

The Best of Times



MARCH 2022



UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD

KING OF PRUSSIA, PA 19406

TELE: 610-265-4715

On the web at www.umssc.org



<https://www.facebook.com/umssc.org/>

Greetings Fellow Members,

The Senior Center offers a variety of activities to enjoy such as exercise classes, computer club, card games, discussion groups, bingo, and special events. Several of our activities are also offered via ZOOM. If you would like to participate in a zoom activity call the Senior Center and provide your email address to get on the list and receive the Zoom Link. *If there is an activity not listed that you would enjoy doing at the Senior Center, please let us know.*

New and renewal Memberships for 2022 are being accepted. Annual dues are \$20.00. Please complete a membership form available at the Center or on our website and return with your payment by mail or in person to the Senior Center. *Join or renew now so that you can receive your monthly newsletter and participate in your favorite activities!* Proof of vaccination and a mask mandate are still being enforced at the Senior Center.

*We are delighted that our first trip since the pandemic has received such a great response and has sold out. Please be aware however, that in order to get on the bus you must have provided verification of vaccination when you registered and paid. **Important note: If you have not provided your proof of vaccination you must do so before April 6.** We will accept scanned or emailed copies (to admin@umssc.org) or bring it in person. **Proof of vaccination is required for all or they will not be permitted on the bus.** If anyone is not sure their vaccination status has been verified, please contact the office. Also, don't forget your mask!*

It's that time of the year again folks when the weather is unpredictable. If it doesn't look good outside (snowing or freezing rain) and you planned to visit the Senior Center, *please, for your own safety, call first and check. The voice mail will indicate if we are closed.*

If you have any questions, concerns or suggestions, please feel free to call me, Dick McCann (UMSSC President), at 610-416-7431 or email rtmboater@aol.com. *As always, I will be happy to hear from you.*

Dick McCann, President

KEEPING OUR MEMBERS INFORMED

Please refer to the monthly calendar for all MARCH activities. Contact anyone in the office if you have questions. For activities conducted or available on Zoom you must call the office and provide your email address to receive the zoom link.

GENERAL MEETING (2nd Wednesday of the month): MARCH 9 at 9:30 AM. You can watch on UMGA TV (Comcast 22/Verizon 33). The meetings are aired on Thursday's at 6:00 PM and repeat the following day at 10:00 AM. The URL to use to go directly to the General Meeting video is <https://vimeo.com/channels/891501>.

BASIC COMPUTER CLASS: Sangeetha will be at the center every 1st and 3rd WEDNESDAY of the month @ 11:00 AM (MARCH 2 and 16). Sign-up sheet is in the lobby.

NEW - MEXICAN TRAIN (DOMINOS): MONDAYS at 12:30 (STARTING MARCH 7) in the Game Room. We are excited to offer this new, fun activity. Come join in.

BLOOD PRESSURE CHECK: THURSDAY MARCH 10 at 9:30 AM-12:00 PM. Main Line Health Nurse provides blood pressure checks (*once a month*).

MONDAY MATINEES: MONDAY, MARCH 14: **"A Beautiful Day in the Neighborhood" starring Tom Hanks.** Lloyd Vogel is an investigative journalist who receives an assignment to profile Fred Rogers, aka Mr. Rogers. He approaches the interview

MARCH 2022



HAPPY SPRING!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9-11 WALK THE TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE (SUSPENDED)	2 10:00 BOARD MEETING 11:00 COMPUTER BASICS 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 1:00 LINE DANCING <i>ASH WEDNESDAY</i>	3 9-11 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS	4 10:30 SING-A-LONG	5
6	7 10:30 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN	8 9-11 WALK THE TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE (SUSPENDED)	9 9:30 GENERAL MEETING 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 1:00 LINE DANCING	10 9-11 WALK THE TRACK 9:30-12 NURSE 10:15 BINGO 11:30 FUN & FITNESS	11 10:30 SING-A-LONG	12 TURN CLOCKS AHEAD
13 <i>DAYLIGHT SAVINGS TIME BEGINS</i>	14 10:30 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "A BEAUTIFUL DAY IN THE NEIGHBORHOOD" 12:30 MEXICAN TRAIN	15 9-11 WALK THE TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE (SUSPENDED)	16 11:00 COMPUTER BASICS 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 1:00 LINE DANCING	17 9-11 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS 	18 10:30 SING-A-LONG	19
920 <i>FIRST DAY OF SPRING</i> 	21 10:30 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN 1:00 BOOK TALK (ALSO ON ZOOM)	22 9-11 WALK THE TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE (SUSPENDED) 1:00 QUILTING	23 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 1:00 LINE DANCING	24 9-11 WALK THE TRACK 11:00 EXCURSION TO EASTERN STATE PENITENTIARY 10:15 BINGO 11:30 FUN & FITNESS	25 10:30 SING-A-LONG	26
27	28 10:30 CURRENT EVENTS (ALSO ON ZOOM) 12:30 MEXICAN TRAIN	29 9-11 WALK THE TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE (SUSPENDED)	30 12:00 NEIGHBOR TO NEIGHBOR ON ZOOM 12:30 CANASTA 1:00 LINE DANCING	31 9-11 WALK THE TRACK 10:15 BINGO 11:30 FUN & FITNESS		



with skepticism, as he finds it hard to believe that anyone can have such a good nature. But Roger's empathy, kindness and decency soon chips away at Vogel's jaded outlook on life, forcing the reporter to reconcile with his own painful past. Order cheese pizza in advance (2 slices, soda and dessert for \$5.00) or brown bag your own lunch. We eat at 11:30 A.M. and movie starts at 12:00 P.M.

BOOK TALK: MONDAY, MARCH 21 at 1:00 PM in the Library/Lounge (in person or via zoom). Book selection is "Afterlife" by Julila Alvarez. It's about a recently retired widow who is asked to help an undocumented couple. This book is available at the UM Library.

NEIGHBOR TO NEIGHBOR: EVERY WEDNESDAY at 12:00 PM-12:30 PM. **A zoom-only meeting** hosted by John Desko. Members meet virtually for casual chat. Provide your contact information to the office to receive the zoom link.

NEW QUILTING: Quilters will meet on the 4th Tuesday of the month (March 22) at 1:00 PM in the Craft Room. Questions? Contact Ethel Hutchinson 610-265-6495 or Hutchinson.ethel63@gmail.com.

LIKE TO PLAY GAMES? C'MON IN AND BRING FRIENDS!

The Senior Center has a large and varied collection of board games. Bring yourself and some friends in to the game room and have some fun. Make arrangements with staff for availability of time and space. **DO YOU PLAY POKER:** Senior Center is looking for members to play poker. Sign the interest sheet in the lobby or call the office and let us know if you are interested.

EXCURSION DATES

EASTERN STATE PENITENTIARY THURSDAY, MARCH 24, 2022. Eastern State Penitentiary was once the most famous and expensive prison in the world, but stands today in ruin, a haunting world of crumbling cellblocks and empty guard towers. Its vaulted, sky-lit cells once held many of America's most notorious lawbreakers, including "Slick Willie" Sutton and "Scarface" Al Capone. Lunch near prison at noon followed by guided tour at 2:00 PM. Via carpool. Meet at upper (pool) parking lot depart at 11:00 AM. COST: UMSSC Members: \$15.00. NON-UMSSC Members: \$18.00. **TO SIGN UP YOU MUST COMPLETE A REGISTRATION FORM, SHOW PROOF OF VACCINATION FOR ALL ALONG WITH PAYMENT NO LATER THAN MARCH 10.**

SOLD OUT (WAITLIST ONLY) - DUTCH APPLE DINNER THEATER WITH LUNCH BUFFET: APRIL 6, 2022. Bus trip to see a performance of "Singin' in the Rain". Bus departs from upper pool parking lot at 10:15 AM. **PROOF OF VACCINATION IS REQUIRED FOR ALL or THEY WILL NOT BE PERMITTED ON THE BUS.**

WASHINGTON, DC THURSDAY, MAY 12: This is an "on your own" bus trip. Cost: Members \$30.00 non-Members \$40.00. BUS WILL LEAVE FROM UPPER (POOL) PARKING LOT AT 8:00 AM and LEAVE WASHINGTON AT 3:00 PM. **PAYMENT AND PROOF OF VACCINATION FOR ALL MUST BE PRESENTED WHEN YOU REGISTER - NO EXCEPTIONS.** Deadline to sign up is Monday May 2, 2022.

HAPPY MARCH BIRTHDAYS!

3/1 Beverly Aicher	3/11 Flora Beaver	3/22 Tomiko Marshall
3/2 Joe Maggio	3/11 Louise Cirelli	3/23 Michael Cassidy
3/3 George Krajnik	3/13 Geni Roskos	3/23 George Estock
3/4 Gloria Wolfhope	3/16 Lynn Rubin	3/24 Sue Jain
3/8 Maryann Flack	3/17 Salvatore Morello	3/24 Denise Monacella
3/8 Joan Forster	3/18 Jon Lee	3/25 Dan Eastman
3/8 Linda Vickery	3/19 Harry Kutz	3/28 Barbara Weaver
3/9 Jacqueline Hickman	3/19 Jo Anne Raymond	3/29 Kamal Channi
3/9 Pat Holden	3/19 Leona Ruddy	3/29 Carol Michener
3/10 Aniruddha Das	3/20 Hanna Albini	3/29 Richard Hammond
3/10 Constance Early	3/20 Diane Duda	3/31 Kathleen Rado
3/10 Marita Torphy	3/20 Barbara Mullen	3/31 Julia Taylor

IRS TAX SCAM ALERTS

With the new tax season starting this week, the IRS reminds taxpayers to be aware that criminals continue to make aggressive calls posing as IRS agents in hopes of stealing taxpayer money or personal information. Here are some telltale signs of a tax scam along with actions taxpayers can take if they receive a scam call.

The IRS will never:

- Call to demand immediate payment using a specific payment method such as a prepaid debit card, gift card or wire transfer. Generally, the IRS will first mail a bill to any taxpayer who owes taxes.
- Threaten to immediately bring in local police or other law enforcement groups to have the taxpayer arrested for not paying.
- Demand that taxes be paid without giving taxpayers the opportunity to question or appeal the amount owed.
- Call unexpectedly about a tax refund.

Taxpayers who receive these phone calls should:

- Record the number and then hang up the phone immediately.
- Report the call to TIGTA using their [IRS Impersonation Scam Reporting form](#) or by calling [800-366-4484](tel:800-366-4484).
- Report the number to phishing@irs.gov and be sure to put "IRS Phone Scam" in the subject line.

THANK YOU!

- *Sharon Brzoska* would like to thank Bob DiGiacomo from Chain- Mar Furniture Showcase for his help to the Senior Center. We recently purchased a new piece of furniture for the Lobby. Even though we purchased it from another vendor, Chain Mar Furniture in Norristown offered, free of charge, to accept the shipment, assemble and provide delivery and setup for us. We thank them for their assistance and for saving us a significant cost.
- *Ethel Hutchinson* would like to thank the person who donated several shirts for the Crafters Guild "Clothes Protectors" for veterans.
- *Joan Banas for Hearts & Hands* would like to thank those who helped with Project Linus. Because of our outstanding volunteers, 97 blankets were made and donated.
- *Dick McCann* made a donation to the Senior Center.
- *Suzanne Andrews* made a donation to the Senior Center

UM LIBRARY PROGRAMS FOR MARCH 2022

(Call the library at 610-265-4805 or check www.umtownship.org/library to register for all their programs and for latest updates and online access.)

Basic Computer Class At Senior Center: Sangeetha will be at the Senior Center every 1st and 3rd Wednesday of the month @ 11:00 AM (March 2 and 16). Seniors should check with Ms. Shirley or Ms. Peggy for the sign up instructions.

ZOOM Basic Computer Class: Led by Sangeetha on Thursdays, March 10 and 24 at 11:00 AM. *MUST REGISTER at the library to receive zoom links.*

Winter Reading Program for Seniors: Read, register and review to win great prizes. Feel free to come in person to submit your reviews or check our website to review online.

ESL Class (English as a Second Language Conversation Group): No registration required. The group will meet every Tuesday at 12:00 PM in person in Valley Forge Room. Participants *MUST* wear a mask at all times and social distance will be maintained.

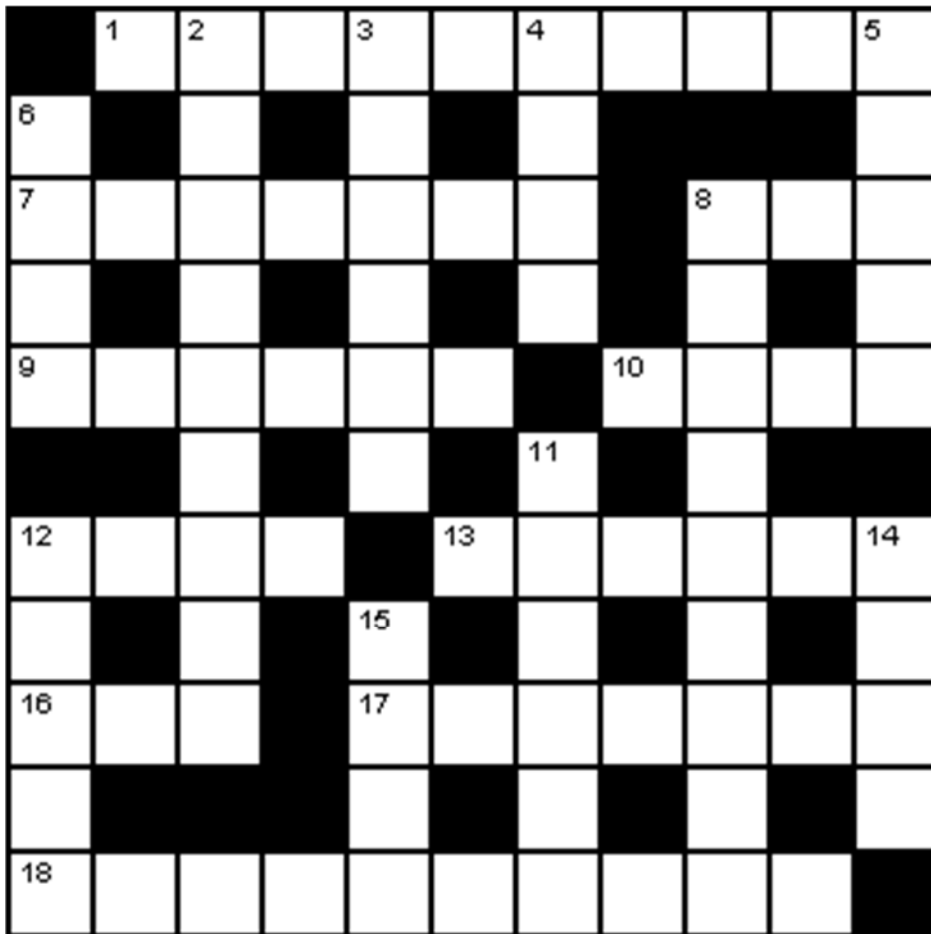
Coloring and Board Game Night: *Resumes in person.* Meets 2nd Monday of month (March 14) at 6:00 PM. Bring your friends and enjoy coloring/playing. Materials will be provided. Walk-ins are welcome.

Knit Nite: *Resumes in person.* Meets every 4th Monday at 6:00 PM (March 28) for veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced knitters are always eager pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

Virtual Career Series: Scheduled for 3rd Monday of month at 6:00 PM (March 21). Please check our online calendar for topics discussed each month. Must register to receive zoom link.

FUN & GAMES

QUICK CROSSWORD (answers on page 8)



ACROSS

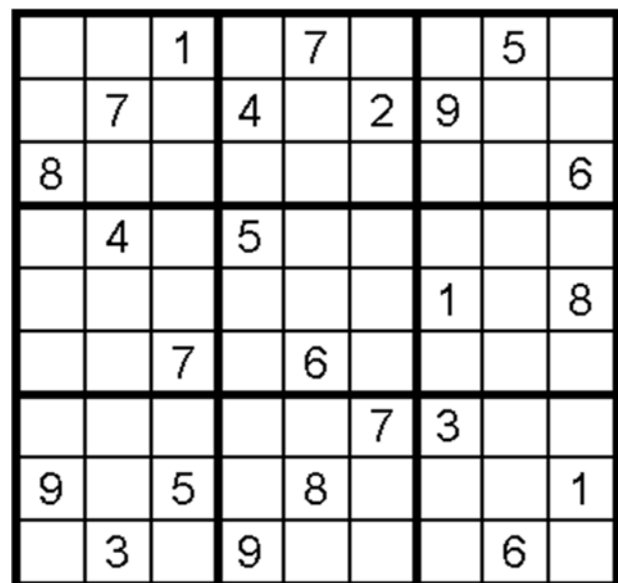
1. Inverse (10)
7. Curt (7)
8. Crib (3)
9. Sentinel (6)
10. Hinge joint (4)
12. Remedy (4)
13. Cask (6)
16. Mythical bird (3)
17. Fishing boat (7)
18. Duty (10)

DOWN

2. Bizarre (9)
3. Disregard (6)
4. Wealthy (4)
5. Nimble (5)
6. Arithmetical operation (4)
8. Lowest female singing voice (9)
11. Empty (6)
12. Freight (5)
14. Entice (4)
15. Male deer (4)

SUDOKU (answers on page 8).

The rules of Sudoku are simple. Place digit from 1 to 9 in each empty cell so every row, every column, and every 3 x 3 box contains the digits 1 to 9.



WORD SEARCH
LORD OF THE RINGS

M	O	O	D	T	N	U	O	M	N	I	P	P	I	P	V	B	V	S
B	N	O	R	U	A	S	Z	V	A	G	L	A	R	O	N	D	A	B
O	I	L	O	G	A	E	D	E	T	T	F	R	O	D	O	R	G	O
M	G	I	M	L	I	V	O	R	H	B	T	W	T	I	U	I	A	R
L	Y	S	M	V	R	W	N	E	Z	H	T	E	U	M	S	O	N	O
E	C	M	U	E	Y	R	O	O	E	O	T	N	A	E	D	K	D	M
G	M	E	G	N	R	D	E	R	I	X	I	N	N	H	L	D	A	I
O	S	A	L	O	E	R	I	D	R	R	M	G	N	T	O	L	L	R
L	N	G	S	N	B	N	Y	V	I	Z	A	Z	P	R	B	V	F	J
A	X	O	C	G	G	L	I	M	E	R	N	D	M	A	M	H	L	O
S	C	L	O	M	T	P	I	I	D	L	T	A	L	E	I	T	U	V
O	A	R	A	G	O	R	N	B	C	C	D	S	D	E	R	E	E	D
E	F	M	G	A	L	A	D	R	I	E	L	G	E	L	G	L	O	H
V	J	A	R	U	D	L	I	S	I	L	M	O	N	D	R	R	M	O
E	A	E	R	I	H	S	E	H	T	E	A	R	E	D	M	O	E	B
R	P	V	V	A	M	R	X	Y	E	B	D	B	T	I	S	N	R	B
A	B	P	P	T	M	H	K	J	T	O	R	A	H	M	T	D	E	I
R	B	N	G	W	O	I	B	M	N	R	I	G	O	V	G	V	X	T
D	R	A	E	B	E	E	R	T	N	N	L	N	R	Q	L	V	S	M

AGLAROND, ARAGORN, ARWEN, BILBO, BOROMIR, CELEBORN,
DAMROD, DEAGOL, DENETHOR, ELДАРION, ELROND, EOMER,
EOWYN, EVERARD, FARAMIR, FRODO, GALADRIEL, GANDALF,
GIMLI, GORBAG, GRIMBOLD, HOBBIT, ISENGARD, ISILDUR,
LEGOLAS, MADRIL, MERRY, MIDDLE EARTH, MOUNT DOOM,
PIPPIN, SAM, SARUMAN, SAURON, SMEAGOL, STRIDER,
THE RING, THE SHIRE, THEODEN, TREEBEARD.

JUST FOR LAUGHS

PLAY ON WORDS

- Venison for dinner again? Oh deer!
- I used to be a banker, but then I lost interest.
- Haunted French pancakes give me the crepes.
- England has no kidney bank, but it does have a Liverpool.
- I tried to catch some fog, but I mist.
- I thought I had type-A blood, but it was a Typo.
- I changed my iPod's name to Titanic. It's syncing now.
- Jokes about German sausages are the wurst.
- I know a guy who's addicted to brake fluid, but he says he can stop any time.
- I stayed up all night to see where the sun went, and then it dawned on me.
- I'm reading a book about anti-gravity. I just can't put it down.
- I did a theatrical performance about puns. It was a play on words.
- I didn't like my beard at first. Then it grew on me.
- When you get a bladder infection, urine trouble.
- Broken pencils are pointless.
- What do you call a dinosaur with an extensive vocabulary? Thesaurus.
- All the toilets in New York's police stations have been stolen. The police have nothing to go on.
- I got a job at a bakery because I kneaded dough.
- Velcro - what a rip off!



Be loving and kind, have fun and celebrate.

Stay safe and keep others safe. Remember this. There are good ships and there are wood ships, the ships that sail the sea.

But the best ships are friendships and may they ever be.

Wishing you a Happy St. Patrick's Day!



GRACIAS! THANKS! DANKE! MERCI!

★Special thanks to **SALVATORE'S TRATTORIA & PIZZERIA** for Friday Flicks pizza! ★Thank you to the **UPPER MERION TOWNSHIP LIBRARY** for all they do for the Senior Center including large print books and Monday Matinee movies. Thank you to **COSTCO** for gift cards.



CROSSWORD ANSWERS

	R	E	C	I	P	R	O	C	A	L	
P		C		G		I					I
L	A	C	O	N	I	C			C	O	T
U		E		O		H			O		H
S	E	N	T	R	Y		K	N	E	E	
		T		E		V		T			
C	U	R	E			B	A	R	R	E	L
A		I		S		C		A			U
R	O	C			T	R	A	W	L	E	R
G				A		N					E
O	B	L	I	G	A	T	I	O	N		

SUDOKU ANSWERS

3	9	1	8	7	6	2	5	4
5	7	6	4	1	2	9	8	3
8	2	4	3	9	5	7	1	6
1	4	9	5	3	8	6	2	7
6	5	3	7	2	9	1	4	8
2	8	7	1	6	4	5	3	9
4	1	8	6	5	7	3	9	2
9	6	5	2	8	3	4	7	1
7	3	2	9	4	1	8	6	5