APRIL 2025 BEING HAPPY IS BEING HEALTHY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45PINOCHLE 12:45 BAND PRACTICE	2 9-3 WALK THE TRACK 12:00 NEIGHBOR ON ZOOM **12:00 TECH HELP** 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PROG**	3 9-3 WALK THE TRACK 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM	4 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 -2:30 TRIVIA	5
6	7 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **1:00 POKER**	8 9**-3** WALK THE TRACK **10:00 BOARD MEETING** 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE **4-9 PM "PEPPERS" RESTAURANT "GIVE BACK"**	9 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PROG**	10 9-3 WALK THE TRACK **9:45-12 NURSE** 10:15 BINGO 11:45 FUN & FITNESS **12:45 TRAVEL TIPS BY AAA** 1:00-3:00 OPEN GAME ROOM	11 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00 -2:30 TRIVIA	12 **SPRING CRAFT FAIR and BAKE SALE** **PASSOVER BEGINS**
13	14 9-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ZOOM) **12:00 MONDAY MATINEE "THE GLENN MILLER STORY"** 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	15 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	16 9-3 WALK THE TRACK **9:45 MEDITATION** **12:00 TECH HELP** 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PROG**	17 9-3 WALK THE TRACK 10:15 BINGO **1:00 UMSSC OPEN HOUSE & EXPO** **FUN & FITNESS and OPEN GAME ROOM CANCELLED**	18 **CLOSED GOOD FRIDAY** **ALL ACTIVITIES CANCELLED**	19
20 **EASTER**	21 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN **12:30 EVELYN ANKERS, UM TAX COLLECTOR** 1:00 BOOK TALK **1:00 POKER**	22 9 **-3** WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE 	23 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PROG**	24 9-3 WALK THE TRACK **9:30 EXCURSION TO WINTERTHUR** 10:15 BINGO 11:45 FUN & FITNESS 1:00-3:00 OPEN GAME ROOM 1:00 QUILTING	25 9-3 WALK THE TRACK 9:15 CHAIR YOGA 10:30 SING-A-LONG 1:00-2:30 TRIVIA	26
27	28 9-3 WALK THE TRACK 11:00 CURRENT EVENTS(ALSO ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	29 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:45 FUN & FITNESS 12:45 PINOCHLE 12:45 BAND PRACTICE	30 9-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00-3:00 OPEN GAME ROOM **1:45 DIABETES PROG**			