

# "The Best of Times"



# JANUARY 2020

## UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD  
KING OF PRUSSIA, PA 19406  
TELE: 610-265-4715  
on the web at [www.umssc.org](http://www.umssc.org)



<https://b.facebook.com/umssc.org/>

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### ANNOUNCEMENTS

**NOTE: CUT-OFF DATE FOR SUBMISSION OF INFORMATION FOR THE FEBRUARY NEWSLETTER IS FRIDAY, JANUARY 17. NO EXCEPTIONS.**

\* \* \* \* \*

**THE SENIOR CENTER WILL BE CLOSED ON THE FOLLOWING DATE:**

**WE ARE CLOSED WEDNESDAY, JANUARY 1 FOR NEW YEAR'S DAY AND MONDAY, JANUARY 20 FOR MARTIN LUTHER KING DAY**

\* \* \* \* \*

**To see the monthly UMSSC "General Meeting" on your device do the following:**

1. Open your browser
2. Enter [vimeo.com/channels/891501](https://vimeo.com/channels/891501)
3. Select "Videos in Senior Shows"
4. Click on the meeting you want to watch
5. You'll see the member's name drawn in the "Jackpot" game.

### NATIONAL MUSEUM OF AMERICAN JEWISH HISTORY IN CENTER CITY, PHILADELPHIA

**THURSDAY, JANUARY 9, 2020.** A special exhibit about Supreme Court Justice Ruth Bader Ginsberg will be there. Cost: \$10 for UMSSC members and \$12 non-members. We will meet here at the upper pool parking lot at 9:00 and carpool to the Radnor Station and use SEPTA transportation into the city and to the museum. Registration forms are available in the lobby area and on the UMSSC website.

### MLK DAY OF SERVICE

**MONDAY, JANUARY 20 AT THE SENIOR CENTER:** We need members to volunteer to help with general clean-up around the Senior Center from 10:00 AM to 12:00 PM. YOU CAN SIGN-UP AT LOBBY DESK IF YOU WOULD LIKE TO HELP OUT.

**PLEASE NOTE: THE SENIOR CENTER IS OFFICIALLY CLOSED ON THIS DATE AND ALL ACTIVITIES ARE CANCELLED.**

### ATTENTION VETERANS OF UMSSC!

If you are a *veteran* who would be interested in meeting once a month to discuss veterans' issues, please sign up at the lobby desk. Our initial meeting will take place sometime in January. At that time we will set an agenda for these meetings including invitations to guest speakers.

*Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices.*

### GENERAL MEETING

**WEDNESDAY, JANUARY 8 AT 9:30 AM.** This meeting is open to all of our members. Reports by the Executive and Board members provide updated information about the Senior Center and its activities and events. Members who attend are also eligible to win cash from our "JACKPOT" drawing. We celebrate monthly birthdays with cake and a birthday raffle to win a hoagie from Angelo's Pizza, and you can enter the 50/50 raffle drawing. The January Jackpot is \$180.00.

### COMPUTER BASICS

**WEDNESDAY, JANUARY 8 FROM 11:30 AM to 12:30 PM.** Sangeetha will be back at the Center to teach computer basics. *PLEASE SIGN UP IN THE LOBBY.*

### COFFEE WITH A COP

**MONDAY, JANUARY 13 AT 12:15 PM.** Join the conversation about your community with Upper Merion Police Officer, Glenn Muntzer.

### **AN IMPORTANT ANNOUNCEMENT REGARDING VALLEY FORGE CASINO REGISTRATIONS**

Starting in January 2020 the monthly casino trips and \$20.00 voucher will be offered to **UMSSC Members only.** *You must renew your membership before the January 15 casino trip.*

### VALLEY FORGE CASINO

**WEDNESDAY, JANUARY 15 (Cut-off date MONDAY, JANUARY 13 - no exceptions).** THE OFFER FOR PAID UMSSC MEMBERS IS \$20.00 IN SLOT PLAY: TO TAKE ADVANTAGE OF THIS OFFER YOU MUST COMPLETE THE REGISTRATION FORM (NO TELEPHONE RESERVATIONS TAKEN) AVAILABLE AT THE SENIOR CENTER OR ON OUR WEBSITE AT [WWW.UMSSC.ORG](http://WWW.UMSSC.ORG). Please check in with the Senior Center rep in the Casino lobby between 9:30 AM and 10:00 AM. *Everyone must bring a valid photo ID.*

### BE AWARE - FRAUD IS OUT THERE!

**MONDAY, JANUARY 16 AT 12:30 PM.** We are very fortunate to have retired Upper Merion Detective Steve Geckle who will come and speak to our members about the current frauds and scams that are being committed against senior citizens. Don't miss this extremely important crime for seniors to be aware of.

### FRIDAY FLICKS

**FRIDAY, JANUARY 17 - SICILIAN DELIGHT PIZZA (\$3.00) AT 11:30 AM - MOVIE (FREE) STARTS AT 12:15 PM.** Coordinator Don McCree. Getting Pizza? *You must sign up and pay in advance by THURSDAY, JANUARY 16.* This month we will show "**THE MIRACLE SEASON**" starring Helen Hunt, Erin Moriarty, William Hurt and Danika Yarosh. Based on the inspiring true story of the West High School girls volleyball team. After the tragic loss of star player, Caroline Found in an accident, the remaining team players must band together under the guidance of their tough-love coach, Kathy Bresnahan, in hopes of winning the state championship

### BOOK TALK

**MONDAY, JANUARY 27 at 1:00 PM.** Coordinator: Patricia Ackah. This month's book "The Address" by Fiona Davis. The Dakota is a notorious, castle-like building on 72nd Street off Manhattan's Central Park—but 130 years ago, this location was the muddy middle of nowhere. This book is the story of two women a century apart whose tumultuous lives become part of the Dakota's sometimes unhappy history.

### OUTREACH

An aide from Representative Tim Briggs' office will be here **Thursday, January 9** from 11:00 AM to 2:00 PM.

Senator Daylin Leach's aide will be here on **Thursday, January 30** from 11:00 AM to 12:00 PM.

**LOOKING AHEAD**  
**FEBRUARY IS PARTY MONTH!**

**VALENTINE HOAGIE SOCIAL**

**FRIDAY FEBRUARY 14**

**11:00 AM to 2:00 PM**

**Tickets: \$7.00**

**On Valentine's Day don't be woeful  
Join us for the Valentine Social  
You can bring a friend or come alone  
So quick buy your ticket - don't postpone!**

Join us for a fun afternoon of door prizes, entertainment and Hoagies. Hoagie Choice of Italian, Tuna or Turkey. Open to members and non-members. Cut-off date February 10.

**COME TO THE MARDI GRAS PARTY**

**MONDAY, FEBRUARY 24 AT 12:00 PM**

**This year we are planning our first ever Mardi Gras Party. Join us for some good food and fun times. You could even be crowned the Mardi Gras King or Queen. More details will be available in February but we can tell you this much - it will be**

**a *FREE* event!**

**2020 EXCURSION GROUP TRIPS**

Thursday, March 26 Eastern State Penitentiary  
Transportation via public transportation.

Thursday, April 23 Dutch Apple Theatre.  
Transportation via coach.

Thursday, May 21 Meadowbrook Gardens.  
Transportation via carpool.

Saturday, June 13 New York on your own trip.  
Transportation via coach.

**APPRISE COUNSELOR**

An AARP Volunteer Apprise Counselor is available through the Senior Center to provide assistance

with *health insurance and Medicare enrollment*. Call the Senior Center at 610-265-4715 and give your name, telephone or email. We will provide the Apprise Counselor with your information and they will contact you directly.

**KEEPING OUR MEMBERS INFORMED**



Please join us as we welcome the following new members to our UMSSC family. We hope to see them around the Center: ***Janice Bonner, Loretta Bovell, Debbie Goraczko, Eleanor Grabowski, Albert Hill, Barbara Ann Roskos, Khanna Sneh and Mary Ann Young.***

**2019 HOLIDAY PARTY**

Our annual holiday party was held at the Parkview Room at the Valley Forge Casino Resort. We had a wonderful time. The UMSSC Band entertained us with a collection of holiday songs. They sounded great! Our holiday meals were delicious and of course we all enjoyed being together, friends and fellow members and guests. The Parkview provided us with \$10 for the casino.

Thank you to Jeanne Green and Cass Hostler for taking care of all the reservations, door prizes and such. Also, thank you to Sharon Brzoska for taking some pictures to share:





**UMSSC BAND PERFORMS AT TOWNSHIP HOLIDAY CELEBRATION**



Our own UMSSC Band performed a few holiday favorites at the annual township Holiday program.

**VISIT FROM BRIDGEPORT 2<sup>ND</sup> GRADERS**

We thoroughly enjoyed having the Bridgeport Elementary School 2<sup>nd</sup> Graders for a Holiday Sing-Along. The kids were so delightful and gifted us with some handmade decorations. We shared cookies

and little gifts for the kids to take. Special thanks to the teachers and staff who attended. They were absolutely great!



## **ACKNOWLEDGEMENTS**

### **DONATIONS**

**Thank you** to the following members who gave generous donations to the Senior Center:

- ★ Ethel Hutchinson in memory of Patricia Ackah's son, Annor
- ★ Gloria Wolfhope in memory of Patricia Ackah's son, Annor.
- ★ Adele Goldfield

### **GRACIAS! THANKS! DANKE! MERCI!**

★ Sicilian Delight ★ Tony from Angelo's Pizza ★ Costco ★ Giant Food Store ★ Upper Merion Township Library for the large print books and Friday Flick movies.

### **HELP SUPPORT UMSSC BY SHOPPING AT**



When you shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice. If you already shop on Amazon, your current user name and password will work on smile.amazon.com or you can use this link to go directly to our donation account.

<https://smile.amazon.com/ch/23-2966030>

## **AROUND THE COMMUNITY** **WHAT'S HAPPENING AT THE UM TOWNSHIP** **LIBRARY- JANUARY**



### **UPPER MERION TOWNSHIP LIBRARY WISHES YOU** **ALL A VERY HAPPY NEW YEAR!**

Winter reading program for adults starts Monday, January 6. Read, register and review to win exciting prizes. Check our website [www.umtownship.org/library](http://www.umtownship.org/library) or stop by the library for more information. Submit your reviews by March 20.

Sangeetha will be at the Senior Center on Wednesday, January 8 from 11:30 AM to 12:30 PM to teach basic computer lessons.

**ESL Class - Tuesdays at 1:00 PM in the Valley Forge Room:** For adults who speak English as a second language, this program allows you to practice your English through conversations about books, short stories, and news articles. The class leader is Mrs. Jean Olexy, a certified ESL teacher. Anyone who speaks English as a second language is welcome to drop in.

**Tech Night - Monday, January 6 at 7:00 PM in the Henderson Room.** Own an iPad or an iPhone but have trouble using it? Planning on buying, but the latest technology troubling you? Need help with downloading e-books? Our youth volunteers are here to help you. Registration required.

**Adult Board Game Night - January 9 at 7:00 PM in the Henderson Room.** Bring your friends and enjoy playing games of all kinds! We'll have several board games, but feel free to bring your own too.

**Adult Coloring Night on Monday, January 13 at 7:00 PM in the Valley Forge Room.** Bring your friends and enjoy coloring. Walk-ins are welcome. Materials will be provided.

**"Starting the New Year with Ourselves" on Tuesday, January 14 at 7:00 PM in the Valley Forge**

**Room.** Josh Gansky will lead this seminar on teaching simple strategies that can be used throughout the day to manage stress. Participants will learn techniques to work through their busy lives with opportunities for discussion, listening, and reflection.

**Family Game event on Monday, January 20 from 1:00 PM to 6:00 PM.** Stop by the library anytime between 1:00 PM and 6:00 PM with your family to enjoy games of all kinds! We'll have several board games, but feel free to bring your own too.

**Knit Nite: Monday, January 27 at 7:00 PM.** Fourth Monday of the month. For all ages - from veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced knitters are always eager pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

To register for any of the library events, you can register via our online calendar, or by calling 610-265-4805, or stopping by the library.

Watch out for this new section every month. One new e-resource each month!

### **CyberSmarts**

Learn how to be a safe, responsible, and smart citizen with these eBooks that teach you how to avoid predators, play games safely online, protect your privacy, and use social networks.

[www.umtowsnip.org/departments/library/elibrary/](http://www.umtowsnip.org/departments/library/elibrary/)

**Notary Service:** The library offers a notary service by appointment only for a \$5.00 fee. Please make sure to bring all necessary documents and, if needed, a witness. To make an appointment, call 610-265-4805.

**Low Vision Reader:** Our library has a low vision reader for use in the library. Please contact us for more information.

**Café Style Wifi** available at the library. Bring your smart devices and connect to our free wireless network. Library card number not required.

Charging Station at the Library: Did you leave your charger at home? Is your mobile device low on power and need recharging? Get charged with one of the charging stations at the library.

### **JUST FOR FUN**

A couple of birds were watching a rocket take off from Kennedy Space Center.

"Wow," said one, "look how fast he flies."

The other replied, "You'd fly like that too if your tail was on fire."

\* \* \* \* \*

Three sisters, ages 92, 94 and 96, live in a house together.

One night the 96-year-old draws a bath. She puts her foot in and pauses. She yells to the other sisters, "Was I getting in or out of the bath?"

The 94-year-old yells back, "I don't know. I'll come up and see." She starts up the stairs and pauses "Was I going up the stairs or down?"

The 92-year-old is sitting at the kitchen table having tea listening to her sisters, she shakes her head and says, "I sure hope I never get that forgetful, knock on wood..." She then yells, "I'll come up and help both of you as soon as I see who's at the door."

\* \* \* \* \*

### **I HOPE YOU GET BETTER**

A retired man who volunteers to entertain patients in nursing homes and hospitals went to one local hospital in Brooklyn and took his portable keyboard along. He told some jokes and sang some funny songs at patients' bedsides. When he finished he said, in farewell, "I hope you get better." One elderly gentleman replied, "I hope you get better, too."

### **THE FAMOUS MAN**

One day a famous man went to a nursing home to see all of his friends again and see how they were doing. When he got there *EVERYBODY* greeted him [because, of course, everybody knows him]. One

man he noticed didn't come up to him or say anything to him, so later he walked up to the man and asked him "Do you know who I am?" and the old man replied "No, but you can go to the front desk and they'll tell you.



\* \* \* \* \*

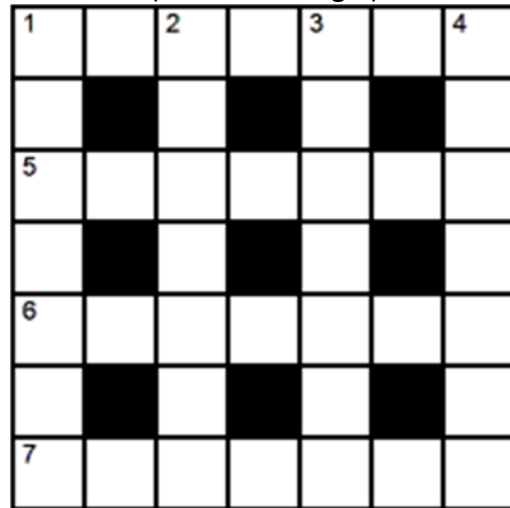


*Thank you to all of our members who donated gifts to our adopted family. You've given generously; but more importantly, you've given a family hope.*

*"No one has ever become poor by giving." Anne Frank*

### MINI CROSSWORDS

(answers on Pg.9)



#### ACROSS

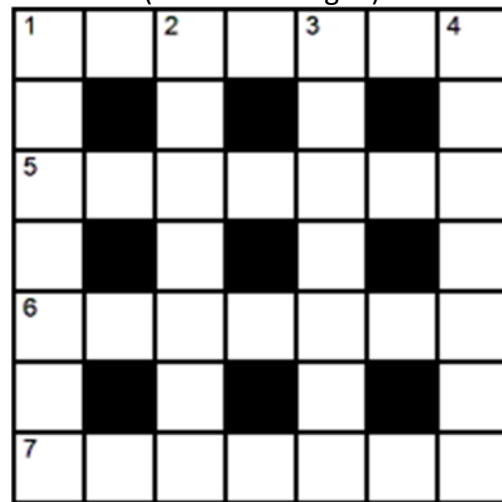
1. Use again after processing
5. Gastronome
6. Paradigm
7. Excess

#### DOWN

1. Go back to a previous state
2. Messenger
3. Write music
4. Adjure

### MINI CROSSWORDS

(answers on Pg. 9)



#### ACROSS

1. Evensong
5. Expressing much in Few words
6. Result
7. Medical procedure

#### DOWN

1. Asinine
2. Legislator
3. Part of a broadcast serial
4. Stage set

**WORD SEARCH PUZZLES**

**HAPPY NEW YEAR!**

X L F A U M T V S G V L  
 R F B E G I N N I N G O  
 F J S F A D F A M I L Y  
 I A F R X N W C A C P U  
 R N Q I M I G L W L A L  
 E U O E S G R O S G R L  
 W A J N F H J C I C A E  
 O R B D Q T F K V P D C  
 R Y B S A P A R T I E S  
 K N E W Y E A R A A S T  
 S C O U N T D O W N N X  
 C E L E B R A T I O N J

- FIREWORKS
- MIDNIGHT FAMILY
- CELEBRATION
- JANUARY FRIENDS
- COUNTDOWN NEW YEAR PARTIES
- BEGINNING PARADES
- CLOCK



**WINTER WORD SEARCH**

S K I I N G S N O W B O O H T  
 S F I R E P L A C E I N G E O  
 L I E A R M U F F S C N Y T S  
 E W S B C O L T R A E S T A C  
 D I M L R O W S N O U G H E A  
 D N U I A U L O W P S H T O R  
 I T F Z E S A D E H A T A O F  
 N R B Z B A E R O W P L Y I I  
 G C O A T O T L Y D M W L C R  
 I T O R H A F R O T A S U I E  
 P O T D E C E M B E R I L C L  
 L A S N C R O V I N C L O L R  
 O A D H J K T C E S H O V E L  
 W J A N U A R Y O E S A H S T  
 M I T T E N S W E A T E R E L

- BLIZZARD
- BOOTS
- COAT
- COCOA
- SLEDDING
- DECEMBER
- EARMUFFS
- FEBRUARY
- FIREPLACE
- FROSTY
- SHOVEL
- ICE
- COLD
- JANUARY
- MARCH
- MITTENS
- PLOW
- SCARF
- HAT
- SKIING
- ICICLES
- SNOW
- SWEATER
- WINTER

**MINI CROSSWORD ANSWERS**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | E | C | Y | C | L | E | V | E | S | P | E | R | S |
| E | ■ | O | ■ | O | ■ | N | A | ■ | E | ■ | P | ■ | C |
| G | O | U | R | M | E | T | C | O | N | C | I | S | E |
| R | ■ | R | ■ | P | ■ | R | U | ■ | A | ■ | S | ■ | N |
| E | P | I | T | O | M | E | O | U | T | C | O | M | E |
| S | ■ | E | ■ | S | ■ | A | U | ■ | O | ■ | D | ■ | R |
| S | U | R | F | E | I | T | S | U | R | G | E | R | Y |