

JANUARY 2026 NEW YEAR, NEW BEGININGS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				HAPPY NEW YEAR 2026  UMSSC CLOSED	UMSSC CLOSED FOR THE HOLIDAYS	
4	5 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 POKER	6 9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	7 9-3 WALK THE TRACK 9:45 MEDITATION 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	8 9-3 WALK THE TRACK 9:45-12 NURSE 10:15 BINGO 11:45 FUN & FITNESS 12:45 COOKIES & COCOA 1:00-3:00 OPEN GAME ROOM	9 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	10
11	12 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12:00 MONDAY MATINEE "BOYNTON BEACH CLUB" 12-3 ART GROUP 12:30 MEXICAN TRAIN KIBBITZ ROOM "GIVE BACK" ALL DAY MUST MENTION SENIOR CENTER (8 am-8:30 pm)	13 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	14 9-3 WALK THE TRACK 10-11 CPR/AED DEMONSTRATION 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	15 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION 1:00-3:00 OPEN GAME ROOM	16 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 12:30-1:30 CPR/AED DEMONSTRATION 1:00 TRIVIA	17
18	19 MLK DAY OF SERVICE OPEN 9:30-11:30 FOR SERVICE ACTIVITIES HERE ALL ACTIVITIES CANCELLED	20 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	21 9-3 WALK THE TRACK 9:45 MEDITATION 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	22 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION 1:00 QUILTING 1:00-3:00 OPEN GAME ROOM	23 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	24
25	26 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12-3 ART GROUP 12:30 MEXICAN TRAIN 1:00 POKER 1:00 BOOK TALK	27 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	28 9-3 WALK THE TRACK 9:45 MEDITATION 10-11 CPR/AED DEMONSTRATION 12:00 CELLPHONES MADE SIMPLE 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	29 9-3 WALK THE TRACK 10:00 OSCAR HAMMERSTEIN MUSEUM CAR POOL TRIP 10:15 BINGO 11:45 FUN & FITNESS 1:00 HEALTHY STEPS IN MOTION 1:00-3:00 OPEN GAME ROOM	30 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 TRIVIA	31