

"The Best of Times"



FEBRUARY 2020

UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD
KING OF PRUSSIA, PA 19406

TELE: 610-265-4715

on the web at www.umssc.org



<https://b.facebook.com/umssc.org/>

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ANNOUNCEMENTS

NOTE: CUT-OFF DATE FOR SUBMISSION OF INFORMATION FOR THE MARCH NEWSLETTER IS MONDAY, FEBRUARY 17. NO EXCEPTIONS.

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THE SENIOR CENTER WILL BE CLOSED ON THE FOLLOWING DATE:

ALL REGULAR ACTIVITIES ARE CANCELLED ON FRIDAY FEBRUARY 14 FOR THE VALENTINE HOAGIE SOCIAL

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To see the monthly UMSSC "General Meeting" on your device do the following:

1. Open your browser
2. Enter vimeo.com/channels/891501
3. Select "Videos in Senior Shows"
4. Click on the meeting you want to watch
5. You'll see the member's name drawn in the "Jackpot" game.

FEBRUARY IS PARTY MONTH!

VALENTINE HOAGIE SOCIAL

FRIDAY FEBRUARY 14

11:00 AM to 2:00 PM

Tickets: \$7.00

On Valentine's Day don't be woeful

Join us for the Valentine Social

You can bring a friend or come alone

So quick buy your ticket - don't postpone!

Join us for a fun afternoon of door prizes, entertainment and Hoagies. Hoagie Choice of Italian, Tuna or Turkey. Open to members and non-members. Cut-off date February 10.

COME TO THE MARDI GRAS POTLUCK PARTY

MONDAY, FEBRUARY 24 AT 12:00 PM

This year we are planning our first ever Mardi Gras Potluck Party. Join us for good food, fun times and

little event souvenirs. You

could even be crowned the

Mardi Gras King or Queen!



We need members to help out by bringing in casseroles, side dishes and desserts. We also

need help with set up and clean up. Please sign up in the lobby and note if you are bringing food and if you can volunteer to help out.

Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices.

ATTENTION VETERANS OF UMSSC!

If you are a *veteran and a senior citizen* we will be meeting once a month to discuss veterans' issues. Meeting will take place at the Senior Center on Friday February 7 at 12:00 PM. Mission Barbecue has offered to provide a lunch *SO PLEASE SIGN UP IN ADVANCE in the lobby*. We will plan our agenda for these meetings including invitations to guest speakers.

COFFEE WITH A COP

MONDAY, FEBRUARY 10 AT 12:15 PM. Join the conversation about your community with Upper Merion Police Officer, Glenn Muntzer.

MEMORY CAFÉ

TUESDAY FEBRUARY 11 AT 2:00 PM. Support Group discussion for caregivers. Presented by a Memory Care Advisor from Arden Courts. This discussion group will meet the 2nd Tuesday of each month (unless otherwise posted).

GENERAL MEETING

WEDNESDAY, FEBRUARY 12 AT 9:30 AM. This meeting is open to all of our members. Reports by the Executive and Board members provide updated information about the Senior Center and its activities and events. Members who attend are also eligible to win cash from our "JACKPOT" drawing. We celebrate monthly birthdays with cake and a birthday raffle to win a hoagie from Angelo's Pizza, and you can enter the 50/50 raffle drawing. The FEBRUARY JACKPOT will be **\$205.00**.

COMPUTER BASICS

WEDNESDAY, FEBRUARY 12 AND 26 FROM 11:30 AM to 12:30 PM. Sangeetha will be back at the Senior Center to teach computer basics. *PLEASE SIGN UP IN THE LOBBY.*

CALLING ALL GARDENERS

Spring will be here before you know it. We are in need of folks who would enjoy working with the Garden Club in the raised beds on the patio. Please come to our next meeting



on Wednesday, February 12 at 1:00 PM with your ideas and green thumbs.

BOOK TALK

MONDAY, FEBRUARY 17 at 1:00 PM. Coordinator: Patricia Ackah. This month's book "**RED NOTICE**" by Bill Browder. A real-life political thriller about an American financier in the Wild East of Russia, the murder of his principled young tax attorney, and his dangerous mission to expose the Kremlin's corruption.

VALLEY FORGE CASINO

WEDNESDAY, FEBRUARY 19 (Cut-off date MONDAY, FEBRUARY 17 - no exceptions). THE OFFER FOR PAID UMSSC MEMBERS IS \$20.00 IN SLOT PLAY: TO TAKE ADVANTAGE OF THIS OFFER YOU MUST COMPLETE THE REGISTRATION FORM (NO TELEPHONE RESERVATIONS TAKEN) AVAILABLE AT THE SENIOR CENTER OR ON OUR WEBSITE AT www.umssc.org. Please check in with the Senior Center rep in the Casino lobby between 9:30 AM and 10:00 AM. *Everyone must bring a valid photo ID.* The monthly casino trips and \$20.00 voucher will be offered to **UMSSC Members only. You must have joined or renewed your membership.**

FRIDAY FLICKS

FRIDAY, FEBRUARY 21 - SICILIAN DELIGHT PIZZA (\$3.00) AT 11:30 AM - MOVIE (FREE) STARTS AT 12:15 PM. Coordinator Don McCree. Getting Pizza? *You must sign up and pay in advance by THURSDAY, FEBRUARY 20.* This month we will show "**ON THE BASIS OF SEX**" starring Felicity Jones, Armie Hammer and Justin Theroux. The true story of Ruth Bader Ginsburg, her struggles for equal rights, and the early cases of an historic career that lead to her nomination and confirmation as U.S. Supreme Court Associate Justice.

OUTREACH

Senator Daylin Leach's aide will be here on **Thursday, February 27** from 11:00 AM to 12:00 PM.

WANTED: MAH JONGG PLAYERS

The American version of Mah Jongg is played here at the Senior Center on Mondays from 9:30 am to 12:00 pm in the Great Room. This table game is played with small tiles embossed with numbers and symbols that are in suits. Thirteen tiles are dealt to each player followed by a sequence of passing unwanted tiles and keeping those that fit into your hand. Each tile has a printed card showing possible ways to win a game. The aim is to have your tiles match one of the lines on the printed card to achieve a "Mah Jongg" and win that game. Experienced players will assist beginning players in learning the game. Hope you will give it a try!

CALLING ALL POKER PLAYERS

Join other poker players on Fridays at 9:30 AM. If you think you would be interested in playing come in on Fridays or contact coordinator Bill Reynolds at 610-666-0356 for more details.

SAVE THESE DATES IN MARCH!

CONSUMER PROTECTION PRESENTATION

MONDAY, MARCH 2 AT 12:00 PM. Jason Kohler from the PA Attorney General's Office of Consumer Protection will give a presentation on consumer fraud against seniors. Hope you will plan on attending this important issue for seniors.

UMSSC BIG BINGO

SUNDAY, MARCH 22. CA\$H PRIZES. Tickets **\$28.00 (includes one Packet Regular Games, one Packet Special Bingo and one Coverall game).** Doors Open 12:00 PM. Games Start 1:00 PM. Refreshments for sale. (No one under age 18 will be admitted. No outside food or beverages permitted). Individual tickets can be purchased at the Senior Center or use a Registration Form to reserve a table. These forms are available in our lobby or on our website www.umssc.org. **(Note new pricing reflects addition of all game packets priced together instead of separately.)**

EASTERN STATE PENITENTIARY

THURSDAY, MARCH 26. Cost: \$15.00 UMSSC Members, \$17.00 Non-members. *Meet at 9:00 AM at the Radnor Regional Rail Station (on Matsonford Rd. next to Archbishop Carroll School campus).* Travel by SEPTA to the site. Return between 3:00 and 3:30 PM. Eastern State Penitentiary was once the most famous and expensive prison in the world, but stands today in ruin, a haunting world of crumbling cellblocks and empty guard towers. Its vaulted, sky-lit cells once held many of America's most notorious lawbreakers, including "Slick Willie" Sutton and "Scarface" Al Capone. Registration forms in the lobby and on our website www.umssc.org.

APRIL EXCURSION GROUP TRIP

DUTCH APPLE THEATER

THURSDAY, APRIL 23 AT 9:00 AM. COST (including bus, play and lunch): \$65.00 for UMSSC members and \$75.00 for non-members. The lively musical "Guys and Dolls" awaits us at the Dutch Apple Theater in Lancaster. We will travel by coach arriving in time for a bountiful buffet lunch at 11:30 AM. We should be back to the Senior Center about 4:00 PM. The bus will pick us up at the upper (pool) parking lot. Registration forms are in the lobby and on our website at www.umssc.org.



OTHER EXCURSION TRIPS PLANNED

Thursday, May 21 Meadowbrook Gardens. Transportation via carpool.

Saturday, June 13 New York on your own trip. Transportation via coach.

LAW CLASSES TO BE OFFERED

Howard Lurie is proposing two additional law classes in the Spring, if there is sufficient interest. **Law 102** will deal with Intellectual Property: patents, copyrights, trademarks, trade secrets and related matters. **Law 103** will deal with Administrative Law: Presidential Executive Orders,

administrative agency rules and regulations, their constitutionality, effect, and procedure. There are numerous federal administrative agencies such as the Federal Trade Commission, National Labor Relations Board, Department of Health and Human Services, and Federal Communications Commission.

Please indicate your interest in either or both of these classes by signing the sheet that is in the lobby.

APPRISE COUNSELOR

An AARP Volunteer Apprise Counselor is available through the Senior Center to provide assistance with *health insurance and Medicare enrollment*. Call the Senior Center at 610-265-4715 and give your name, telephone or email. We will provide the Apprise Counselor with your information and they will contact you directly.

KEEPING OUR MEMBERS INFORMED



Please join us as we welcome the following new members to our UMSSC family. We hope to see them around the Center: Mohammad Behradnia, Dolores and Donald Burgess, Kathryn Cummings, Ursula DeGonda, Marlene Graves, Tomiko Marshall, Duane Menago, Carol Michener and Charles Tornetta.

WELCOME NEW BOARD MEMBERS



Please join us in welcoming new Board Members Pat Clifton and Joe Liebreich. Pat has volunteered to be the secretary on the Executive Board and Joe has become a member of the board. We thank them for volunteering their time to participate.

A FAMILY AFFAIR!



Our members always amaze us and we love recognizing their accomplishments. Pictured are Howard Lurie, his younger son Stuart and his grandson Aaron. They all completed walking the Disney World Half Marathon on Saturday, January 11 at a pace of a bit under 17 minutes per mile for the 13.1 mile course. Howard's older son, Jeffrey (not the Jeffrey Lurie who owns the Eagles and not pictured), actually runs both the half marathon on Saturday and the full marathon on the following day (The Goofy Challenge). *Well done and congratulations, Howard, to you and your family!!*

WE HAVE A NEW LOOK

The next time you enter the Senior Center lobby area, please notice we have updated our look with some new furniture. It is very pretty and gives our entrance a clean, modern look. Special thanks go to members Sharon and Len Brzoska who spent their Saturday assembling the furniture and setting it up. Great job!

ACKNOWLEDGEMENTS

UMSSC MARTIN LUTHER KING DAY OF SERVICE

Monday January 20 was a volunteer cleanup day at the Senior Center. We had twelve students and Girl Scouts volunteer along with their troop leaders and parents. We would like to acknowledge the following volunteers: Eliza Coull, Peg Galvan (Girl Scout Troop Leader), Lauren Galban, Gwen Karas, Divya Kulkarni, Alissa McCulla, Amy Siegrist (Girl Scout Troop Leader), Emma Siegrist and Ryan Siegrist. From UMSSC: Tony Balsano, Pattie

Cunnane, John Desko, Amal Eldharrat, Gerry Fontaine, Tom Harrington, Ethel Hutchinson, Dick McCann, Don McCree, Shirley Robey and Pat Way. Thank you June Knight for bringing your granddaughter and students.

Thank you to all for giving your time; we couldn't have done it without you.

DONATIONS

Thank you to the following members who gave generous donations to the Senior Center:

- ★ Mary Storti and Val Gillinger to UMSSC.
- ★ Taylor Chapter of Women's American ORT to UMSSC.
- ★ Gary Clemente to UMSSC

GRACIAS! THANKS! DANKE! MERCI!

★ Sicilian Delight ★ Tony from Angelo's Pizza ★ Costco ★ Giant Food Store ★ Upper Merion Township Library for the large print books and Friday Flick movies.

HELP SUPPORT UMSSC BY SHOPPING AT



When you shop on **AmazonSmile** (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice. If you already shop on Amazon, your current user name and password will work on **smile.amazon.com** or you can use this link to go directly to our donation account.

<https://smile.amazon.com/ch/23-2966030>

AROUND THE COMMUNITY

WHAT'S HAPPENING AT THE UM TOWNSHIP

LIBRARY- FEBRUARY



UPPER MERION TOWNSHIP LIBRARY & FRIENDS OF BLACK HISTORY PRESENT THE 21ST ANNUAL CELEBRATION OF BLACK HISTORY

ON SATURDAY, FEBRUARY 25
FROM 10:00 AM TO 3:00 PM

THE UNIVERSAL HEALER PROGRAM

10:00 AM - 3:00 PM: Kids Crafts and Activities

11:00 AM - 12:00 PM: Daisy Century Historical

Interpreter. Take a journey through the life of Sojourner Truth - African-American abolitionist and women's rights activist.

12:00 PM - 1:15 PM: Soul Food Sample

Sample African-American soul food. Caterer Lisa Allen.

1:15 PM - 2:30 PM: Joseph Patterson. Sing and dance along as Key Arts band performs Blues

Winter reading program for adults starts Monday, January 6. Read, register & review to win exciting prizes. Check our website www.umtownship.org/library or stop by the library for more information. Submit your reviews by March 20th.

ESL Class, Tuesdays at 1:00 PM in Valley Forge room: For adults who speak English as a second language, this program allows you to practice your English through conversations about books, short stories, and news articles. The class leader is Mrs. Jean Olexy, a certified ESL teacher. Anyone who speaks English as a second language is welcome to drop in.

Tech Night on Monday, February 3 at 7:00 PM in Henderson Room. Own an ipad or an iphone but have trouble using it? Planning on buying, but the latest technology troubling you? Need help with downloading e-books? Our youth volunteers are here to help you. Registration Required.

Adult Coloring Night on Monday, February 10 at 7:00 PM in Valley Forge Room. Bring your friends and enjoy coloring. Walk-ins are welcome. Materials will be provided.

Adult Board Game Night, February 13 at 7:00 PM in Henderson room. Bring your friends and enjoy playing games of all kinds! We'll have several board games, but feel free to bring your own too.

Knit Nite: Monday, February 24 at 7:00 PM. Fourth Monday of the Month. For all ages - from veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced knitters are always eager to pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

To register for any of the library events, you can register via our online calendar, or by calling 610-265-4805, or stopping by the library.

Watch out for this new section every month. One new e-resource each month!

Gale Legal Forms: State-specific legal forms for wills, real estate, bankruptcy, divorce, landlord/tenant and many others
www.umtownship.org/departments/library/elibrary/

Notary Service: The library offers a notary service by appointment only for a \$5.00 fee. Please make sure to bring all necessary documents and, if needed, a witness. To make an appointment, call 610-265-4805.

Low Vision Reader: Our library has a low vision reader for use in the library. Please contact us for more information.

Café Style Wifi: available at the library. Bring your smart devices and connect to our free wireless network. Library card number not required.

Charging Station at the Library: Did you leave your charger at home? Is your mobile device low on power and need recharging? Get charged with one of the charging stations at the library.

JUST FOR FUN

1. Eventually you will reach the point when you stop lying about your age and start bragging about it.
2. The older we get the fewer things seem worth waiting in line for.
3. Some people try to turn back their odometers. Others want people to know they

have traveled a long way, and some of the roads weren't paved.

4. When you are dissatisfied and would like to go back to your youth, think of algebra.
5. You know you are getting old when everything either dries up or leaks.
6. I don't know how people get over the hill without getting to the top.
7. One of the many things no one tells you about aging is that it's such a nice change from being young.
8. One must wait until evening to see how splendid the day has been.
9. Being young is beautiful but being old is comfortable.
10. Long ago when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

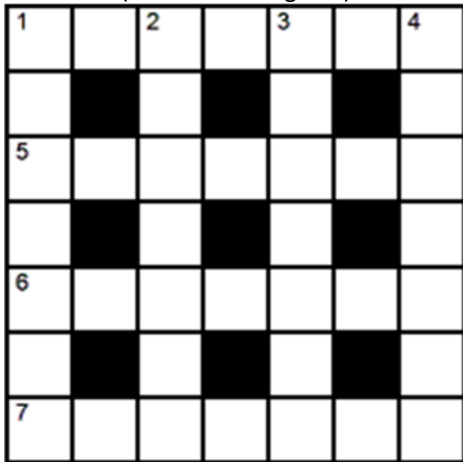
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MINI CROSSWORD PUZZLES

(answers on Page 10)

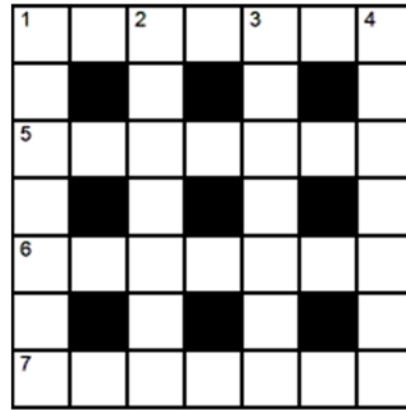


Across

- 1. Forceful and extreme
- 5. Officer
- 6. Territorial jurisdiction of a bishop
- 7. Idiom

Down

- 1. Resolved
- 2. Ancient jar
- 3. Circus swing
- 4. Permission



Across

- 1. Sunshade
- 5. Prolong
- 6. First letter
- 7. Imp

Down

- 1. Pressing
- 2. Temporary relief
- 3. Breed of dog
- 4. Animal oil extracted from wool

PRESIDENTS' DAY WORD SEARCH



- | | | | |
|------------|-----------|-------------|------------|
| WASHINGTON | TAYLOR | B HARRISON | EISENHOWER |
| J ADAMS | FILLMORE | MCKINLEY | KENNEDY |
| JEFFERSON | PIERCE | T ROOSEVELT | L JOHNSON |
| MADISON | BUCHANAN | TAFT | NIXON |
| MONROE | LINCOLN | WILSON | FORD |
| J Q ADAMS | A JOHNSON | HARDING | CARTER |
| JACKSON | GRANT | COOLIDGE | REAGAN |
| VAN BUREN | HAYES | HOOVER | G BUSH |
| W HARRISON | GARFIELD | F ROOSEVELT | CLINTON |
| TYLER | ARTHUR | TRUMAN | G W BUSH |
| POLK | CLEVELAND | | OBAMA |

SOME PRESIDENTIAL HUMOR

When Will Rogers was being taken to the White House to meet President Calvin Coolidge, Vice President Dawes cautioned him not to try to be funny because the President had no sense of humour whatsoever.

Undaunted, Rogers bet Dawes that he could have Coolidge laughing within 20 seconds.

When the formal introduction was made, Dawes began by saying, 'Mr. President, may I introduce my friend, Mr Will Rogers.'

Rogers held out his hand with a questioning look and said, 'Pardon me, I didn't quite get the name.'

Coolidge roared with laughter, and Rogers won the wager.



DID YOU KNOW?

George Washington was the only president unanimously elected. Meaning all of the state representatives voted for him.

John Adams died on the same day as Thomas Jefferson, July 4th, 1826. This day was also the 50th anniversary of the approval of the Declaration of Independence!

James Madison and George Washington are the only presidents who signed the Constitution.

James Madison was the shortest president at 5 feet 4 inches tall and weighed 100 pounds. Abraham Lincoln was the tallest president at 6 feet 4 inches tall (Lyndon B. Johnson was also 6' 4").

Franklin D. Roosevelt was the first president to appear on television during a 1939 broadcast from the World's Fair.

When Ronald Reagan was shot by an assassin in 1981, he joked "I forgot to duck".

Martin Van Buren was the first president to be born as a citizen of the United States. The presidents before him were born as British subjects.

James K. Polk was the first president to have his photograph taken while in office.

Barack Obama won a Grammy Award in 2006 for his voice on the audio book "Dreams From My Father."

VALENTINE'S DAY WORD SEARCH

E	S	M				W	B	F								
	T	R	A	E	H		C	A	R	D	N					
O	R	O	S	E	S		V	I	V	M	N	F				
O	F	L	O	W	E	R	S		G	E	C	A	N	D	Y	X
H	A	N	D	H	O	L	D	I	N	G	L	L	O	R	T	S
H	U	G	S	T	C	D	P	D	K	F	B	E	M	I	N	E
Q	S	R	O	T	I	U	S	U	N	E	C	N	A	M	O	R
	D	I	P	U	C	H	O	C	O	L	A	T	E	V	Z	
	S	G	N	I	L	E	E	F	C	G	I	F	T			
	F	R	P	V	N	D	I	A	M	O	N	D	Z			
	Y	E	W	Y	R	A	U	R	B	E	F					
		V	V	P	Q	R	T	I	Y	T						
						O	U	R	Z	E						
							L	O	V							
									W							

ARROW	DATE	HAND HOLDING	ROSES
BE MINE	DIAMOND	HEART	STROLL
CANDY	FEBRUARY	HUGS	SUITORS
CARD	FEELINGS	KISSES	VALENTINE
CHOCOLATE	FLOWERS	LOVE	COUPLES
FRIENDSHIP	LOVERS	CUPID	GIFT
ROMANCE			



"I just want to say, "I Love You..."

- English..... **I Love You**
- Spanish..... **Te Amo**
- French..... **Je T'aime**
- German..... **Ich Liebe Dich**
- Japanese..... **Ai Shite Imasu**
- Italian..... **Ti Amo**
- Chinese..... **Wo Ai Ni**
- Swedish..... **Jag Alskar Dig**
- Eskimo..... **Nagligivaget**
- Greek..... **S'Agapo**
- Hawaiian..... **Aloha Wau Ia Oe**
- Irish..... **Thaim In Grabh Leat**
- Hebrew..... **Ani Ohev Otakh**
- Russian..... **Ya Lyublyu Tyebya**
- Albanian..... **Une Te Dua**
- Finnish..... **Mina Rakkastan Sinua**
- Turkish..... **Seni Seviyorum**
- Hungarian... **Se Ret Lay**
- Persian..... **Du Stet Daram**
- Maltese..... **Jien Inhobbok**
- Catalan..... **Testimo Molt**



KIDS ON LOVE AND MARRIAGE

How do you decide who to marry?

"You got to find somebody who likes the same stuff. Like if you like sports, she should like it that you like sports, and she should keep the chips and dip coming." Alan, age 10

"No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with." Kirsten, age 10

What is the right age to get married?

"Twenty-three is the best age because you know the person FOREVER by then." Camille, age 10
"No age is good to get married at. You got to be a fool to get married." Freddie, age 6

What do most people do on a date?

"Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough." Lynnette, age 8

"On the first date, they just tell each other lies, and that usually gets them interested enough to go for a second date." Martin, age 10

When is it ok to kiss someone?

"When they're rich." Pam, age 7

"The law says you have to be eighteen, so I wouldn't want to mess with that." Curt, age 7

"The rule goes like this: If you kiss someone, then you should marry them and have kids with them. It's the right thing to do." Howard, age 8

How would the world be different if people didn't get married?

"There sure would be a lot of kids to explain, wouldn't there?" Kelvin, age 8

"You can be sure of one thing - the boys would come chasing after us just the same as they do now." Roberta, age 7



MINI CROSSWORD ANSWERS

D	R	A	S	T	I	C	P	A	R	A	S	O	L
E		M		R		O	U		E		P		A
C	A	P	T	A	I	N	S	U	S	T	A	I	N
I		H		P		S	H		P		N		O
D	I	O	C	E	S	E	I	N	I	T	I	A	L
E		R		Z		N	N		T		E		I
D	I	A	L	E	C	T	G	R	E	M	L	I	N

Happy Valentines Day! And Remember

