JANUARY 2025 HERE'S TO MAKING MORE MEMORIES IN 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			JANUARY 1, 2025 **UMSSC CLOSED**	2 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	3 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00-2:30 TRIVIA	4
5	6 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00 -3:00 POKER**	7 9 **-3** WALK THE TRACK **10:00 BOARD MEETING** 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	8 9-3 WALK THE TRACK 12:00 NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM	9 9-3 WALK THE TRACK **9:45-12 NURSE** 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	10 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG **10:30 COFFEE WITH A BOARD MEMBER** 1:00 -2:30 TRIVIA	11
12	13 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **12:45 COCOA AND CAKE**	14 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45PINOCHLE 12:45 BAND PRACTICE	15 9-3 WALK THE TRACK **9:45 MEDITATION** 12:00 NEIGHBORS ON ZOOM **12:00 TECH HELP** 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PREVENTION PROGRAM WEEK 1**	16 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	17 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00-2:30 TRIVIA	18
19	20 **MARTIN LUTHER KING DAY** **ALL ACTIVITIES CANCELLED** **OPEN 9:30 - 11:30 FOR DAY OF SERVICE ACTIVITIES**	21 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	22 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PREVENTION PROGRAM WEEK 2**	23 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS **1:00 QUILTING** 1:00-3:00 OPEN GAME ROOM	24 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00-2:30 TRIVIA	25
26	27 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00-3:00 POKER** **1:00 BOOK TALJK**	28 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	29 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM **12:00 TECH HELP** 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PREVENTION PROGRAM WEEK 3**	30 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	31 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00-2:30 TRIVIA	