



THE BEST OF TIMES

SEPTEMBER 2012

Published Monthly since 1997 by
the Upper Merion Senior Service Center
a Non-Profit 501(c)(3) Organization
Serving the Senior Community

UPPER MERION SENIOR SERVICE CENTER
650 SOUTH HENDERSON ROAD
KING OF PRUSSIA, PA 19406
TEL: 610-265-4715
FAX 610-265-4005
WEBSITE: www.umssc.org
EMAIL: info@umssc.org
HOURS: MONDAY THRU FRIDAY
9:00 AM TO 3:00 PM

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OFFICERS:

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Mary F. McCree, Vice President
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Beth Cassidy, Receptionist

"Best of Times" Editors:

Mary F. McCree and Shirley Robey

GOALS

- ♦ Increase membership.
- ♦ Work to increase funding for operational support: investigate new sources of funding in cooperation with local businesses and government agencies.
- ♦ Continue the development of innovative programming.
- ♦ Maintain our working partnership with the Upper Merion Area School District and Upper Merion Township.
- ♦ Explore the potential for new opportunities for services.
- ♦ Search for educational opportunities for members as part of our lifelong learning efforts.
- ♦ Help members remain healthy and active through participation in recreational, educational and leisure activities.

MONTHLY MESSAGE

Dear Members,

It's September, can you believe it? Welcome back to all of you after a very hot summer. The General Meetings will begin again on Wednesday, September 12 at 10:00 AM and we hope you plan to attend. We have a lot of events to tell you about that were planned during the summer. Of course, the first thing that will happen will be the drawing for the winner of the Raffle Tickets that you received by mail. The drawing will take place immediately after the close of the General Meeting.

October is going to be a big month for the center. We are planning our first "Big Bingo" for Saturday, October 20 at 11:00 AM. There will be 20 games of Regular Bingo and Longaberger Basket Prizes for Special Games. A Door Prize will also be offered. An array of food will be offered at the beginning of the day (11-12 noon), during the intermission and at the end of the day.

All members of the center and general public are invited to attend. However, due to the size of the room the maximum number of players will be limited to 100. Advance ticket sales for Big Bingo will begin on Monday, October 1. Advance sale tickets will be \$20.00 and tickets purchased on the day of the event, if available, will be \$25.00.







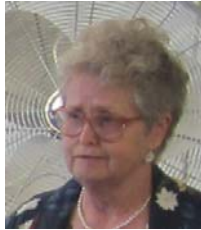




Admission cost entitles you to a packet of 20, six (6) playing cards per game. Cost for a set of specials will be \$5.00. Extra sheets will be sold before each game for \$2.00 each. The last special will be a "Coverall" game and the cost of this special card will be \$3.00 each. Dabbers will be on sale for \$1.00 each. We also plan to raffle off a "Lottery Basket" at six (6) for \$5.00 or \$1.00 each. 50/50 tickets will be sold ten (10) for \$5.00 or five (5) for \$3.00.

We hope you will join us on what will be a fun day.

Good Luck!

Helen Cabrey

Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
2	3	4	5	6	7	8	
<p>PICTURED ARE SOME OF OUR MEMBERS WHO PARTICIPATED IN UMSSC JEOPARDY 3</p>	<p>CLOSED IN OBSERVANCE OF LABOR DAY</p> <p>ALL ACTIVITIES CANCELLED</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>10:00 BOARD MEETING 12:00 TAI CHI 1:00 LINE DANCING</p>	<p>9:30 VALLEY FORGE CASINO 10:15 BINGO 12:30 CHAIR EXERCISE</p>	<p>10:00 MAH JONGG 10:00 SING-A-LONG</p>		
9	10	11	12	13	14	15	
	<p>9:30 PINOCHLE 10:00 MAH-JONGG 10:30 CURRENT EVENTS 1:00 KNITTING & CROCHETING 1:30 YOGA</p>	<p>9:30 AARP DRIVER SAFETY COURSE 9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>10:00 GENERAL MEETING & RAFFLE DRAWING 12:00 TAI CHI 1:00 LINE DANCING 1:00 GARDEN CLUB</p>	<p>10:00 NURSE 10:15 BINGO 11:00 OUTREACH-BRIGGS 12:30 CHAIR EXERCISE</p>	<p>10:00 MAH JONGG 10:00 SING-A-LONG 11:00 FRIDAY FLICKS</p> <p>VETERANS LUNCHEON AT KING OF PRUSSIA VOL. FIRE CO.</p>		
16	17	18	19	20	21	22	
	<p>9:00 CASINO TRIP 9:30 PINOCHLE 10:00 MAH-JONGG 10:30 CURRENT EVENTS 1:00 BOOK TALK 1:00 KNITTING & CROCHETING 1:30 YOGA</p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>9:00 DEAD SEA SCROLLS EXHIBIT 12:00 TAI CHI 1:00 LINE DANCING</p>	<p>10:15 BINGO 10:30 SEN. LEACH PRESENTATION 12:30 CHAIR EXERCISE</p>	<p>10:00 MAH JONGG 10:00 SING-A-LONG</p>		
23	24	25	26	27	28	29	
	<p>9:30 PINOCHLE 10:00 MAH-JONGG 10:30 CURRENT EVENTS 12:30 NOSTALGIA DAY "REMEMBER WHEN" <i>All other afternoon activities are cancelled.</i></p>	<p>9:30 COMPUTER CLUB 10:00 BRIDGE 12:30 CHAIR EXERCISE 1:00 KNITTING & CROCHETING 1:30 MUSIC INSTRUCTION</p>	<p>SENIOR CENTER CLOSED IN OBSERVANCE OF YOM KIPPUR ALL ACTIVITIES ARE CANCELLED</p>	<p>FALL FLING AT THE COURT IN KING OF PRUSSIA MALL 10:00 AM CENTER IS CLOSED ALL ACTIVITIES ARE CANCELLED</p>	<p>10:00 MAH JONGG 10:00 SING-A-LONG</p>		
30							
							

SEPTEMBER 2012

QUOTE: "Each day comes bearing it's own gifts. Untie the ribbons."

Ruth Ann Schabcker

OUR BOARD OF DIRECTORS



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UPCOMING EVENTS

SENIOR CENTER WILL BE CLOSED ON FRIDAY AUGUST 31 AND MONDAY SEPTEMBER 3 IN OBSERVANCE OF LABOR DAY. THE CENTER WILL ALSO BE CLOSED ON WEDNESDAY, SEPTEMBER 26 IN OBSERVANCE OF YOM KIPPUR AND ON THURSDAY, SEPTEMBER 27 TO ALLOW OUR MEMBERS TO ATTEND THE SENIOR FALL FLING.

VALLEY FORGE CASINO: THURSDAY, SEPTEMBER 6 AT 9:30 AM. *VF CASINO MEMBER COST: None.* Includes a \$25.00 free slot play, \$15.00 food & beverage vouchers, free shuttle bus from & back to center. *NON VF CASINO MEMBER COST: \$25.00.* Cost includes \$25.00 free slot play, \$30.00 food & beverage vouchers, free shuttle bus from & back to center & 3 months dining membership which includes unlimited casino access, 10% off every meal & invitations to exclusive member events. *SHUTTLE (available for all) DEPARTS UMSSC AT 9:30 AM and RETURNS APPROXIMATELY 2:00 PM*

UPPER MERION COMMUNITY FAIR: SATURDAY, SEPTEMBER 8 FROM 10:00 AM TO 2:00 PM. Visit our booth at the fair – our volunteers will be selling hoagies and books of chance. ***COME OUT AND SHOW YOUR SUPPORT FOR YOUR SENIOR CENTER!*** *(Rain Date: Sunday, Sept. 9)*

AARP DRIVER SAFETY COURSE: Tuesday, SEPTEMBER 10 from 9:30 AM to 2:00 PM (4-hour course). Registration forms available at the center. *Checks (\$12.00 / AARP members or \$14.00 / non-AARP members) are to be sent directly to the AARP course instructor, Buzz Ordonio (address is on form).*

VOTER ID PRESENTATION: WEDNESDAY, SEPTEMBER 12 FOLLOWING THE GENERAL MEETING. Tom Kohler (from Rep. Briggs' office) will provide information on obtaining voter ID.

VETERANS LUNCHEON: FRIDAY, SEPTEMBER 14 AT 11:00 AM AT THE KING OF PRUSSIA VOLUNTEER FIRE CO. ON ALLENDALE ROAD. Sponsored by Tim Briggs, this luncheon is for all veterans and their spouses living in the 149th District. *Space is limited and you must register by Friday September 7.* Call 610-768-3135 to register and provide your name, rank, branch of service and dates of service. Attendees will receive a certificate of recognition from the House of Representatives.

DEAD SEA SCROLLS - LIFE AND FAITH IN ANCIENT TIMES: WEDNESDAY, SEPTEMBER 19 at 9:00 AM at the Franklin Institute. Cost: \$40.00. Includes transportation, ticket to exhibit and admission to museum. Limited to 47 people. ***NO REFUNDS AFTER CUT-OFF DATE OF TUESDAY, SEPT. 4.***

THE AFFORDABLE CARE ACT AND YOU: FALL SPEAKER SERIES WITH SENATOR LEACH. THURSDAY, SEPTEMBER 20 AT 10:30 AM to 12:00 PM IN THE GREAT ROOM. Join Senator Leach along with representatives of the non-partisan Pennsylvania Health Access Network (PHAN) and health advocate Theresa Browngold for an informative discussion of the Affordable Care Act and how it will affect you as this new law is implemented and actual provisions contained in the law as it exists.

This program will run approximately one hour, with about 25 minutes of presentations from Senator Leach, PHAN representatives as well as Ms. Browngold. The remaining time in the program will be reserved for questions. PHAN is non-partisan and independent. Light Refreshments will be offered.

NOSTALGIA DAY: MONDAY, SEPTEMBER 24 AT 12:30 PM. *"REMEMBER WHEN"*. Begin your

journey through the 1940's by watching this special. You will be transported back to a decade of tremendous challenges and unparalleled accomplishments. This familiar story is told with an interesting twist - through the personal words, photos and home movies of everyday people, all woven together into an entertaining portrait of America during an historic transformation. *Light refreshments following the film. Sign-up sheet will be at the reception desk.*

11TH ANNUAL FALL FLING - "MEMORIES": THURSDAY, SEPTEMBER 27 AT 10:00 AM. Held at the Court at King of Prussia Mall. Buffet luncheon served. Entertainment will be provided by the UMSSC Band and the UMASD High School Band. ***Deadline to sign up at reception desk is Friday, September 13. Remember no one will be seated after 10:00 AM so please be sure to be prompt.***

COMMUNITY OUTREACH

DONATIONS TO UMSSC

Upper Merion Senior Service Center is now a member of the *United Way Donor Program*. Anyone wishing to make a donation to the UMSSC can designate UMSSC as the recipient of their donation. (Reference UMSSC ID #45796, UW Agency #8229767.)

Please consider a tax-deductible donation to the Upper Merion Senior Service Center. ***As a non-profit organization 501(c)(3) we rely upon outside donations and gifts to help finance some of our programs, activities and services to our members.***

UPPER MERION EMERGENCY AID

Dried goods donations collected for families in the community. More families are in need than ever before. Donation box is outside of the lounge. The Upper Merion Emergency Fund is requesting donations of ***peanut butter and jelly and canned vegetables and fruits***. As always, we thank you for your generosity.

PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

Book donations to the Bridgeport Elementary School children (grades K-4th) are still being collected. Collection box is on the table outside of the lounge. Members might keep in mind how valuable these books are to young readers. Thank you notes have been received from the children and are posted on our bulletin board. ***WE CAN ALL PUT BOOKS INTO THE HANDS OF CHILDREN.***

ACKNOWLEDGEMENTS

GRACIAS! THANKS! DANKE! MERCI! ARIGATO! GRAZIE! OBRIGADO!

★ Thank you Tony from ***Angelo's Pizza*** – for the foot long Birthday Hoagie he donates to the center every month. ★ ***LeBus Bread*** – Member Raffle every month and to ★ ***Sun Joe*** - who generously donates the baked goods we put out for snacks. We also thank ★ ***Sicilian Delight*** for their great discounts on pizza (*Everyone raves about their pizza!!!*).

COMMUNITY HAPPENINGS

Upper Merion Farmer's Market: Saturday's from 9:00 AM to 1:00 PM.

STATE REP. TIM BRIGGS DOCUMENT SHREDDING EVENT & OPEN HOUSE:

Saturday, September 15. Rep. Briggs next newsletter will have additional information.

VENDORS NEEDED SAINT AUGUSTINE CHURCH CHRISTMAS BAZAAR

The St. Augustine Parish in Bridgeport Annual Christmas Bazaar will take place on November 2 and 3. The cost of a 6 ft. tables will be \$25.00. If you are interested you can call 610-272-4088 for more information.

NEWSWORTHY

RECORD YOUR FAMILY HISTORY

We all have a story to tell about our family. For a donation of \$10.00, we will record as you talk about your families' history. We will provide you with some pre-selected questions to guide you through the recording or if you prefer you can just talk generally. *New dates for recording are September 10, 13 and 20.* If you have already signed up you will be contacted to schedule a date and time. You should allow at least 2-hours for a recording. Sign up and give your \$10.00 donation in the office.

COURSE ON INTRODUCTION TO INVESTING WITH PUT AND CALL STOCK OPTIONS

What are "put and call stock options"? If you would like to find out why not plan to join us for a course to be given by one of our members at no cost. This will be a very basic course and will proceed at an appropriate pace to insure the attendees understand the material. However, this course will not deal with employee stock options. Watch the newsletter and bulletin board for course start date and information. There is

also an *interest sheet* at the reception desk and if there is enough interest the course will be held in the fall.

UMSSC FALL FUND RAISER

Our Raffle Drawing will be held at noon on Wednesday, September 12th after the General Meeting. Prizes for \$100 3rd prize, \$300 2nd prize, \$500 1st prize will be awarded. You do not have to be present to win.

VOTER ID – WHAT YOU NEED TO KNOW

Beginning with elections that occur after September 17, 2012, all voters MUST provide a current photo ID at each election in order to vote. If you cannot provide acceptable proof of identification, you may cast a provisional ballot and verify your identity with the county elections board within six days following the election.

ACCEPTABLE FORMS OF ID ARE:

- 1) ID issued by the United States government that includes your name, a photograph, and an expiration date that is not expired
- 2) U.S. military ID - active duty and retired military (a military or veteran's ID must designate an expiration date or designate that the expiration date is indefinite). Military dependents' ID must contain an expiration date
- 3) ID issued by the Commonwealth of Pennsylvania that includes your name, a photograph, and an expiration date that is not expired
- 4) An ID issued by the Pennsylvania Department of Transportation (PennDOT) that is not more than 12 months past the expiration date
- 5) A valid-without-photo driver's license or a valid-without-photo ID card issued by PennDOT for individuals who have a religious objection to being photographed
- 6) Employee ID issued by a municipality of Pennsylvania that includes your name, a photograph, and an expiration date that is not expired
- 7) ID issued by an accredited Pennsylvania public or private institution of higher learning that includes your name, a photograph, and an expiration date that is not expired
- 8) ID issued by a Pennsylvania care facility that includes your name, a photograph, and an expiration date that is not expired

This information was provided by Senator Daylin Leach and Representative Tim Briggs. You should contact either of their offices if you need help in getting acceptable documentation to vote.

**DAYLIN LEACH OFFICE: 610-768-4200
TIM BRIGGS OFFICE: 610-768-3135**

PA DEPT. OF AGING ANNOUNCES NEW CUSTOMER SERVICE LINE

The [Pennsylvania Department of Aging](#) has announced a new toll-free number to help consumers with questions about long-term living and services for people with disabilities.

The Link to Aging and Disability Resource Center line, 1-800-753-8827, is answered by trained customer service staff. Hours of operation are 8:30am to 5pm, Monday through Friday, excluding holidays.

The toll-free number previously used for the former Long Term Living Helpline, 1-866-286-3636, will automatically connect callers to the new service.

For more information on the Department of Aging's programs and services, visit [here](#).

PA REMINDS RESIDENTS OF AVAILABILITY OF ELDER ABUSE HOTLINE

The Pennsylvania Office of Attorney General is reminding residents that their [Elder Abuse Unit](#) has a hotline available to report instances of financial exploitation, scams, and fraud that target older Pennsylvanians.

If you or anyone you know has been a victim of elder abuse, please call the Elder Abuse Hotline at 1-866-623-2137. This hotline is available Monday – Friday, 8:30am until 5pm.

OLDER PENNSYLVANIAN'S PROPERTY TAX REBATE ADVISORY

The ***Upper Merion Township Police Department*** has recently learned through State Representative Timothy Brigg's Office that several residents have received letters from the ***"Senior Advisory Center"*** regarding the Pennsylvania State Property Tax/Rent Rebate Program for Older Pennsylvanian's.

The Better Business Bureau is ***warning consumers*** about the Senior Advisory Center, a California-based company using a Harrisburg, PA mail drop. This company is sending letters regarding PA's Property Tax/Rent Rebate for Older Pennsylvanians. Consumers have contacted the BBB with concerns over the \$39 processing fee stated in the letter.

Your BBB believes that the letter from **Senior Advisory Center is misleading** as consumers can apply for the Property Tax/Rent Rebate Program for free. Although there is disclosure information included in the letter, many consumers may be confusing the Senior Advisory Center with a government agency and feel they must enlist the help of the company to receive their rebate. **The Senior Advisory Center has an "F" rating with the Better Business Bureau.**

Consumers can receive Property Tax/Rent Rebate applications online or by calling the Pennsylvania Department of Revenue at 1-888-222-9190. Consumers can also contact their local Office of Aging/Adult Services at (610) 278-3601 or State Representative Timothy Brigg's Office at (610) 768-3135 should they need assistance filling out the forms.

If you have any further questions regarding this issue please call Sgt. Chuck Zadroga at (610) 205-8524.

A photo-copy of the letter in question can be found on our bulletin board outside of the lounge.

NON-MEMBER SPOTLIGHT

JOSEPH LOTITO



You probably don't know this gentlemen (pictured). Joseph Lotito is the son of a cousin of Theresa Smith. He possesses a rare talent. Joseph, a Norristown native and graduate of Bishop Kenrick High School, graduated in July from West Dean College, an internationally-renowned school in East England. His ultimate goal is to become a "luthiere"; a violin maker. While studying in England, he was awarded the QEST scholarship from the Royal Warrant Holders' Association, whose focus is supporting traditional craftspeople. Joseph, along with a group of fellow students, crafted a dancemaster's fiddle called a Pochette which was used in the late 18th century by ballet tutors who would carry these instruments in their overcoat pockets. The students donated the fiddle to a charitable event hosted by Prince Charles.

On May 30, 2012 Joseph was recognized for his talent by His Royal Highness The Prince of Wales (Prince

Charles) at a Reception for The Queen Elizabeth Scholarship Trust. There, he had the opportunity to personally speak to Prince Charles (a great supporter of craftspeople). Prince Charles told Joseph that his work was stunning and very well done and "Lotito is a great name for a violin maker."

Joseph is living in Chicester England with his wife, Eleanor and hopes to one day own a shop repairing violas and violin-family instruments. We wish Joseph continued success and can certainly understand why Theresa wanted to share his story with us and how proud she is of him.

DID YOU KNOW . . .

the impetus for a National Grandparents Day originated with *Marian McQuade*, a housewife in Fayette County, West Virginia (and not Hallmark Cards as so many think). Her primary motivation was to champion the cause of lonely elderly in nursing homes. She also hoped to persuade grandchildren to tap the wisdom and heritage their grandparents could provide. President Jimmy Carter, in 1978, proclaimed that National Grandparents Day would be celebrated every year on the first Sunday after Labor Day. When is Grandparents Day? In 2012, Grandparents Day falls on September 9th. Good wishes to all grandparents everywhere!

ACTIVITIES

APPRISE COUNSELOR: Assistance with insurance and Medicare concerns. Call 610.265.4715 and give your name and telephone. The APPRISE counselor will contact you directly to set up an appointment.

ART INSTRUCTION: Tuesday's beginning October 2 at 1:00 PM. All levels welcomed to do watercolor, oils, acrylics and pastels. Learn color mixing, design, theory, form, line, etc. **Please direct any questions to Instructor: Millie Becker (610-265-6561). Bring your own supplies. Advance registration not required. Payment accepted only on day of class. Cost: \$15.00 Per Class.**

BINGO: Thursdays at 10:15 AM. Coordinator: Evelyn Cavaliere. Cash prizes!

BOOK TALK: MONDAY, SEPTEMBER 17 at 1:00 PM. Coordinator: Patricia Ackah (610.265.4290). *Meets on the third Monday of the month.* This month's book is "The Lacuna" by Barbara Kingsolver. In her most

accomplished novel, the author takes us on an epic journey from the Mexico City of artists Diego Rivera and Frida Kahlo to the America of Pearl Harbor, FDR, and J. Edgar Hoover. The Lacuna is a poignant story of a man pulled between two nations as they invent their modern identities

BRIDGE CLUB: Tuesday's at 10:00 AM.

CASINO TRIP: MONDAY, SEPTEMBER 17. Bus departs from Center to Showboat Casino at 9:00 AM and returns approximately 6:15 PM. Bus Captain: Harry Bailey. **Cost: \$25.00** per person. Limit 47 passengers. No telephone reservations. **MINIMUM 35 PASSENGERS REQUIRED. CUT-OFF DATE FOR TRIP IS WEDNESDAY, SEPTEMBER 12.**

CHAIR EXERCISE: Every Tuesday and Thursday from 12:30 PM to 1:15 PM. Coordinator: Jim Parvin. \$3.00 per class.

COMPUTER CLUB: Tuesday's 9:30 AM to 11:30 AM. Coordinators: Herman Natanblut and Howard Lurie. No fee; no class limit. Meetings are open to all *members*, all ability levels.

CURRENT EVENTS DISCUSSION GROUP:

Monday's at 10:30 AM in the Lounge. Coordinator: Joan Shaw. The group meets to discuss the week's news. With the election fast approaching there will be plenty of material to discuss. At the rate we have been going, it may be necessary to send out for dinner.

FRIDAY FLICKS: FRIDAY, SEPTEMBER 14 (Pizza at 11:15 AM, Movie at 12:00 PM.) Coordinator: Don McCree. This month we will be showing "**THE BEST EXOTIC MARIGOLD HOTEL**" starring Judi Dench, Bill Nightly, Dev Patel, Tom Wilkinson and Maggie Smith. A group of British retirees are forever transformed by their shared experiences, discovering that life and love can begin again when you let go of the past. **Cost: \$5.00 for movie and pizza or \$2.00 for the movie only. Sign up and pay in advance at the Reception Desk.**

GARDEN CLUB: Meets the second and fourth Wednesday at 1:00 PM. Chairperson: Paul Buce. Garden Club: We're back in action this month. On the 12th we'll have Salad & Dessert (our "Something from the Garden Social"), followed by a fall garden clean-up on a date to be determined.

GENERAL MEMBERSHIP MEETING: Monthly meeting open to all members on the 2nd Wednesday at 10:00 AM. Any member who wants to be put on the agenda at the meeting should contact Gerry Roth, President. August and September birthdays will be

celebrated at the September general meeting and ***the Raffle Drawing will be held at noon.***

GOOD FOOD/GOOD HEALTH WITH PARI: NEXT CLASS WILL BE SCHEDULED IN OCTOBER.

KNITTING & CROCHETING: Monday's and Tuesday's at 1:00 PM. Coordinator: Dot Price. Instruction provided. Hand-made items are for sale and all proceeds benefit the Center.

LIBRARY: Open Monday through Friday from 9:00 AM to 3:00 PM. An excellent selection of large print books, tapes and videos are available to borrow.

LINE DANCING: Every Wednesday at 1:00 PM in the gym. Coordinator: Aracelia Panzano. \$1.00 fee per lesson.

MAH-JONGG: Monday's and Friday's at 10:00 AM. All level players are welcome. Interested in learning Mah-Jongg? Coordinator: Lynne Boroch.

MUSIC INSTRUCTION: Tuesday's at 1:30 PM. Instructor: Ed Hickman.

NURSE: Every 2nd and 4th Thursday of each month from **10:00 AM to 12:00 PM**. Have your blood pressure checked by our favorite Nurse Lori Gnacek from Bryn Mawr Hospital/Main Line Health.

OUTREACH: *Representative Tim Briggs'* aide is here the second Thursday of the month - 11:00 AM to 2:00 PM. *Senator Daylin Leach's* aide is here the last Thursday of the month - 11:00 AM to 1:00 PM.

PINOCHLE LADIES AND GENTS: Monday's at 9:30 AM.

QUILTING: Fourth Wednesday of the month at 9:30 AM. Instructor: Ethel Hutchinson. All levels welcome!

SING-A-LONG: Friday's at 10:00 TO 11:30 AM. Coordinators: Theresa M. Smith and Dot Morio.

STAND-UP YOGA: Monday's at 1:30 PM. Certified Instructor: Dr. Christine Grad. \$3.00 per class. Limited to 8 members per class.

TAI CHI: Every Wednesday from 12:00 PM to 12:45 PM. Coordinator Louise Bailey. \$3.00 per class.

TRAVEL TALES AND TIPS: NO MEETING SCHEDULED FOR SEPTEMBER.

REMINDERS FOR SEPTEMBER 2012

UM RAMBLER
Free service to UM
Township Seniors
(Visit GVF

Transportation for
pass)

You can ride back and
forth to the Center,
the Malls, and other
destinations!

GVF Transportation
Dept.

1012 W. Eighth Ave.,
Suite A
King of Prussia, PA
19406

Phone: 610-354-8899
www.gvftma.com

- * CENTER WILL BE CLOSED ON FRIDAY, AUGUST 31 AND MONDAY, SEPTEMBER 3 IN OBSERVANCE OF LABOR DAY HOLIDAY
- * CENTER WILL BE CLOSED ON WEDNESDAY, SEPTEMBER 26 IN OBSERVANCE OF YOM KIPPUR
- * VALLEY FORGE CASINO: THURSDAY, SEPTEMBER 6 AT 9:30 AM
- * AARP DRIVER SAFETY COURSE: TUESDAY, SEPTEMBER 11 AT 9:30 AM
- * RAFFLE DRAWING AT GENERAL MEETING: WEDNESDAY, SEPTEMBER 12
- * VOTER ID INFORMATION TO BE PROVIDED BY TOM KOHLER FROM TIM BRIGGS' OFFICE: AFTER GENERAL MEETING ON SEPTEMBER 12
- * FRIDAY FLICKS: FRIDAY, SEPTEMBER 14 AT 11:00 AM
- * VETERANS LUNCHEON SPONSORED BY STATE REP. TIM BRIGGS: FRIDAY, SEPTEMBER 14 AT 11:00 AM AT THE KING OF PRUSSIA VOLUNTEER FIRE COMPANY ON ALLENDALE ROAD
- * DOCUMENT SHREDDING EVENT & OPEN HOUSE AT REP. BRIGGS DISTRICT OFFICE: SATURDAY, SEPTEMBER 15 (CALL 610-768-3135 FOR DETAILS)
- * SHOWBOAT CASINO TRIP: MONDAY, SEPTEMBER 17 AT 9:00 AM
- * BOOK TALK: MONDAY, SEPTEMBER 17 AT 1:00 PM
- * DEAD SEA SCROLLS AT FRANKLIN INSTITUTE: WEDNESDAY, SEPTEMBER 19 BUS WILL LEAVE CENTER PROMPTLY AT 9:00 AM
- * THE AFFORDABLE CARE ACT AND YOU: FALL SPEAKER SERIES WITH SENATOR LEACH. THURSDAY, SEPTEMBER 20 AT 10:30 AM to 12:00 PM IN THE GREAT ROOM.
- * NOSTALGIA DAY: MONDAY, SEPTEMBER 24 AT 12:30 PM IN THE GREAT ROOM
- * FALL FLING: THURSDAY, SEPTEMBER 27 AT 10:00 AM AT THE COURT IN KING OF PRUSSIA (ALL OTHER ACTIVITIES ARE CANCELLED ON THIS DAY)
- * BIG BINGO: SATURDAY, OCTOBER 20 AT 11:00 AM

NOTE:
THE UMSSC
IS CLOSED
WHEN THE UM
AREA SCHOOL
DISTRICT CLOSES
DUE TO
INCLEMENT
WEATHER

UMASD SCHOOL
CLOSING
NUMBER
IS "307"

NOTICE IS ALSO
BROADCASTED
ON COMCAST
CHANNEL 28
OR
VERIZON FIOS
CHANNEL 32

OR CALL
SENIOR CENTER
AFTER 7:30 AM
(610-265-4715)
AND LISTEN TO
VOICE MAIL
RECORDING

OR CALL
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Note:
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