



JANUARY 2018

(Monthly Healthy Habit: Eat vegetables with your snack or meal at least 3 times a day.)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
NEW YEARS EVE		9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS 10:00 BOARD MEETING 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 BREAD DAY 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG	
7	8	9	10	11	12	13
9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 HERB DAY 1:00 BOOK TALK 1:30 YOGA (VIDEO)	9:30 COMPUTER CLUB 10:00 LIBRARY TECH HELP 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS 10:00 GENERAL MEETING 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING 1:30 RED HAT LADIES	10:15 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 BREAD DAY 11:00 OUTREACH - BRIGGS 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG		
14	15	16	17	18	19	20
SENIOR CENTER IS CLOSED FOR MARTIN LUTHER KING DAY OF SERVICE (PLEASE VOLUNTEER)		9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS (IN CRAFT ROOM TODAY) 9:30 VALLEY FORGE CASINO 10:00 PERSIAN GROUP 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 BREAD DAY 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG 11:30 FRIDAY FLICKS	
21	22	23	24	25	26	27
9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 <i>LAST</i> HERB DAY 1:30 YOGA (VIDEO)	9:30 COMPUTER CLUB 10:00 LIBRARY TECH HELP 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	10:15 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 BREAD DAY 11:30 OUTREACH - LEACH 12:30 FUN & FITNESS	9:30 PINOCHLE 10:00 SING-A-LONG		HOLOCAUST REMEMBRANCE DAY
28	29	30	31			
9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 HERB DAY 1:30 YOGA (VIDEO)	9:30 COMPUTER CLUB 10:00 BRIDGE 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	9:30 WEDNESDAY CARD PLAYERS 11:00 BREAD DAY 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING				