

# "The Best of Times"



## MARCH 2020

### UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD  
KING OF PRUSSIA, PA 19406  
TELE: 610-265-4715  
on the web at [www.umssc.org](http://www.umssc.org)



<https://www.facebook.com/umssc.org/>

#### IN THIS ISSUE

	PAGE
MONTHLY CALENDAR	2
KEEPING OUR MEMBERS INFORMED	4
ACKNOWLEDGEMENTS	5
UM LIBRARY UPDATE	5
JUST FOR FUN	7
BACK PAGE (MISC. INFO)	

#### ANNOUNCEMENTS

**NOTE: CUT-OFF DATE FOR SUBMISSION OF INFORMATION FOR THE ARPIL NEWSLETTER IS MONDAY, MARCH 23. NO EXCEPTIONS.**

\* \* \* \* \*

To see the monthly UMSSC "General Meeting" on your device do the following:

1. Open your browser
2. Enter [vimeo.com/channels/891501](https://vimeo.com/channels/891501)
3. Select "Videos in Senior Shows"
4. Click on the meeting you want to watch
5. You'll see the member's name drawn in the "Jackpot" game.

#### THE IMPORTANCE OF ADVANCE EVENT SIGN UP

When the Senior Center plans an event where food and supplies are to be purchased or donated, it is important that we have a list of how many members will be attending. We always have a sign-up sheet in the lobby area well in advance for an event of this type and advertise it in our newsletter. As the date approaches we remove the sign up in order to calculate food and supplies needed. The event will not be successful if we run short. **Please always make an effort to sign up in advance if you plan to attend an event held at the Senior Center.**

#### UMSSC BIG BINGO

**SUNDAY, MARCH 22. CA\$H PRIZE\$ Tickets \$28.00 (includes one Packet Regular Games, one Packet Special Bingo & one Coverall game).** Doors Open 12:00 PM. Games Start 1:00 PM. Refreshments for sale. (No one under age 18 will be admitted. No outside food or beverages permitted). Individual tickets can be purchased at the Senior Center or use a Registration Form to reserve a table. These forms are available in our lobby or on our website [www.umssc.org](http://www.umssc.org). **(Note new pricing reflects addition of all game packets priced together instead of separately.)**






*Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices.*

# MARCH 2020

# LIFE IS A JOURNEY NOT A DESTINATION!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>10:00 CONSUMER PROTECTION PRESENTATION</b> 1:00 YOGA (VIDEO)	9 -11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING	<b>10:00 BOARD MEETING</b> 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING	9-11 AM WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:30 FUN & FITNESS	9:30 PINOCHLE 9:30 POKER 10:00 SING-A-LONG <b>12:00 VETERANS MEETING</b>	<b>TURN THE CLOCKS AHEAD TONIGHT</b>
8	9	10	11	12	13	14
	9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>12:15 COFFEE WITH A COP</b> 1:00 YOGA (VIDEO)	9 -11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING <b>2:00 MEMORY CAFÉ</b>	<b>9:30 GENERAL MEETING</b> <b>11:30 COMPUTER BASICS</b> 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING 1:00 GARDEN CLUB 1:30 RED HAT LADIES	9-11 AM WALK TRACK <b>9:30 TO 12:00 NURSE</b> 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:30 FUN & FITNESS	9:30 PINOCHLE 9:30 POKER 10:00 SING-A-LONG <b>11:30 FRIDAY FLICKS</b> <b>TV'S "THE CAROL BURNETT FINAL SHOW"</b>	
15	16	17	18	19	20	21
	9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 YOGA (VIDEO) 1:00 BOOK TALK	9 - 11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING  <b>HAPPY ST. PATRICK'S DAY</b> 	<b>9:30 VALLEY FORGE CASINO</b> 10:00 PERSIAN GROUP 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING	9 - 11 AM WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO 12:30 FUN & FITNESS  <b>WELCOME SPRING</b> 	9:30 PINOCHLE 9:30 POKER 10:00 SING-A-LONG	
22	23	24	25	26	27	
<b>BIG BINGO DOORS OPEN 12 NOON</b> 	9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 YOGA (VIDEO)	9 - 11 AM WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING	9:30 QUILTING <b>11:30 COMPUTER BASICS</b> 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING 1:00 GARDEN CLUB	9 - 11 AM WALK TRACK <b>9:00 EXCURSION TO EASTERN STATE PENITENTIARY</b> <b>9:30 TO 12:00 NURSE</b> 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO <b>11:30 OUTREACH - LEACH</b> 12:30 FUN & FITNESS	9:30 PINOCHLE 9:30 POKER 10:00 SING-A-LONG <del>(cancelled)</del> <b>12:00 VOLUNTEER APPRECIATION LUNCHEON</b>  <i>Thank you!</i>	
29	30	31				
	9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 YOGA (VIDEO)	9 - 11 AM WALK TRACK 9:30 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING				

### CONSUMER PROTECTION PRESENTATION

**MONDAY, MARCH 2 AT 10:00 AM.** Thomas Grieser from the PA Attorney General's Office of Consumer Protection will give a presentation on consumer fraud against seniors. Hope you will plan on attending this important issue for seniors.

### VETERANS OF UMSSC!

Meeting will take place at the Senior Center on Friday March 6 at 12:00 PM. *Please sign up in the lobby.* An agenda for this meeting will be announced at a later date.

### COFFEE WITH A COP

**MONDAY, MARCH 9 AT 12:15 PM.** Join the conversation about your community with Upper Merion Police Officer, Glenn Muntzer.

### MEMORY CAFÉ

**TUESDAY MARCH 10 AT 2:00 PM.** Support Group discussion for caregivers. Presented by a Memory Care Advisor from Arden Courts. This discussion group will meet the 2<sup>nd</sup> Tuesday of each month (unless otherwise posted).

### GENERAL MEETING

**WEDNESDAY, MARCH 11 AT 9:30 AM.** This meeting is open to all of our members. Reports by the Executive and Board members provide updated information about the Senior Center and its activities and events. Members who attend are also eligible to win cash from our "JACKPOT" drawing. We celebrate monthly birthdays with cake and a birthday raffle to win a hoagie from Angelo's Pizza, and you can enter the 50/50 raffle drawing. *The MARCH JACKPOT will be \$225.00.*

### COMPUTER BASICS

**WEDNESDAY, MARCH 11 AND 25 FROM 11:30 AM to 12:30 PM.** Sangeetha will be back at the Senior Center to teach computer basics. *PLEASE SIGN UP IN THE LOBBY.*

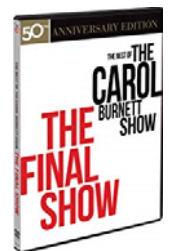
### VALLEY FORGE CASINO

**WEDNESDAY, MARCH 18 (Cut-off date MONDAY, MARCH 16 - no exceptions).** THE OFFER FOR PAID UMSSC MEMBERS (ONLY) IS \$20.00 IN SLOT PLAY:

TO TAKE ADVANTAGE OF THIS OFFER YOU MUST COMPLETE THE REGISTRATION FORM AVAILABLE AT THE SENIOR CENTER OR ON OUR WEBSITE AT [www.umssc.org](http://www.umssc.org). *YOU MUST SIGN UP IN PERSON - NO TELEPHONE REGISTRATIONS.* Please check in with the Senior Center rep in the Casino lobby between 9:30 AM and 10:00 AM. *Everyone must bring a valid photo ID. The monthly casino trips and \$20.00 voucher are offered to UMSSC Members only.*

### FRIDAY FLICKS

**FRIDAY, MARCH 13 - SICILIAN DELIGHT PIZZA (NOW \$5.00) AT 11:30 AM - MOVIE (FREE) STARTS AT 12:15 PM.** Coordinator Don McCree. Getting Pizza? *You must sign up and pay in advance by THURSDAY, MARCH 12.* This month we will show " **THE CAROL BURNETT SHOW**



- **THE FINAL SHOW.**" On September 11, 1967, Carol Burnett and her madcap cast took to the airwaves on CBS for a new variety series that combined sketch comedy, singing and dancing. Little did they know that The Carol Burnett Show would become an Emmy Award-winning program and survive the changing tastes of TV audiences to last eleven seasons. On March 29, 1978, the curtain came down for good. The Final Show, billed as A Special Evening with Carol Burnett, takes a two-hour stroll through the show's glory days. Carol, Vicki and Tim present a video scrapbook of unforgettable moments from their routines and movie spoofs. The love was never more heartfelt than in this long goodbye.

### BOOK TALK

**MONDAY, MARCH 16 at 1:00 PM.** Coordinator: Patricia Ackah. This month's book "**A PLACE FOR US,**" by *Faitling Farheen Mirza*, unfolds the lives of an Indian-American Muslim family, gathered together in their California hometown to celebrate the eldest daughter, Hadia's, wedding - a match of love rather than tradition. It is here, on this momentous day, that Amar, the youngest of the siblings, reunites with his family for the first time in three years. Rafiq and Layla must now contend with

the choices and betrayals that lead to their son's estrangement - the reckoning of parents who strove to pass on their cultures and traditions to their children; and of children who in turn struggle to balance authenticity in themselves with loyalty to the home they came from.

### EASTERN STATE PENITENTIARY

**THURSDAY, MARCH 26. Cost: \$12.00 UMSSC Members, \$14.00 Non-members. Meet at 9:00 AM at the Radnor Regional Rail Station (on Matsonford Rd. next to Archbishop Carroll School campus).** Travel by SEPTA to the site. Return between 3:00 and 3:30 PM. Eastern State Penitentiary was once the most famous and expensive prison in the world, but stands today in ruin, a haunting world of crumbling cellblocks and empty guard towers. Its vaulted, sky-lit cells once held many of America's most notorious lawbreakers, including "Slick Willie" Sutton and "Scarface" Al Capone. Registration forms in the lobby and on our website [www.umssc.org](http://www.umssc.org).

### VOLUNTEER APPRECIATION CELEBRATION

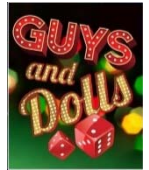
**FRIDAY, MARCH 27 AT 12:00 PM. Cut-off date to sign up for this event is MARCH 23.** Do you volunteer at the Senior Center? If so, you are invited to attend a gathering to show our appreciation to all of our volunteers for their contributions to the Senior Center. We will also name our *VOLUNTEER OF THE YEAR*. Light refreshments will be served. If you plan on attending, please sign up in the lobby.

### APRIL EXCURSION GROUP TRIP

#### DUTCH APPLE THEATER (SOLD OUT)

**THURSDAY, APRIL 23 AT 9:00 AM. COST (including bus, play and lunch): \$65.00 for UMSSC members and \$75.00 for non-members.** The lively musical "Guys and Dolls" awaits us at the Dutch Apple Theater in Lancaster. We will travel by coach arriving in time for a bountiful buffet lunch at 11:30 AM. We should be back to the Senior Center about 4:00 PM. The bus

will pick us up at the upper (pool) parking lot. Registration forms are in the lobby and on our website at [www.umssc.org](http://www.umssc.org).



### OTHER EXCURSION TRIPS PLANNED

Thursday, May 21 Meadowbrook Gardens.  
Transportation via carpool.

Saturday, June 13 New York on your own trip.  
Transportation via coach.

### OUTREACH

Senator Daylin Leach's aide will be here on **THURSDAY, MARCH 26** from 11:00 AM to 12:00 PM.

### LAW CLASS - INTELLECTUAL PROPERTY LAW

**FRIDAY, APRIL 3 FROM 1:30 PM TO 2:30 PM:** Howard Lurie will teach a class on *Law 102, Intellectual Property*: patents, copyrights, trademarks, trade secrets and related matters. Please put your name on the sign-up sheet in the lobby.

### APPRISE COUNSELOR

An AARP Volunteer Apprise Counselor is available through the Senior Center to provide assistance with *health insurance and Medicare enrollment*. Call the Senior Center at 610-265-4715 and give your name, telephone or email. We will provide the Apprise Counselor with your information and they will contact you directly.

### KEEPING OUR MEMBERS INFORMED



Please join us as we welcome the following new members to our UMSSC family. We hope to see them around the Center: Beverly Aicher, Carol Banks, Frances Burns, Amal Eldharrat, Nancy Gottsagen, Joan & Carl Grunwald, Dee Javic, Annemarie Kleinhans, Anthony Lewullis, Janice Lutz, Rose Marie Mastroianni, Diana Ngo, Eve Parson, Dorothy Polinka, Barbara Skoczylas, Mary Smith, Ruth Torres, Martin Trumpler, Rosemary & Joseph

Valovage, Linda Vickery, Norma Walter and Corrine Weaber.

## **ACKNOWLEDGEMENTS**

### **THANK YOU VALENTINE HOAGIE SOCIAL VOLUNTEERS**

Our annual Valentine Hoagie Social was a fun and successful event. We hope all who attended enjoyed themselves. We wish to thank Little Sicily for their support making and delivering the delicious hoagies. Many volunteers gave their time and talents to organize and prepare for the luncheon and they deserve our thanks for their involvement. Without the volunteers, we would be unable to provide such wonderful gatherings.

### **THANK YOU MARDI GRAS PARTICIPANTS**

We held our first ever Mardi Gras Party on February 24 and it was a huge success! There was an abundance and variety of food brought in by the approximately 60 people who attended. There were also great volunteers who helped with setting up and cleaning up. We had decorations of purple, green and gold masks, beads and balloons. We also held a 50/50 raffle and played some jazz music. Everyone had a great time. We look forward to planning our next party.

### **DONATIONS**

**Thank you** to the following for their generous donations to the Senior Center:

- ★ Barrett Family Grant
- ★ American Charities

### **GRACIAS! THANKS! DANKE! MERCI!**

★ Tony from Angelo's Pizza ★ Costco ★ Giant Food Store ★ Upper Merion Township Library for the large print books and Friday Flick movies.

### **HELP SUPPORT UMSSC BY SHOPPING AT**



When you shop on AmazonSmile (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the purchase price to the

eligible charitable organization of your choice. If you already shop on Amazon, your current user name and password will work on **smile.amazon.com** or you can use this link to go directly to our donation account.

<https://smile.amazon.com/ch/23-2966030>

## **AROUND THE COMMUNITY** **WHAT'S HAPPENING AT THE UM TOWNSHIP LIBRARY- MARCH**



Winter reading program for adults ends March 20. Read, register & review to win exciting prizes. Check our website [www.umtownship.org/library](http://www.umtownship.org/library) or stop by the library for more information.

Sangeetha will be at the Senior Center on Wednesday, March 11 & March 25 from 11:30 AM to 12:30 PM for teaching basic computer lessons.

### **Spring Book Discussion Series: The Only Way Out is Through: Stories of Trauma and Resilience.**

March 22: There, There by Tommy Orange

April 5: Winter Sisters by Robin Oliviera

April 19: Salvage the Bones by Jesmyn Ward

May 3: All My Puny Sorrows by Miriam Toews

All programs will meet from 2:00 PM to 3:30 PM

The Participation Policy (*effective since Fall 2011*) is as follows: There is an administrative charge of \$10 per series to participate in the Sunday book discussions for participants who choose to borrow the book set from the library. There will be no charge if the participant supplies his or her own copies of the books, or if the participant purchases all of the books for the series from the library. Call 610-265-4805, or stop in at the library to register.

**ESL Class, Tuesdays at 1:00 PM in Valley Forge room:** For adults who speak English as a second language, this program allows you to practice your English through conversations about books, short stories, and news articles. The class leader is

Mrs. Jean Olexy, a certified ESL teacher. Anyone who speaks English as a second language is welcome to drop in.

**Tech Night on Monday, March 2 at 7:00 PM in Henderson Room.** Own an iPad or an iPhone but have trouble using it? Planning on buying but the latest technology troubling you? Need help with downloading e-books? Our youth volunteers are here to help you. Registration required.

**Adult Coloring Night on Monday, March 9 at 7:00 PM in Valley Forge Room.** Bring your friends and enjoy coloring. Walk-ins are welcome. Materials will be provided.

**Adult Board Game Night, March 12 at 7:00 PM in Henderson room.** Bring your friends and enjoy playing games of all kinds! We'll have several board games, but feel free to bring your own too.

**Longwood Gardens & Upper Merion Township Library Community Read.** We are thrilled to announce national bestseller *Semiosis* by Sue Burke as our 2020 Community Read book on **Sunday, March 15 at 2:00 PM in Valley Forge Room.** Registration Required. Participate to win a copy of the book. Refreshments will be served! Join Longwood Gardens and Upper Merion Township Library's Community Read—a program designed to encourage reading for pleasure and to start a conversation. Read with us and enjoy the discussion! Register and contact the adult front desk for a copy of the book to check out. **BOOK MUST BE RETURNED ON MARCH 15.**

**Job Search Seminar on Monday, March 16 at 7:00 PM in Valley Forge Room.** Mr. Bill DeLone will present the group of job seekers with their resume and providing job search counseling, sharing strategies, techniques and best practices. Mr. DeLone is a retired HR professional with 38 years of experience. Attend and benefit. There will be a Q & A session following his presentation.

**Knit Nite: Monday, March 23 at 7:00 PM.** Fourth Monday of the month. For all ages - from veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced

knitters are always eager to pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

**History of King of Prussia Mall, presented by Michael Shaw on Tuesday, March 24 at 7:00 PM in Freedom Hall.** Local author and King of Prussia resident Michael Shaw will talk about his new book on the famed King of Prussia Mall. Shaw extensively researched the entire 58-year history of the mall. The author's presentation will include showing images, a talk about the historical backdrop of Upper Merion Township, and the emergence of the highways that led to the mall being built. Books will be available for purchase at the book signing following the presentation.

To register for any of the library events, you can register via our online calendar, or by calling 610-265-4805, or stopping by the library.

Watch out for this new section every month. One new e-resource each month!

**King of Prussia Courier:** Read the local newspaper online [www.umtownship.org/departments/library/elibrary/](http://www.umtownship.org/departments/library/elibrary/).

**Notary Service:** The library offers a notary service by appointment only for a \$5.00 fee. Please make sure to bring all necessary documents and, if needed, a witness. To make an appointment, call 610-265-4805.

**Low Vision Reader:** Our library has a low vision reader for use in the library. Please contact us for more information.

**Café Style Wifi:** available at the library. Bring your smart devices and connect to our free wireless network. Library card number not required.

**Charging Station at the Library:** Did you leave your charger at home? Is your mobile device low on power and need recharging? Get charged with one of the charging stations at the library.

## JUST FOR FUN

The computer swallowed Grandma,  
 Yes, honestly it's true!  
 She pressed 'control and 'enter'  
 And she disappeared from view.

It devoured her completely,  
 The thought just makes me squirm.  
 She must have caught a virus  
 Or been eaten by a worm.

I've searched through the recycle bin  
 And files of every kind;  
 I've even used the Internet,  
 But nothing did I find.

In desperation, I asked Mr. Google  
 My searches to refine.  
 The reply from him was negative,  
 Not a thing was found 'online.'

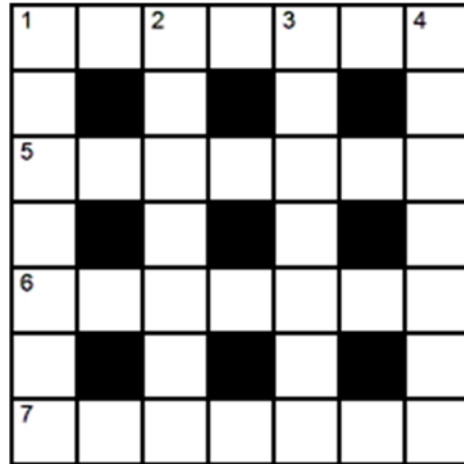
So, if inside your 'Inbox,'  
 My Grandma you should see,  
 Please 'Copy, Scan' and 'Paste' her,  
 And send her back to me.



This is a tribute to all the Grandmas & Grandpas,  
 Nannas & Papas, who have been fearless  
 and learned to use the Computer...  
 They are the greatest!!!

## MINI CROSSWORD PUZZLES

(answers on Page 8)

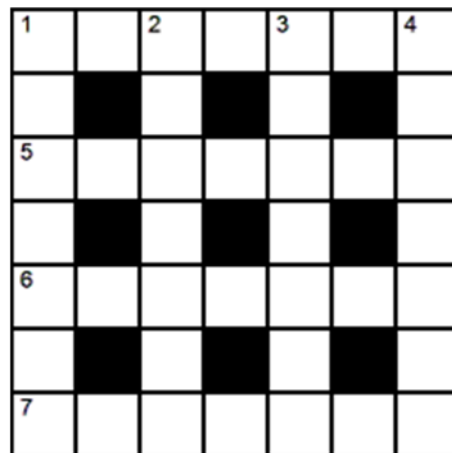


### **Across**

1. Reciprocal
5. Defeat
6. Feed
7. Himalayan Mount

### **Down**

1. Infuriate
2. Speculation
3. Mundane
4. Hearing distance



### **Across**

1. Vague
5. Pass through
6. Stir Up
7. Storm

### **Down**

1. Pariah
2. Sports structure
3. Steal the show
4. Adjure

## ST. PATRICK'S DAY MARCH 17

### WORD SEARCH

W N P E P S N I O C Y C M Y N  
 R V H F O O J C M A V L R W D  
 L L G M C H R I D Z M O A S K  
 U K Z F H T S S R I A V H B C  
 T Z E C L E K E S E B E C N O  
 Q Y R U K C I C S Q L R T W R  
 B A C R I E H D B R D A U G M  
 M K Z R F I F L F P O Y N I A  
 Y A T Y E H Y Y U W G H V D H  
 N A V V N U A H C E R P E L S  
 P E O Y R W A R R A I N B O W  
 Q U E W O D U D P S E J O M Z  
 S A R R Y P P C J A P A C E L  
 G O L D G U F Q S E R S H E R  
 W S S X C O R U C V P J Y V B

CHARM	GOLD	HORSESHOE
LUCKY	PATRICKS DAY	GLOVER
GREEN	IRELAND	MARCH
RAINBOW	COINS	HARP
LEPRECHAUN	MISCHIEVIOUS	SHAMROCK



## INTERNATIONAL WOMEN'S DAY MARCH 8

### WORD SEARCH

E P Y X R E D N E G X L P L J A S F X B  
 A N M A Y E X B U X H A S A K C L D N X  
 A G I C D N S L J U Y N R C Z H Z W B S  
 L P M N I S V P M M O O O I R I F I E O  
 L T P L O V N A E B Z I R T G E Z A D G  
 Y A L R F R N E B C K T U I Q V Y O N X  
 U L U X E R E I M V T A E L S E U C D P  
 F P H Q I C R Z L O M N F O F M T W W R  
 G L H G E E I Y E F W R Q P T E I V D L  
 V I H P L N P A D N A E T P L N P Z F U  
 B T I P I N Z K T Y I T C U L T U R A L  
 S G R D D N P H M I C N C E T S C A Z T  
 O U U N H U V G Z P O I E F C I S N U Q  
 P C E L E B R A T I O N S N M C G N S L  
 D T H G I E H C R A M S T O O N K U C K  
 B N D R O C D K D I O X N J B R U A Z L  
 A K L J Q E Y Y U C Q O C D J Q F L Y X  
 N L P G V V M U I V C X J J S O M Y Q E  
 X A R Q B O D A R E U N N P A Z T F I T  
 V E F E K L L Z H P J S U J L M N E L Q

ACHIEVEMENTS	ANNUAL	APPRECIATION
CELEBRATIONS	CULTURAL	ECONOMIC
EQUAL	GENDER	HUMANRIGHTS
INTERNATIONAL	IWD	LOVE
MARCH EIGHT	POLITICAL	PURPLE RIBBONS
RESPECT	SOCIAL	WOMENSDAY
ONE NINE ZERO NINE		

HERE'S TO STRONG WOMEN.



MAY WE KNOW THEM. MAY WE BE THEM.  
 MAY WE RAISE THEM.

\* \* \* \* \*

### MINI CROSSWORD ANSWERS

O	B	S	C	U	R	E
U	T	P	N			
T	R	A	N	S	I	T
C	D	T	R			
A	G	I	T	A	T	E
S	U	G	A			
T	E	M	P	E	S	T

I	N	V	E	R	S	E
N	E	O	A			
C	O	N	Q	U	E	R
E	T	T	S			
N	O	U	R	I	S	H
S	R	N	O			
E	V	E	R	E	S	T



Thank you to our sponsor!



**Terri Morrison, Realtor**®  
M.D.P. and Upper Merion Alumni

office 610.280.4050 cell 484.467.0209  
Terri.Morrison@LNF.com  
650 W. Uwchlan Ave. Exton, PA 19425  
[www.longandfoster.com/terrimorrison](http://www.longandfoster.com/terrimorrison)



SPRING IS JUST AROUND  
THE CORNER.

WATCH FOR UPCOMING  
SPECIAL EVENTS AND  
INTERESTING TRIPS.

IT'S GOING TO BE AN  
EXCITING YEAR AT THE  
UPPER MERION SENIOR  
SERVICE CENTER!



**DON'T FORGET TO  
PURCHASE YOUR BIG  
BINGO TICKET AND**

**PLEASE BRING A  
DONATION FOR OUR  
"VETERANS CARE  
PACKAGE BOX"**

**(socks & personal care  
items - toothpaste, soap,  
shampoo, deodorant,  
lotion *(and don't forget  
something for the  
women soldiers!)*)**

LIKE US ON FACEBOOK Hit "control" "right click" on link below

<https://www.facebook.com/umssc.org/>



VISIT OUR WEBSITE: UMSSC.ORG

Note:  
Information submitted following publication of this newsletter will be posted on the UMSSC Bulletin Boards, website and Facebook. Also listed on UMGA-TV (Comcast Channel 22 or Verizon FiOS Channel 33)  
Visit the Center's web site at: [www.umssc.org](http://www.umssc.org)

UM RAMBLER  
Free service to UM Township Seniors (Visit GVF Transportation for pass)  
You can ride back and forth to the Center, the Malls, and other destinations!

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OUR GOALS

- ◆ INCREASE MEMBERSHIP. WORK TO INCREASE FUNDING FOR OPERATIONAL SUPPORT. INVESTIGATE NEW SOURCES OF FUNDING IN COOPERATION WITH LOCAL BUSINESSES AND GOVERNMENT AGENCIES
- ◆ CONTINUE THE DEVELOPMENT OF INNOVATIVE PROGRAMMING
- ◆ MAINTAIN OUR WORKING PARTNERSHIP WITH THE UPPER MERION AREA SCHOOL DISTRICT AND UPPER MERION TOWNSHIP
- ◆ EXPLORE THE POTENTIAL FOR NEW OPPORTUNITIES FOR SERVICES
- ◆ SEARCH FOR EDUCATIONAL OPPORTUNITIES FOR MEMBERS AS PART OF OUR LIFELONG LEARNING EFFORTS
- ◆ HELP MEMBERS REMAIN HEALTHY AND ACTIVE THROUGH PARTICIPATION IN RECREATIONAL, EDUCATIONAL AND LEISURELY ACTIVITIES

CALL FOR VOLUNTEERS

Are you interested in volunteering at the Senior Center? Here is a chance to get involved with your organization. Many events require some extra hands to run successfully and we look to our membership to help out. We would especially like to see our newer members volunteer at the Senior Center. If you do have the time to volunteer please give your name to Dick McCann, Shirley Robey or Peggy Ford in the office.

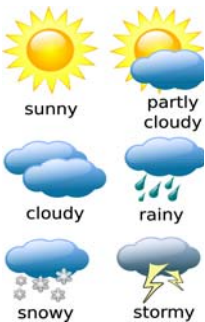
PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

We are always collecting children's books for the Bridgeport Elementary School children (grades K-4<sup>th</sup>). *Our book donations are a big hit with the kids because they get to keep the books they pick. Let's keep it going! When donating books please be sure that they are in good condition.*

PROJECT LINUS – ONGOING

The "Hearts and Hands" ladies group at Good Shepherd's Church collect knitted and crocheted squares for blankets provided to children who are seriously ill or traumatized. Joan Banas collects the squares on behalf of the church. Our members can participate by knitting squares. Yarn and patterns are on a table near the lobby. Many thanks to our knitters and keep up the good work!

**INCLEMENT WEATHER & SENIOR CENTER CLOSINGS:**  
CALL SENIOR CENTER FIRST AFTER 7:30 AM (610-265-4715) AND LISTEN TO VOICE MAIL RECORDING



**CELEBRATE THE PEACE CORP MARCH 1**

On this day in 1961, U.S. President John F. Kennedy issued Executive Order 10924 establishing the Peace Corps. the Peace Corps was established to send an "army" of civilian volunteers to underdeveloped countries, assisting in a wide variety of ways. The official mission of the Peace Corps is to provide social and economic development abroad through technical assistance, while promoting mutual understanding between Americans and populations served.



**NATIONAL ANTHEM DAY MARCH 3**

Francis Scott Key wrote the lyrics on September 14, 1814, during the Battle of Fort McHenry in the War of 1812. 100 years later, the Star Spangled Banner became our national anthem. On March 3, 1931, President Herbert Hoover signed a congressional resolution officially making "The Star Spangled Banner" the national anthem of the United States of America. On this special day, proudly fly the USA flag.



**FREEDOM OF INFORMATION DAY - MARCH 16**

Freedom of Information Day celebrates and recognizes a valuable concept in the American Bill of Rights. March 16th is the birth date of James Madison, the 4th president of the United States of America. James Madison is recognized as the "Father of the Constitution", and the chief author of the "Bill of Rights". Freedom of information and individual rights was very important to James Madison. The Freedom of Information Act was passed into law in 1966. It opened up a wealth of information to American citizens. James Madison would be very pleased!

OFFICERS:

- President**  
Dick McCann
- Vice President**  
Tony Balsano
- Secretary**  
Pat Clifton
- Treasurer**  
Sharon Brzoska

BOARD

DIRECTORS:

- Jane Burger
- Jeanne Green
- Tom Harrington
- Cass Hostler
- Joe Liebreich
- Howard Rosenblum
- Joan Shaw

HONORARY

MEMBERS:

- Constance Williams
- Ron Wagenmann

POSTHUMOUS

HONORARY

MEMBERS:

- Harry J. (Buddy) Bailey
- Mary F. McCree
- Mary Meere
- Arthur Powell

STAFF:

- Executive Assistant**  
Shirley Robey
- Admin. Assistant**  
Peggy Ford
- Receptionist**  
Beth Cassidy

"BEST OF TIMES"

EDITORS:

- Shirley Robey
- Peggy Ford

