price. Instruction provided. **Hand-made items are for sale and all proceeds benefit the Center.**

LIBRARY: Open Monday through Friday from 9:00 AM to 3:00 PM. Library Volunteer: Nancy Kime. An excellent selection of large print books, tapes and videos are available to borrow. **Don't forget to check out the "roving book cart" featuring a special selection on loan from the Upper Merion Township Library.**

LINE DANCING: Every Wednesday at 1:00 PM in the gym. Coordinator: Aracelia Panzano. \$1.00 fee per lesson.

MAH-JONGG: Mondays at 10:00 AM. Coordinator: Lynne Boroch. All level players are welcome. **Come in at 9:30 AM if you are interested in learning Mah-Jongg.**

NURSE: Every 2nd and 4th Thursday of each month from **10:00 AM to 12:00 PM**. Have your blood pressure checked by our favorite Nurse Lori Gnacek from Bryn Mawr Hospital/Main Line Health.

OUTREACH: *Representative Tim Briggs'* aide is here the second Thursday of the month (11:00 AM to 2:00 PM) *Senator Daylin Leach's* aide is here the last Thursday of the month (11:30 AM to 1:00 PM)

QUILTING: Fourth Wednesday of the month at 9:30 AM. Instructor: Ethel Hutchinson. All levels welcome!

SING-A-LONG: Fridays at 10:00 TO 11:30 AM. Coordinators: Theresa M. Smith and Dot Morio; Pianist: Ed Wenger.

YOGA: Monday's at 1:30 PM. *Video Instruction*. Limited to 8 members per class.

ZUMBA GOLD: Session runs Monday's only from until last class on March 24. **THIS IS AN UM TWP. PARK & REC DEPT. PROGRAM.**

PHOTOS FROM OUR VALENTINE HOAGIE SOCIAL



BEAUTIFUL TABLE DECORATIONS



HELEN CABREY GETS DESSERTS READY



VOLUNTEERS JANET AND RUTH SHAND PREPARE DESSERT TRAYS



Reminders for March 2014

UM RAMBLER
Free service to UM
Township Seniors
(Visit GVF

Transportation for
pass)

You can ride back and
forth to the Center,
the Malls, and other
destinations!

GVF Transportation
Dept.

1012 W. Eighth Ave.,
Suite A
King of Prussia, PA
19406

Phone: 610-354-8899

www.gvftma.com

Note:
Information
submitted following
FEB. 5 will be
posted on the
UMSSC Bulletin
Boards and listed on
UMGA-TV (Comcast
Channel 22 or
Verizon FiOS
Channel 33)
Visit the Center's
web site at:
www.umssc.org

- * AARP 2013 TAX PREPARATION: THURSDAY'S ONLY UNTIL APRIL 10 AT 10:00 AM TO 1:00 PM. ALL APPOINTMENTS ARE BOOKED.
- * GOOD FOOD/GOOD HEALTH WITH PARI: MONDAY, MARCH 3 AT 10:30 AM
- * AARP DRIVER COURSE: TUESDAY, MARCH 11 (4-HOUR COURSE) SIGN UP AT CENTER. PAY DAY OF COURSE.
- * GENERAL MEETING: WEDNESDAY, MARCH 12 AT 10:00 AM
- * FRIDAY FLICKS: FRIDAY, MARCH 14 (Pizza at 11:15 AM, Movie at 12:00 PM.) SHOWING "EVELYN"
- * BOOK TALK: MONDAY, MARCH 17 AT 1:00 PM. THIS MONTH'S BOOK: "THE PARIS WIFE" BY PAULA McCLAIN.
- * VALLEY FORGE CASINO: WEDNESDAY, MARCH 19 AT 9:30 AM. SHUTTLE WILL DEPART THE CENTER AT 9:30 AM AND RETURN AT 2:00 PM. FOR THOSE DRIVING, PLEASE MEET IN THE CASINO LOBBY BETWEEN 9:30 AM AND 10:00 AM
- * PENNSYLVANIA ACADEMY OF FINE ARTS EXHIBIT "BEYOND THE PAINT; PHILADELPHIA'S MURAL ARTS." SUNDAY, MARCH 23 AT 12:00 NOON: cost: \$30.00 UMSSC members - \$35.00 non-UMSSC members. Cost includes: transportation, tour and meal. *NOTE: Bus departs parking lot at Pepper's Restaurant in the Valley Forge Shopping Center at 12:00 noon and returns to Pepper's for an early dinner. Please park in the middle rows of parking in the lot. (Trip funded in party by the BCA Grant.)*
- * FLEA ROOM OPENS: MONDAY, MARCH 24: - MONDAY's through THURSDAY's FROM 9:30 AM TO 1:30 PM.
- * HUNTERDON HILLS PLAYHOUSE DINNER THEATRE: "BUSYBODY". TUESDAY, MAY 20: \$60.00 UMSSC members - \$65.00 non-UMSSC members. Cost includes: transportation, show and luncheon. BUS DEPARTS CENTER AT 8:45 AM. (Trip funded in party by the BCA Grant.)
- HUNTERDON HILLS PLAYHOUSE DINNER THEATRE: "BETTER WITH A BAND". TUESDAY, JUNE 10: \$60.00 UMSSC members - \$65.00 non-UMSSC members. Cost includes: transportation, show and luncheon. BUS DEPARTS CENTER AT 8:45 AM. (Trip funded in party by the BCA Grant.)

NOTE:
THE UMSSC
IS CLOSED
WHEN THE UM
AREA SCHOOL
DISTRICT CLOSES
OR HAS LATE
OPENING
DUE TO
INCLEMENT
WEATHER

UMASD SCHOOL
CLOSING NUMBER
IS "307"

NOTICE IS ALSO
BROADCASTED
ON COMCAST
CHANNEL 28
OR
VERIZON FIOS
CHANNEL 32

OR CALL
SENIOR CENTER
AFTER 7:30 AM
(610-265-4715)
AND LISTEN TO
VOICE MAIL
RECORDING

OR CALL
KYW-1060 RADIO
(215-925-1060)
FOLLOW
INSTRUCTIONS
AND ENTER UMASD
SCHOOL CLOSING
NUMBER "307"

UPPER MERION SENIOR SERVICE CENTER
650 SOUTH HENDERSON ROAD KING OF PRUSSIA, PA 19406

Non-Profit Org.
U.S. Postage
PAID
Southeastern, PA
Permit No. 615

TO: RESIDENT or OCCUPANT