

# MARCH 2019 A good laugh and a long sleep are the two best cures



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30 PINOCHLE 10:00 SING-A-LONG	2
3	4 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO)	5 9 - 11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	6 10:00 BOARD MEETING 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	7 9 - 11 AM WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:30 FUN & FITNESS	8 9:30 PINOCHLE 10:00 SING-A-LONG	9 TURN THE CLOCKS AHEAD TONIGHT DAYLIGHT SAVINGS TIME BEGINS
10 BIG BINGO DOORS OPEN AT 11 AM	11 9:30 AARP DRIVER SAFETY COURSE 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO)	12 9 - 11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING 2:00 MEMORY CAFE	13 9:30 GENERAL MEETING 10:30 UMPD FRAUD SEMINAR 11:30 COMPUTER BASICS 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING 1:30 RED HAT LADIES	14 9 - 11 AM WALK TRACK 9:30 TO 12:00 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:00 OUTREACH - BRIGGS 12:30 FUN & FITNESS	15 9:30 PINOCHLE 10:00 SING-A-LONG 11:30 FRIDAY FLICKS	16
17 HAPPY ST. PATRICK DAY	18 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 BOOK TALK 1:30 YOGA (VIDEO) 1:30 INTRODUCTION TO LAW	19 9 - 11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	20 9:30 VALLEY FORGE CASINO 10:00 PERSIAN GROUP 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING  FIRST DAY OF SPRING	21 9 - 11 AM WALK TRACK 9:00 CONSTITUTION CENTER EXCURSION 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:30 FUN & FITNESS	22 9:30 PINOCHLE 10:00 SING-A-LONG	23
24	25 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO) 1:30 INTRODUCTION TO LAW	26 9 - 11 AM WALK TRACK 9:30 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	27 9:30 QUILTING 11:30 COMPUTER BASICS 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING	28 9 - 11 AM WALK TRACK 9:30 TO 12:00 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 11:30 OUTREACH - LEACH 12:30 FUN & FITNESS	29 9:30 PINOCHLE 10:00 SING-A-LONG	30
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