


# MARCH 2024

NEVER UNDERESTIMATE THE POWER OF A KIND WORD OR DEED

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	2
3	4 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	5 9:30 -3 WALK THE TRACK <b>10:00 BOARD MEETING</b> 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	6 9:30-3 WALK THE TRACK <b>12:00 TECH HELP</b> 12:00 NEIGHBOR ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP <b>12:30 TAI CHI PROGRAM</b> <b>1:45 HEALTHY STEPS IN MOTION PROGRAM</b>	7 9:30-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS <b>12:45 BRAIN BOOST PRESENTATION</b>	8 9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	9  <b>DAYLIGHT SAVINGS TIME</b>
10 <b>RAMADAN BEGINS</b>	11 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) <b>11:30 MONDAY MATINEE "THE LOST KING"</b> 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	12 9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	13 9:30-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP <b>12:30 TAI CHI PROGRAM</b> <b>1:45 HEALTHY STEPS IN MOTION PROGRAM</b>	14 <b>ALL ACTIVITIES CANCELLED FOR TODAY</b>  <b>11:45 GENERAL MEETING FOLLOWED BY LUNCH FOR THOSE ATTENDING THE GENERAL MEETING</b> YOU MUST SIGN UP IN ADVANCE TO ATTEND THE MEETING AND LUNCH	15 9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	16
17 <b>ST PATRICKS DAY</b>	18 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN <b>1:00 BOOK TALK</b>	19 9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB <b>10:00 GARDEN GROUP MEETING</b> 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE  <b>FIRST DAY OF SPRING</b>	20 9:30-3 WALK THE TRACK <b>12:00 TECH HELP</b> 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP <b>12:30 TAI CHI PROGRAM</b> <b>1:45 HEALTHY STEPS IN MOTION PROGRAM</b>	21 9:30-3 WALK THE TRACK <b>10:00 BUS TRIP TO BUBE'S BREWERY</b> 10:15 BINGO 11:30 FUN & FITNESS	22 9:30-3 WALK THE TRACK 10:30 SING-A-LONG 1:00-2:30 TRIVIA	23
24 <b>PALM SUNDAY</b>	25 9:30-3 WALK THE TRACK 11:00 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE 12-3 PAINTING GROUP 12:30 MEXICAN TRAIN	26 9:30 -3 WALK THE TRACK 10:00-11:30 RUMMIKUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	27 9:30-3 WALK THE TRACK 12:00 NEIGHBORS ON ZOOM 12:30 CANASTA 12:30 LINE DANCING 1:00 KNIT & CROCHET GROUP <b>12:30 TAI CHI PROGRAM</b> <b>1:45 HEALTHY STEPS IN MOTION PROGRAM</b>	28 9:30-3 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS <b>12:45 BALANCE ISSUES PRESENTATION</b> <b>1:00 QUILTING</b>	29 <b>CENTER IS CLOSED</b>  <b>GOOD FRIDAY</b>	30          <b>31 EASTER SUNDAY</b>