

The Best of Times

SEPTEMBER 2023



UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD

KING OF PRUSSIA, PA 19406

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On the web at www.umssc.org

 <https://www.facebook.com/umssc.org/>

WOW! How did it get to be September so quickly. As we look forward to cooler weather and all the wonderful colors of fall, let's remember to appreciate what nature brings us in every season of the year.

We have had a busy summer including the ice cream social recognizing all "seniors" on National Senior Citizen Day. Special thanks to Marion Wilkinson and Chris Pappanastasiou who volunteered to head up the committee. Many other members were involved in the celebration, and they all deserve our thanks. As I always say, we couldn't do anything without all our wonderful volunteers. We are also very grateful to Wegmans and Giant for their support with generous gift card donations.

Don't forget to sign up for the "Mocktails and Appetizers" party on September 14 from 4:00-6:00 pm.

Coming up is our biggest fund raiser for the Center. Big Bingo will be held on Sunday, October 22. Plan on attending and bringing some friends. Also, think about volunteering to help make this a successful event.

I saw an interesting quote and wanted to share it:

*It's the friends we meet along the way,
that help us appreciate the journey.*

I hope many of us have those special friendships in our lives. The Senior Center offers all of us an opportunity to make new friends to enrich our lives. Take the time to meet and talk with someone new. That person may need a new friend to help them appreciate their journey. That could be a "win-win" for both.

Hope to see you around the Center enjoying our activities and special events. Happy Labor Day.

Sharon Brzoska, President

WHAT'S HAPPENING AT THE CENTER

THE SENIOR CENTER WILL BE CLOSED FOR THE LABOR DAY HOLIDAY ON FRIDAY, SEPTEMBER 1 AND MONDAY, SEPTEMBER 4. ALSO CLOSED ON MONDAY, SEPTEMBER 25 FOR YOM KIPPUR.

Please refer to the monthly calendar for all **SEPTEMBER** activities. Contact anyone in the office if you have questions. For activities conducted or available on **Zoom** you must call the office and provide your email address to receive the zoom link.

CALL FOR NOMINATIONS





This is the first call for nominations for 2024 elections of UMSSC Officers and Board Directors. We will be electing members for President, Vice President, Secretary and Treasurer (one year terms) and Board of Directors (three year terms). Please submit your suggestions for qualified candidates to the *Nominating Committee: Peggy Ford or Shirley Robey*. "Submit" means you have spoken with the person you want to nominate to get their consent.

SEPTEMBER 2023

“ IMPERFECTION IS INDIVIDUALITY ”

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					¹ SENIOR CENTER CLOSED FOR LABOR DAY HOLIDAY	²
³	⁴ CLOSED FOR LABOR DAY  Labor Day	⁵ 9 -3 WALK THE TRACK 10:00 BOARD MEETING 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE 9 AM DUTCH APPLE TICKETS GO ON SALE	⁶ 9-3 WALK THE TRACK 12:00 TECH HELP 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING IS BACK	⁷ 9 - 3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 12:45 MEET WITH ST REP TIM BRIGGS	⁸ 9-3 WALK THE TRACK 10:30 SING-A-LONG	⁹
¹⁰ GRAND PARENTS DAY	¹¹ 9-3 WALK THE TRACK 9:45 -12:15 MAH JONGG NOTE NEW DAY & TIME 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE RETURNS “TONY BENNETT CONCERT” 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN PATRIOT DAY	¹² 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	¹³ 9-3 AM WALK THE TRACK 11:00 GENERAL MEETING & MEDICARE 101 PPRESENTATION 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	¹⁴ 9-3 WALK THE TRACK 9:30-12 NURSE 10:15 BINGO 11:30 FUN & FITNESS 4:00 TO -6:00 PM MOCKTAILS AND APPETIZERS	¹⁵ 9-3 WALK THE TRACK 10:30 SING-A-LONG 12:30 -2:00 TRIVIA	¹⁶ ROSH HASHANAH
¹⁷	¹⁸ 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK “ETERNAL” BY LISA SCOTTOLINE	¹⁹ 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	²⁰ 9-3 WALK THE TRACK 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:00 TECH HELP 12:30 CANASTA 12:30 LINE DANCING	²¹ 9-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS	²² 9-3 WALK THE TRACK 10:30 SING-A-LONG 9:00 GROUNDS FOR SCULPTURE EXCURSION 12:30-2-00 TRIVIA FIRST DAY OF AUTUMN 	²³
²⁴	²⁵ SENIOR CENTER CLOSED FOR YOM KIPPUR	²⁶ 9 -3 AM WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	²⁷ 9-3 WALK THE TRACK 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	²⁸ 9 - 3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 1:00 QUILTING	²⁹ 9-3 WALK THE TRACK 10:30 SING-A-LONG	³⁰

OCTOBER 2023 "WHATEVER YOU DO TODAY, LET IT BE ENOUGH"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 TENTATIVE SCHEDULE AS OF AUGUST 31	2 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	3 9 -3 WALK THE TRACK 10-12 FLU SHOTS 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	4 9-3 WALK THE TRACK 12:00 TECH HELP 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	5 9 - 3 WALK THE TRACK 10-12 FLU SHOTS 10:15 BINGO 11:30 FUN & FITNESS	6 9-3 WALK THE TRACK 10:30 SING-A-LONG 12:30-2:00 TRIVIA	7 UPPER MERION COMMUNITY FALL FESTIVAL 12-4
8	9 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE: "A MAN CALLED OTTO" 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN INDIGENOUS PEOPLE AND COLUMBUS DAY	10 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	11 9-3 WALK THE TRACK 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	12 9 - 3 WALK THE TRACK 9:30-12 NURSE & NUTRITIONIST 10:15 BINGO 11:30 FUN & FITNESS	13 9-3 WALK THE TRACK 10:30 SING-A-LONG 12:30- 2:00 TRIVIA	14
15	16 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN 1:00 BOOK TALK	17 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	18 9-3 AM WALK THE TRACK 12:00 TECH HELP 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	19 9-3 WALK THE TRACK 10:00 BOARD MEETING 10:15 BINGO 11:30 FUN & FITNESS	20 9-3 WALK THE TRACK 10:30 SING-A-LONG 12:30-2:00 TRIVIA	21
22 BIG BINGO 	23 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	24 9 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	25 9-3 WALK THE TRACK 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING	26 9-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 1:00 QUILTING	27 9-3 WALK THE TRACK 10:30 SING-A-LONG 12:30-2:00 TRIVIA	28
29	30 9-3 WALK THE TRACK 9:45-12:15 MAH JONGG 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	31 9 -3 AM WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE HAPPY HALLOWEEN				

Once you have their consent please fill out a nomination form (attached, or available at the center or on the UMSSC website under "forms"). **Please give this important election some thought** over the next few months and in the Fall we will be accepting your nominations.

TECH HELP: Sangeetha will be at the Center the 1st and 3rd Wednesday of the month @ 12:00 PM. (Sept. 6 and Sept. 20). Meet in the Computer Room.

LINE DANCE: Resumes on Wednesday, September 6 at 12:30 PM.

COFFEE AND CONVERSATION: Thursday, September 7 at 12:45 PM. Meet with State Representative Tim Briggs.

NEW DAY and TIME - MAH JONGG: Resumes on Monday, September 11 at 9:45 AM. All level players welcome to come and join a foursome and have some fun. * Beginner Classes to be held throughout the month of September. The 2023 mahjongg game card will be provided for use during the classes.

MONDAY MATINEE: Resumes Monday September 11 at 11:30 AM. Join us as we remember the fabulous Tony Bennett in video concert performing some of his timeless classics from the Great American Songbook.

NEW ACTIVITY - PAINTING GROUP: Begins Monday, September 11 at 12:00 PM TO 3:00 PM. Painting with acrylics. Bring your own supplies. Note this is not a teaching class. Will be in the Art Room in the Community Center (not held in Senior Center).

GENERAL MEETING AND PRESENTATION: Wednesday, September 13 at 11:00 AM. *Following the General Meeting there will be a presentation on Medicare Annual Open Enrollment. David Gibides from Humana will present "Medicare - 101".*

DON'T MISS OUR MOCKTAILS & APPETIZERS PARTY ON THE PATIO: Thursday, September 14 from 4:00 PM to 6:00 PM. Join us for this after-hours get together. We supply the "mocktails" you supply the "appetizers". Please sign up and indicate what appetizer you will bring. Parking will be better at this hour and we hope the time will accommodate those not always able to come to the Center during our normal hours.



BLOOD PRESSURE CHECK: Thursday, September 14 from 9:30 to 12:00 PM. Have your blood pressure checked by MLH Nurse Tracey.

NEW ACTIVITY - TRIVIA: Starting September 15 on Fridays from 12:30 to 2:00 PM. Test your knowledge on everything and play the fun game of trivia.

BOOK TALK: Monday, September 18 at 1:00 PM. Group will be reading "Eternal" by Lisa Scottoline. A sweeping and shattering epic of historical fiction fueled by shocking true events, the tale of a love triangle that unfolds in the heart of Rome...in the creeping shadow of fascism.

SAVE THE DATE FOR FLU SHOTS: TUESDAY, OCTOBER 3 AND THURSDAY, OCTOBER 5 FROM 10:00 AM TO 1:00 PM. Dana Volpe, a pharmacist from Giant, will be administering the flu shots. **Also, remember to bring your Medicare and Part D prescription card with you. You must complete and sign a consent form now available in the staff office.**

CALLING ALL GARDENERS: The garden and patio area will need sprucing up for the fall. We are looking for gardening volunteers to help with this. If you are able to help please put your name on the sign-up sheet in the lobby area. Once a group of volunteers has been established, a meeting to discuss what is needed will be arranged.

PROJECT LINUS – YARN NEEDED

*We are asking for donations of 4-ply yarn (any color) to be used by our knitters for the Project Linus knitted squares. If you have any that you would like to give, please put it in the yarn bin on the blanket table in the lobby area. **ON AUGUST 23, 73 BLANKETS WERE DONATED! THIS MEANS WITH EACH BLANKET 73 PEOPLE HAVE BEEN SHOWN THEY ARE CARED ABOUT. WAY TO GO KNITTERS!***

VETERANS CARE PACKAGE DONATIONS

In association with the Norristown Veterans Affairs office we are collecting donations for care packages to give to veterans. Here is a list of the preferred donation items. *If donating any food or drink or drink mixes, please be sure these items have not expired.* ITEMS REQUESTED: MENS/WOMENS FLIP FLOPS FOR SHOWERS - MENS/WOMENS SOCKS (BOOT OR CALF SIZE ONLY)- TOOTH BRUSHES/TOOTH PASTE- KLEENEX (INDIVIDUAL SIZE WRAPPED PACKAGES)- COMBS- SMALL WRITING TABLETS & ENVELOPES- PENS/PENCILS- GUM - PEANUT BUTTER CRACKER PACKS- BEEF JERKY OR SLIM JIMS- COFFEE OR TEA BAGS - GATORADE- DRINK MIXES - KOOL AID OR ICED TEA. **Place items in assigned box in lobby area. Thank you in advance to those who give.**

UPCOMING EXCURSION

PAYMENT MUST BE PRESENTED WHEN YOU REGISTER FOR ANY TRIP.

PEDDLERS VILLAGE (CAR POOL): FRIDAY, OCTOBER 27 (NO DETAILS YET)

DUTCH APPLE DINNER THEATER: FRIDAY, NOVEMBER 17. "A Christmas Carol - The Musical". A season favorite! With his "Bah, Humbug!" Ebenezer Scrooge reveals his feelings about the holiday. But even for a grumpy old miser like him, it's never too late to change.

- Limited number of tickets go on sale September 5 - until sold out.

- Cost: \$85.00 for members and \$95.00 for non-members. Payment must be made at time of sign-up.

- Transportation via charter bus which will depart at 10:00 AM from the upper pool parking lot.

- Includes buffet lunch.

UPCOMING EXCURSIONS FOR 2024 (TENTATIVE)

MARCH 2024 - BUBE BREWERY MURDER MYSTER THEATER (VIA BUS)

APRIL 2024 - LITITZ & WOLF SANTUARY (CAR POOL)

MAY 2024 - WEST LAUREL HILL CEMETERY (CAR POOL)

JUNE 2024 - ANDALUSIA HOUSE & GARDENS (CAR POOL)

OCTOBER 2024 - JIM THORPE (CAR POOL)

NOVEMBER 15, 2024 - DUTCH APPLE DINNER THEATER (VIA BUS): "WHITE CHRISTMAS"

SAVE THESE DATES

BIG BINGO - SUNDAY OCTOBER 22

ANNUAL HOLIDAY PARTY - FRIDAY DECEMBER 15

BIRTHDAYS IN SEPTEMBER

9/1 Barbara Lauchle

9/2 Martha Smoczylo

9/3 Tom Pappanastasiou

9/5 Jane Burger

9/7 Edward Price

9/7 Terry Weiss

9/8 Mary Ann Fazzini

9/9 Helen Currykosky

9/9 Catherine Kagan

9/9 Judy Schutter

9/10 Valerie Gillinger

9/11 Janice Montgomery

9/13 Roseann Lucarini

9/15 Wes Herrick

9/19 Fietta Glauner-Sherlock

9/19 Hope MacDougall

9/19 Sylvia Pizza

9/20 Helen Cabrey

9/21 Eugenia Whitt

9/21 Yan Yan Wong

9/22 Relina Martis

9/22 Dottie Yacek-Matullis

9/23 Raymond Aiken

9/25 Barbara Little

9/26 Suzanne Andrews

9/26 Paul Buce

9/26 Paricher Hoorfar

9/26 Angela Palcko

9/28 Rosemary McCullough

9/28 Christine Pappanastasiou

9/28 Joyce Ross

9/29 Nancy Rae

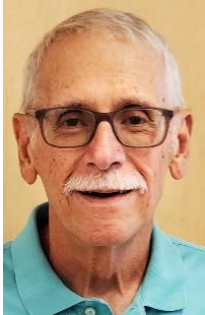
9/29 Rino Salomone

9/30 Mitchell Jarosz

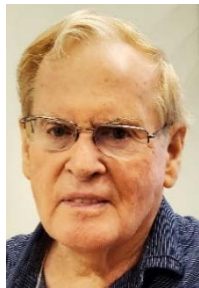
SPOTLIGHT ON: UMSSC BOARD MEMBERS

This monthly Spotlight series will introduce you to our current Executive Board and Board Directors as an opportunity to know them better.

ANTHONY BALSANO: Tony is one of our Board Members. He retired in 2016 from ABM janitorial in Philadelphia and joined the Senior Center in 2017. His favorite activity at the Center is the Current Events Group Discussion. Tony and his wife of 53 years, Noreen, are both active members of the Senior Center. Tony and his family first came to King of Prussia in 1988 when he accepted a job as General Manager of the MacIntosh Inn. They moved from Atlantic City where Tony had worked in hotel management at the Resorts and Claridge casinos. As a front office manager Tony had the opportunity to meet many famous people and celebrities who stayed at the Atlantic City hotels. He was lucky enough to meet Thurgood Marshall, Henny Youngman, Donald O'Connor, Joe Namath, Jake Lamotta and Mickey Mantle; just to name a few. Tony has 2 children, a son and a daughter, and 4 grandchildren. Tony and his wife love listening to music and going to concerts. They especially enjoy the oldies (60's, 70's and 80's) rock and roll and R&B. On September 12 they will celebrate their wonderful marriage of 53 years together. Congratulations to you both!



TOM HARRINGTON: Tom Harrington is the Treasurer on the Executive Board which is a very important position. He has been a member of the Senior Center for about 10 years. His initial interest was joining the Computer Club (at the Gulph Road location) for technical help. Tom and his wife, Maureen, were both born and raised in the Bronx, NY. They moved to Upper Merion township 51 years ago, where they raised 3 children. Tom has worked for several local manufacturing companies as a Machinery Design Engineer, which included starting his own company. He also taught Physics at Cabrini College for 10 years, as well as 5 years as a Lab Instructor at Villanova University, Mechanical Engineering Department. Tom and Maureen have been married for 57 years and have three grandchildren. They both enjoy the outdoors and traveling to the National Parks. They have also taken a few European trips. Tom enjoys hiking and reading. In addition to his duties as Treasurer he can be found at the Center on Tuesdays playing Rummikub.



IN MEMORIAM

We are so sad to tell you that Jim Henry passed away on July 28. Jim was a faithful weekly participant in the Current Events group. We offer our deepest sympathies to his family and friends. He will be missed.

DID YOU KNOW? LOOKING BACK TO THIS MONTH IN 2008

On September 15, 2008 at 11:00 AM the Current Events Discussion Group was formed and met for the first time. Joan Shaw was (and still is) the coordinator of the group whose job it was to select topics suggested by the group. It was also her job to maintain civility in discussions where there were differences of opinion, which of course there always is. What was in the news that may have been discussed on that date? They may have been discussing the upcoming Presidential election (Obama vs. McCain) or the September 7 takeover by the U.S. government of the two largest mortgage financing companies in the US, Fannie Mae and Freddie Mac. For sure on September 15 (their first meeting) they probably discussed the Wall Street investment bank Lehman Brothers files for Chapter 11 bankruptcy protection. *I'm sure the discussions are just as lively now as when they first started. Why not consider joining the group and bring your thoughts and opinions of the current events.*

UM LIBRARY PROGRAMS FOR SEPTEMBER 2023

(Call the library at 610-265-4805 or check www.umtownship.org/library to register for all their programs and for latest updates and online access.)

PUBLIC SPEAKING CLASS FOR ADULTS: Every Wednesday at 6: 30 PM. Learn some basic skills for preparing and delivering speeches, plus tips to manage your nervousness. Become a more confident and effective speaker, which can benefit you in your personal and professional life. This group meets every Wednesday. Registration is recommended.

RAIN GARDENS : A Penn State Master Gardener presentation on Monday, September 11 at 6:30 PM. Rain gardens can be beautiful and help support pollinators and wildlife, all the while controlling storm water! Knowing what plants will thrive in this unique environment is the key to success. Attend this presentation and benefit. Presented by Leslie Bass - Penn State Master Gardener. Registration is recommended.

BOOK DISCUSSION: The Lincoln Highway by Amor Towles. Saturday, September 16 at 2:00 PM. Adults are welcome to gather and discuss the monthly book pick, meet neighbors, and munch on snacks. We read a variety of genres, including mystery, fantasy, historical fiction, and science fiction, not to mention selections from nonfiction. We invite you to come and share your thoughts and hear others' perspectives as well.

Discussion Leaders: Ms. Pat Lee & Ms. Susan Tsiouris.

Participation Policy (Effective Spring 2023).

No administrative charge for participants borrowing books/participating.

Books are not available for purchase from the Library.

Participants may also supply their own copy of books or ask us for help borrowing.

3D PRINTER 101: Monday, September 18 at 6:30 PM. Have you ever wondered how those thin, plastic face shields were made so quickly at the beginning of the pandemic? Maybe you've seen the plethora of brightly colored plastic items on Etsy or elsewhere with these strange lines through them? Or maybe you broke the knob on your grill, and are annoyed at having to pay what feels like a ridiculous sum of money for a small part? All of these things and more are solved or created through the use of 3D printing! Join Marisa Smith on an hour long presentation that will take you from scratch through the history of 3D printing all the way to basic troubleshooting and potential applications in your own life. A live print will be performed during the talk to demonstrate how quick and easy the process is!

PERSONAL HEALTH IMPROVEMENT PLANS WITH MINDFUL TASTING: Monday, September 25 at 6:30 PM. Presentation will include PA State Health Improvement Plan and setting goals for personal plans. Mindful tasting of vegetables and fruits.

JUST FOR LAUGHS

PICKLES



BY BRIAN CRANE



WORD SEARCH
SILVER SCREEN 2

M	N	B	N	D	B	D	N	D	M	M	N	W	B	E	N	M	N	B
H	J	T	R	A	G	O	B	Y	E	R	H	P	M	U	H	V	J	L
G	N	A	M	E	L	O	C	D	L	A	N	O	R	U	R	J	L	J
P	D	B	B	R	E	W	O	P	E	N	O	R	Y	T	V	H	A	R
N	W	I	L	L	I	A	M	P	O	W	E	L	L	L	I	H	U	E
M	T	N	A	R	G	Y	R	A	C	Y	D	E	D	I	R	F	R	I
G	I	H	J	E	J	O	E	N	O	D	A	R	L	E	D	R	E	V
J	A	C	E	B	Q	I	G	B	B	J	V	R	R	D	R	E	N	I
A	U	R	T	N	C	G	S	N	O	E	I	O	A	H	O	D	C	L
M	Q	W	Y	Z	R	E	P	H	A	L	D	L	Y	H	B	A	E	O
E	D	V	Y	C	L	Y	N	T	N	X	N	F	M	E	E	S	H	E
S	C	H	D	R	O	W	F	V	A	A	I	L	I	D	R	T	A	C
M	T	T	A	P	A	O	N	O	L	D	V	Y	L	M	T	A	R	N
A	E	H	L	Y	R	V	P	A	N	V	E	N	L	D	D	I	V	E
S	C	D	N	H	J	L	U	E	B	D	N	N	A	I	O	R	E	R
O	B	E	A	V	G	A	J	M	R	D	A	J	N	N	N	E	Y	U
N	T	L	E	S	L	I	E	H	O	W	A	R	D	J	A	H	J	A
M	U	H	C	T	I	M	T	R	E	B	O	R	Y	J	T	D	V	L
T	L	P	R	O	L	Y	A	T	T	R	E	B	O	R	D	C	N	M

ALAN LADD, CARY GRANT, CHARLES BOYER, DAVID NIVEN, ERROL FLYNN,
FRED ASTAIRE, GARY COOPER, HENRY FONDA, HUMPHREY BOGART, JAMES MASON,
JOHN WAYNE, LAURENCE HARVEY, LAURENCE OLIVIER, LESLIE HOWARD, RAY
MILLAND, ROBERT DONAT, ROBERT MITCHUM, ROBERT TAYLOR,
RONALD COLEMAN, TYRONE POWER, WILLIAM POWELL

UMSSC

Nomination Form for (2024) Election

Members in good standing shall use this form to nominate candidates for President, Vice President, Secretary and Treasurer; if elected they will serve one year terms from January 1 through December 31. This form is also used for nominations for members of the Board of Directors; if elected they will serve three year terms. If appointed, they will serve out the vacated term.

Any member of UMSSC may be nominated, provided he/she verifies a willingness to serve by countersigning below. Nominations will be accepted until the close of the November General Meeting. All nominees will be introduced at the General Meeting in December and the election will be held on that day.

I, (*Print name*) _____ nominate:

POSITION

NOMINEE (*Signature)**

DATE

President:

Vice President:

Secretary:

Treasurer:

Board Member:

Board Member:

Board Member:

** Signature = Willingness to serve if elected.*

Be loving and kind, have fun and celebrate.

*Stay safe and keep others safe. Enjoy your
Labor Day celebrations!*



GRACIAS! THANKS! DANKE! MERCI!

★Special thanks to SALVATORE'S TRATTORIA & PIZZERIA for delicious Monday Matinee pizza!
★Thank you to the UPPER MERION TOWNSHIP LIBRARY for all they do for the Senior Center including large print books and Monday Matinee movies. Thank you to COSTCO for gift cards.