

The Best of Times

DECEMBER 2022



UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD

KING OF PRUSSIA, PA 19406

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On the web at www.umssc.org



<https://www.facebook.com/umssc.org/>

Season's Greetings Fellow Members,

As I retire from being your President, I am comforted by how our UMSSC is not dependent on any one person for actions. I appreciate all of our members who over the years have shared their opinions, have volunteered for so many activities and continue to support the Senior Center. We have been fortunate to have members on our board who have assisted in the direction of many issues that come up. Our office staff Shirley, Peggy, and Beth who, on a regular basis, contribute so much for our members. We have also been fortunate to have consistent support from our township supervisors.

I wish our next board much success. I will continue to be a member of UMSSC and look forward to seeing you at the center and enjoying the many activities offered.

I have enjoyed my time serving on the board and am grateful for the experience. I will miss the interaction with my fellow board members and of course the UMSSC members. Happy holidays and best wishes for 2023.

Dick McCann, President

NEWS AROUND THE CENTER

SAVE THE DATE: On December 7 we will celebrate the upcoming holidays with a catered buffet holiday party at the Senior Center. We are all looking forward to being together and having a wonderful time!

MEMBERSHIP RENEWALS: We are now collecting dues for 2023. Dues are still only \$20.00. Renewal forms are available at the Center or on our website.

CLOSED FOR THE HOLIDAYS: The Senior Center will be closed for the Christmas and New Years' Holiday from Friday December 23 through Friday, December 30. We reopen on Monday, January 2, 2023.

2023 ELECTIONS

At the December 14 General Meeting, we will be electing members for President, Vice President, Secretary and Treasurer (one year terms), plus members for the Board of Directors (three year terms). The last day for members to return absentee ballots in person to the office is by 3:00 PM on Monday, December 12. All absentee ballots whether mailed or presented in person must be received by this date and time. *Please give this important election some thought. The slate of nominations for 2023 to date is as follows:*

President: Sharon Brzoska

Vice President: Cindy Eastman

Treasurer: Tom Harrington

Secretary: Helen Currykosky

Board Member: Anthony Balsano

Board Member: Laretta Zimmer

Board Member: Leonard DeBose



2022

Happy Holidays

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS	2 10:30 SING-A-LONG	3
4	5 10:30 CURRENT EVENTS (ALSO ON ZOOM)	6 9-11 WALK TRACK 11:00 BOARD MEETING 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE <i>(Cancelled for today)</i>	7 UMSSC HOLIDAY PARTY 12:00-2:30  (ALL ACTIVITIES CANCELLED)	8 9-11 WALK TRACK 9:30-12 NURSE 10:15 BINGO 11:30 FUN & FITNESS 12:30 BAND PRACTICE	9 10:30 SING-A-LONG	10
11	12 10:30 CURRENT EVENTS (ALSO ON ZOOM) 11:30 MONDAY MATINEE "CHRISTMAS WITH THE KRANKS"	13 9-11 WALK TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	14 11:00 GENERAL MEETING and ELECTIONS 12:00 NEIGHBOR TO NEIGHBOR (ZOOM) 12:30 CANASTA 12:30 LINE DANCING	15 9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS	16 10:30 SING-A-LONG	17
18 	19 10:30 CURRENT EVENTS (ALSO ON ZOOM) 1:00 BOOK TALK (ALSO ON ZOOM)	20 9-11 WALK TRACK 11:30 FUN & FITNESS 12:30 PINOCHLE 12:30 BAND PRACTICE	21 11:00 COMPUTER BASICS 12:00 NEIGHBOR TO NEIGHBOR (ZOOM) 12:30 CANASTA 12:30 LINE DANCING <i>WINTER BEGINS</i>	22 9-11 WALK TRACK 10:15 BINGO 11:30 FUN & FITNESS	23 SENIOR CENTER CLOSED FOR THE HOLIDAYS	24 CHRISTMAS EVE
25 	26 SENIOR CENTER CLOSED FOR THE HOLIDAYS KWANZAA	27 SENIOR CENTER CLOSED FOR THE HOLIDAYS	28 SENIOR CENTER CLOSED FOR THE HOLIDAYS	29 SENIOR CENTER CLOSED FOR THE HOLIDAYS	30 SENIOR CENTER CLOSED FOR THE HOLIDAYS	31 

ACTIVITIES

Please refer to the monthly calendar for all DECEMBER activities. Contact anyone in the office if you have questions. For activities conducted or available on Zoom you must call the office and provide your email address to receive the zoom link. *Proof of vaccination is still required to enter the Senior Center; however, masks are optional.*

IMPORTANT NOTE CURRENT EVENTS: Starting in January the start time will change to 11:00 AM.

BAND: *Band practice on Tuesday, Dec. 6 has been re-scheduled for Thursday, Dec. 8.* **LOOKING FOR A FEW GOOD MUSICIANS:** The UMSSC Band is looking for a drummer and saxophone or trumpet player. If you are interested, stop by on Tuesdays at 12:30 to speak with band leader and instructor, Ed Hickman.

COMPUTER BASICS: Sangeetha will be at the Center every 1st and 3rd WEDNESDAY of the month @ 11:00 AM. (*Only one class this month on Dec. 21*). Meet in the Computer Room.

GENERAL MEETING: Second Wednesday of the month (December 14) AT 11:00 AM. **ELECTION OF NEW OFFICERS AND BOARD MEMBERS.**

MONDAY MATINEE: Monday, December 12. Lunch at 11:30 AM and Movie at 12:00 PM. Movie selection is "CHRISTMAS WITH THE KRANKS" a holiday comedy film starring Jamie Lee Curtis and Tim Allen. It is based on the 2001 novel "Skipping Christmas" by John Grisham.

BOOK TALK: Third Monday of the month (December 19) at 1:00 PM. Book selection is "The Personal Librarian" by Marie Benedict.

TENTATIVE EXCURSION DATES 2023

**PAYMENT & PROOF OF VACCINATION FOR ALL TRIPS
MUST BE PRESENTED WHEN YOU REGISTER FOR ANY TRIP.**

CLASSIC AUTO MALL MORGANTOWN: THURSDAY MARCH 23: Via car pool. Lunch at Shady Maple.

NORTHVIEW GARDEN IN MAPLE GLEN: THURSDAY APRIL 20. Via car pool. Tour of private garden.

MURAL ARTS TROLLEY TOUR: THURSDAY, MAY 25. Tour through city to view murals.

MUTTER MUSEUM: THURSDAY, JUNE 15. Via car pool. Medical museum in Center City.

DUTCH APPLE DINNER THEATER: FRIDAY, NOVEMBER 17. "A Christmas Carol".

HAPPY DECEMBER BIRTHDAYS!

12/1 Michael Contos	12/14 John Desko	12/25 Lucy Damiani
12/1 Robert Crooks	12/16 Clarissa Fullam	12/25 Lawrence Willinger
12/2 Richard McCann	12/16 Richard Meckley	12/26 Thomas Finley
12/3 Ethel Hutchinson	12/17 Joseph Liebreich	12/27 Paul Puskar
12/7 Joan Holmes	12/19 Albert Hill	12/27 Zee Raiser
12/7 Penny Rudolph	12/20 Marianne Infante	12/27 Janet Ward
12/8 Geraldine Fontaine	12/21 Douglas Dooley	12/28 Selma Felman
12/11 Angie Williamson	12/21 Donald McCree	12/28 Alireza Hoorfar
12/11 Shirley Weaver	12/22 Joan Madel	12/29 Nancy Kiniry
12/12 Mary Storti	12/24 Patrick David	12/30 Harry McCullough
12/13 Diana Dadachanji	12/24 Shirley Eichelberger	

UM LIBRARY PROGRAMS FOR DECEMBER 2022

LIBRARY CLOSES EARLY ON THURSDAY, DECEMBER 22 AT 3 PM.

**LIBRARY IS CLOSED ON FRIDAY, DECEMBER 23 THROUGH MONDAY, DECEMBER 26 FOR CHRISTMAS
AND SATURDAY, DECEMBER 31 FOR NEW YEAR'S EVE**

(Call the library at 610-265-4805 or check www.umtownship.org/library to register for all their programs and for latest updates and online access.)

ZOOM BASIC COMPUTER CLASS: Sangeetha will lead class on Dec. 8 and 22 at 11:00 AM. *Must register at the library to register to receive zoom links.*

TECH NIGHT: Resumes in person. One on one tech help session meets first Monday of every month at 6:30 PM (Dec. 5). Bring your tablet/iPad/digital phone to get all your digital questions answered and learn to download books, magazines, audio books, and watch TV shows for free. *Must register to attend.*

De-Stress December Series: Make your own Bangles/Bracelet on Monday, December 5 at 6:30 PM. As a part of our De-stress December Series, learn how to make your own bracelet/bangles from the expert. Materials will be provided. Must register. There is will be showcase of Deepti's handmade Jewelries as well!

De-Stress December Series: Meditation Workshop - Falun Dafa Meditation on Tuesday, December 6 at 6:30 PM. Discover the power of self-cultivation. Learn what keeps tens of millions around the world happy, healthy, and energized. Falun Dafa, also known as Falun Gong, is a traditional Chinese mind-body practice that consists of five easy-to-learn exercises and meditation and is guided by the principles of Truthfulness ,Compassion , and Forbearance It is free to learn and is practiced by people from all walks of life in over 130 countries worldwide.

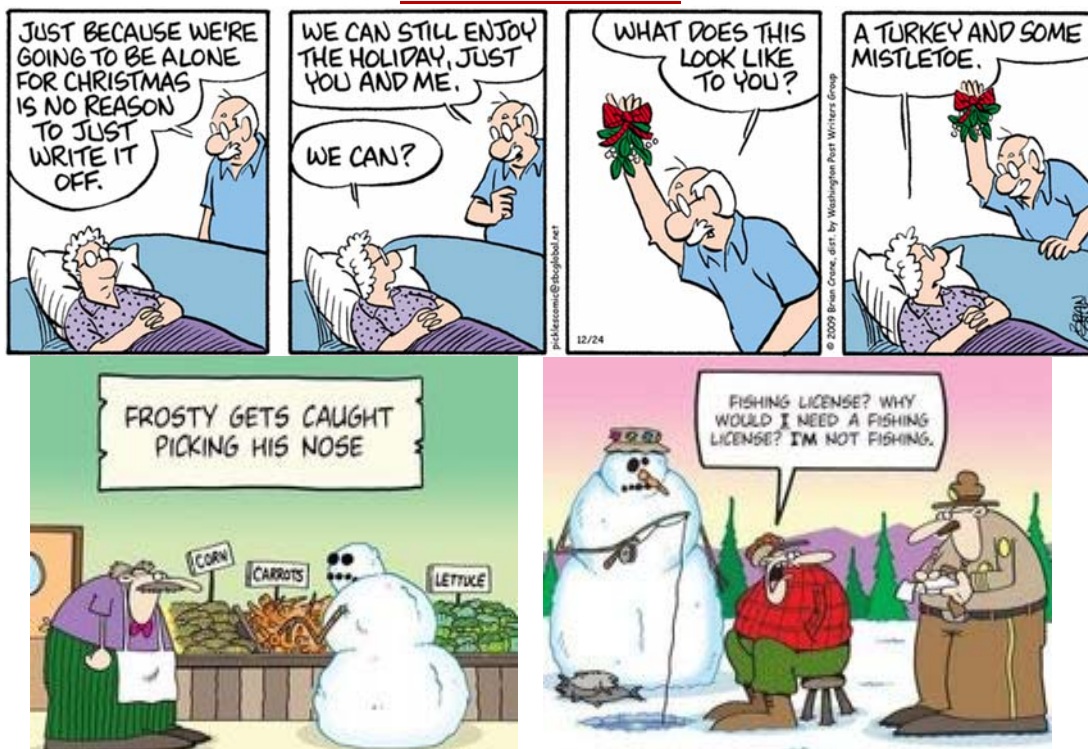
ESL CLASS (English as a Second Language Conversation Group): No registration required. Group meets in person every Tuesday at 12:00 PM in Valley Forge Room. Participants **MUST** wear a mask at all times and social distance will be maintained.

"The Deadly Silence" Book Talk by author Hisham Mohammed on Monday, December 12 at 6:30 pm. Meet and greet our local author Hisham Mohammed and get to know more about his book. Signed copy of the book "The Deadly Silence" will be available for purchase.**COLORING AND BOARD GAME NIGHT:** Second Monday of every month (Dec. 12) at 6:00 PM. Bring your friends and enjoy coloring/playing. Materials provided. Walk-ins welcome.

VIRTUAL CAREER SERIES: Scheduled for 3rd Monday of month (Dec. 19) at 6:00 PM. Please check our online calendar for topics to be discussed each month. *Must register to receive zoom link.*

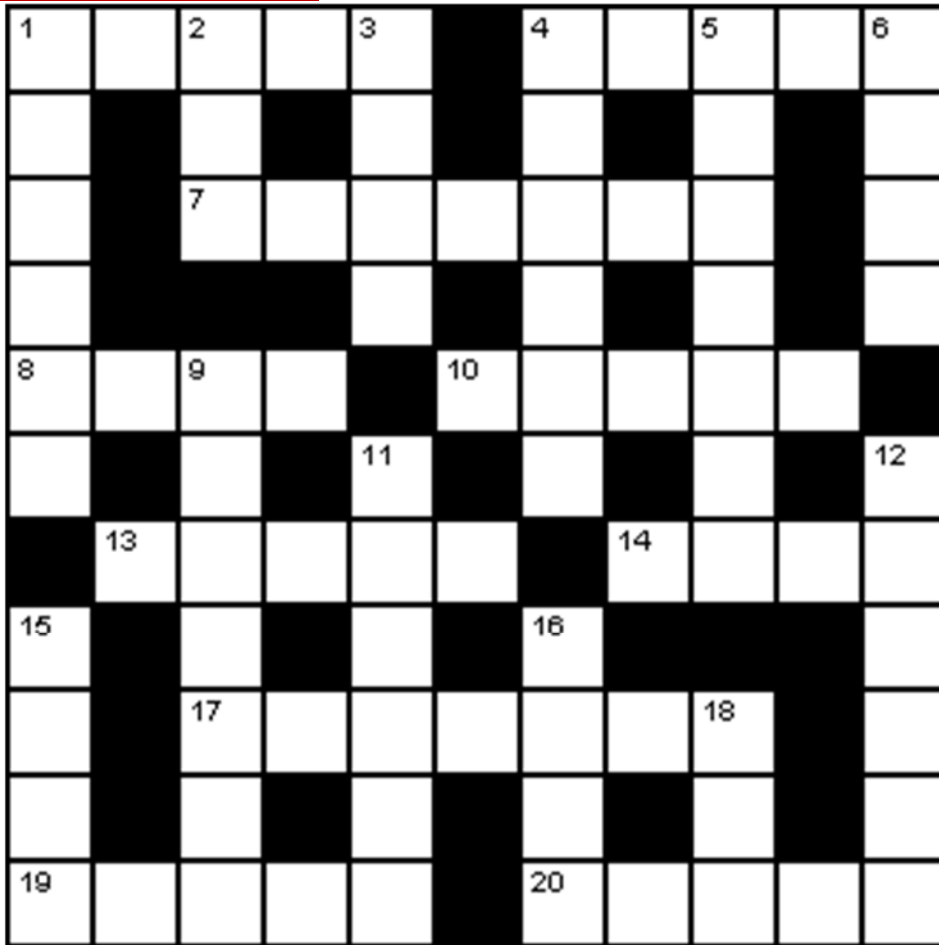
KNIT NITE: **NO KNIT NITE IN DECEMBER.** Resumes in person. The group meets 4th Monday of the month at 6:00 PM. From veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced knitters are always eager pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

JUST FOR LAUGHS



FUN AND GAMES

QUICK CROSSWORD (answers on page 8)



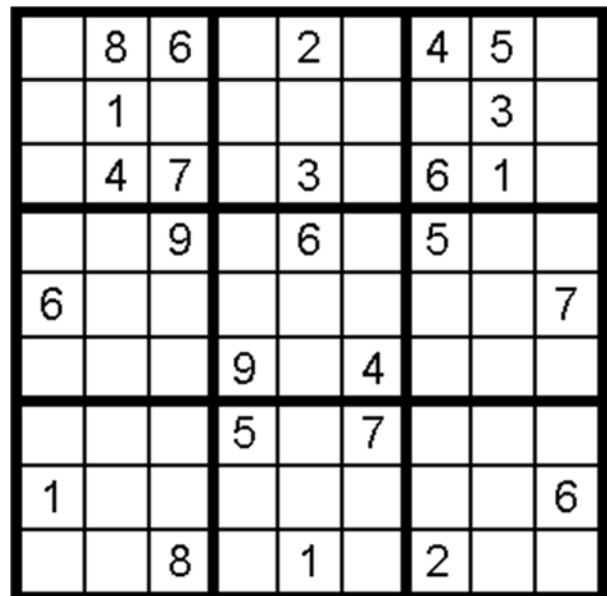
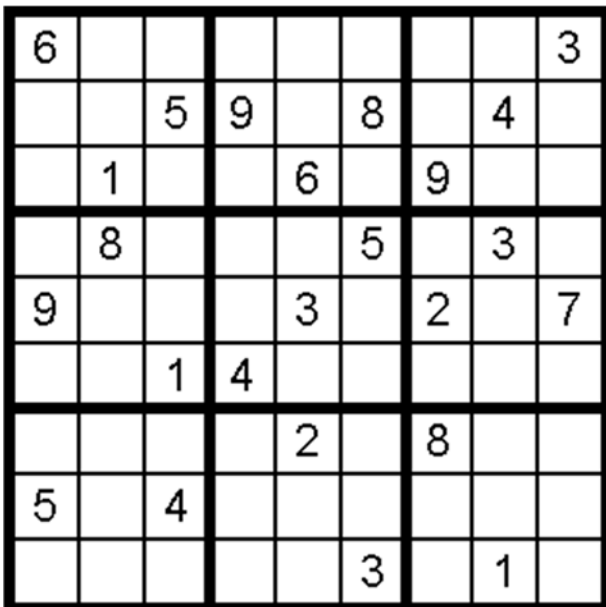
Across

- 1. Obscure (5)
- 4. Nimble (5)
- 7. Monumental (7)
- 8. Fencing sword (4)
- 10. Test (5)
- 13. Woodwind instrument (5)
- 14. Celestial body (4)
- 17. Innovator (7)
- 19. Carapace (5)
- 20. Raucous (5)

Down

- 1. Smooth fabric (6)
- 2. Precious stone (3)
- 3. Simple (4)
- 4. Bee house (6)
- 5. Imprecise (7)
- 6. Reverberation (4)
- 9. Oval (7)
- 11. Saunter (6)
- 12. Blood vessel (6)
- 15. Optical device (4)
- 16. Ursine mammal (4)
- 18. Uncooked (3)

SUDOKU (answers on page 8). The rules of Sudoku are simple. Place digit from 1 to 9 in each empty cell so every row, every column, and every 3 x 3 box contains the digits 1 to 9.



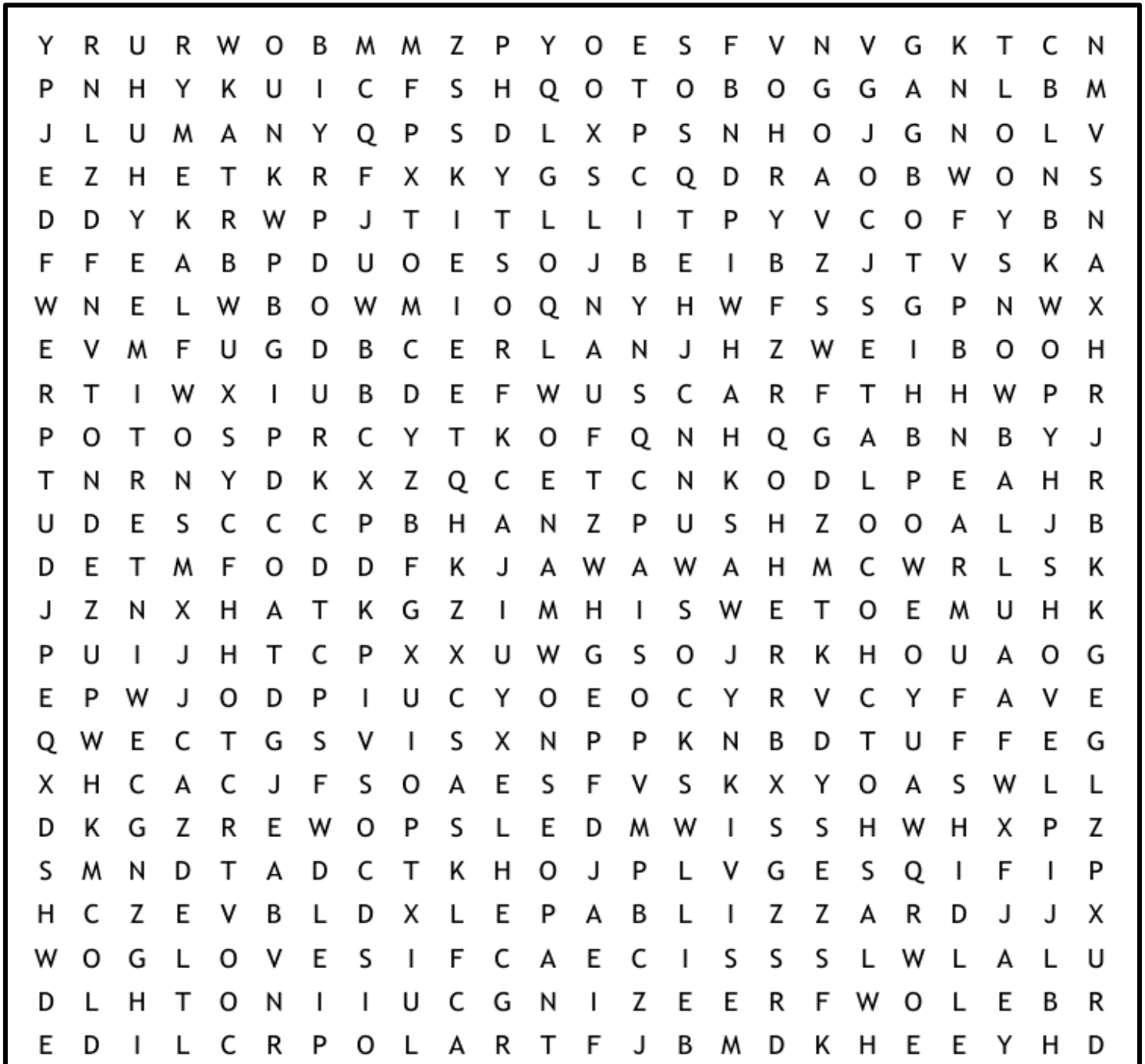
WORD SEARCH

KEEP IN TOUCH



ACKNOWLEDGE, ADDRESS, ANSWER, CALL, CHAT, COMMUNE,
COMMUNICATE, CONTACT, CONVERSE, CONVEY, DELIVER,
DISCOURSE, DISPLAY, ENQUIRE, EXCHANGE, GESTURE,
GOSSIP, GREET, HEAR, IMPART, INFORM, INTERACT, LETTER,
LISTEN, MESSAGE, ORATE, PHONE, PONTIFICATE, QUESTION,
RENDER, REQUEST, SHOW, SIGN, SPEAK, TALK, TOUCH,
TRANSFER, TRANSMIT, UTTER, WRITE.

WORD SEARCH
DAY IN THE SNOW



BELOW FREEZING
EARMUFFS
ICE
POWER
SLED
SNOWMAN

BLIZZARD
GLOVES
JACKFROST
SCARF
SNOWBALL
SOCKS

COAT
HAT
LONGJOHNS
SHOVEL
SNOWBOARD
TOBAGGAN

COLD
HOT CHOCOLATE
POLAR
SKI
SNOWFLAKE
WINTER TIME

Be loving and kind, have fun and celebrate. Stay safe and keep others safe. Happy holidays!



GRACIAS! THANKS! DANKE! MERCI!

★Special thanks to **SALVATORE'S TRATTORIA & PIZZERIA** for delicious Monday Matinee pizza!
 ★Thank you to the **UPPER MERION TOWNSHIP LIBRARY** for all they do for the Senior Center including large print books and Monday Matinee movies. Thank you to **COSTCO** for gift cards.



CROSSWORD ANSWERS

V	A	G	U	E		A	G	I	L	E
E		E		A		P		N		C
L		M	A	S	S	I	V	E		H
V			Y		A		X			O
E	P	E	E		T	R	I	A	L	
T		L		S	Y		C			A
	F	L	U	T	E		S	T	A	R
L		I		R		B				T
E		P	I	O	N	E	E	R		E
N		S		L		A		A		R
S	H	E	L	L		R	O	W	D	Y

SUDOKU ANSWERS

6	9	7	2	5	4	1	8	3
2	3	5	9	1	8	7	4	6
4	1	8	3	6	7	9	2	5
7	8	2	6	9	5	4	3	1
9	4	6	8	3	1	2	5	7
3	5	1	4	7	2	6	9	8
1	7	3	5	2	9	8	6	4
5	2	4	1	8	6	3	7	9
8	6	9	7	4	3	5	1	2

3	8	6	7	2	1	4	5	9
2	1	5	6	4	9	7	3	8
9	4	7	8	3	5	6	1	2
8	7	9	1	6	3	5	2	4
6	3	4	2	5	8	1	9	7
5	2	1	9	7	4	8	6	3
4	6	2	5	9	7	3	8	1
1	5	3	4	8	2	9	7	6
7	9	8	3	1	6	2	4	5