












UMSSC - JANUARY 2016

The future arrives an hour at a time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					SENIOR CENTER CLOSED FOR NEW YEARS HOLIDAY	
 3	4 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA	5 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	6 10:00 BOARD MEETING 12:00 TAI CHI 1:00 LINE DANCING	7 9:30 CANASTA 10:00 FINANCIAL/INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE	8 10:00 SING-A-LONG	9 
 10	11 9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:30 YOGA	12 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE INSTRUCTION	13 10:00 GENERAL MEETING 12:00 TAI CHI 1:00 LINE DANCING	14 9:30 CANASTA 9:30 NURSE 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 11:00 OUTREACH BRIGGS 12:30 CHAIR EXERCISE	15 10:00 SING-A-LONG 11:15 FRIDAY FLICKS	16 
 17	18 SENIOR CENTER CLOSED FOR MARTIN LUTHER KING DAY OF SERVICE	19 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	20 9:30 VALLEY FORGE CASINO 12:00 TAI CHI 1:00 LINE DANCING	21 9:30 CANASTA 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 12:30 CHAIR EXERCISE	22 10:00 SING-A-LONG 11:30 FRIDAY HEALTH FIX PRESENTATION: "CONTINENCE"	23/30 
 24/31	25 9:30 MAH-JONGG 10:30 CURRENT EVENTS 12:00 ZUMBA GOLD 1:00 BOOK TALK 1:30 YOGA	26 9:30 COMPUTER CLUB 9:30 BRIDGE 9:30 POKER 11:30 CHAIR EXERCISE 12:30 PINOCHLE 1:00 KNITTING/CROCHETING 12:45 BAND PRACTICE / INSTRUCTION	27 9:30 QUILTING 12:00 TAI CHI 1:00 LINE DANCING	28 9:30 CANASTA 9:30 NURSE 10:00 FINANCIAL/ INVEST. DISCUSSION GROUP 10:15 BINGO 11:00 OUTREACH LEACH 12:30 CHAIR EXERCISE	29 10:00 SING-A-LONG	