

# "The Best of Times"



# DECEMBER 2019

## UPPER MERION SENIOR SERVICE CENTER

431 W. VALLEY FORGE ROAD  
KING OF PRUSSIA, PA 19406  
TELE: 610-265-4715

on the web at [www.umssc.org](http://www.umssc.org)



<https://b.facebook.com/umssc.org/>

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### ANNOUNCEMENTS

**NOTE: CUT-OFF DATE FOR SUBMISSION OF INFORMATION FOR THE JANUARY NEWSLETTER IS FRIDAY, DECEMBER 13 - NO EXCEPTIONS.**

\* \* \* \* \*

**THE SENIOR CENTER WILL BE CLOSED ON THE FOLLOWING DATES:**

**WE ARE CLOSED MONDAY, DECEMBER 9 FOR THE HOLIDAY PARTY AND FROM MONDAY, DECEMBER 23 THRU WEDNESDAY JANUARY 1 FOR THE HOLIDAYS. WE RE-OPEN ON THURSDAY, JANUARY 2.**

\* \* \* \* \*

**To see the monthly UMSSC "General Meeting" on your device do the following:**

1. Open your browser
2. Enter [vimeo.com/channels/891501](https://vimeo.com/channels/891501)
3. Select "Videos in Senior Shows"
4. Click on the meeting you want to watch
5. You'll see the member's name drawn in the "Jackpot" game.

### HOLIDAY PARTY



**MONDAY, DECEMBER 9 FROM 11:00 AM TO 2:00 PM IN THE PARKVIEW ROOM OF THE VALLEY FORGE CASINO RESORT.** Cost: \$30.00 UMSSC MEMBERS AND \$35.00 NON-MEMBERS. The menu will be a choice of chicken or salmon. Entertainment, Cash Prizes, Door Prizes and a \$10.00 Slot Play compliments of the casino. *Don't forget your photo ID for the casino. CUT OFF DATE TO PURCHASE YOUR TICKET(s) IS MONDAY, NOVEMBER 25.*

### EXCURSION TO LONGWOOD GARDENS

**WEDNESDAY, DECEMBER 4.** Join us on a visit to Longwood Gardens to see the beautiful holiday lights and floral displays. We will travel by carpool, leaving the upper (pool) parking lot at 2:00 PM. We will stay at Longwood until 6:00 PM so we can experience the magic of the gardens after dark. If you like, you can take a break in the café which offers a bounteous buffet. The cost is \$25 for members and \$27 for non-members. *Cut-off date to sign up is Monday, November 25.*


*Upper Merion Senior Service Center (UMSSC) is an equal opportunity institution that will not discriminate on the basis of race, color, religious affiliation, national origin, sex, age, marital status or disabilities in its activities, programs or employment practices.*

# DECEMBER



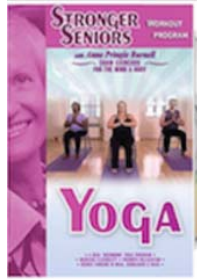
# 2019

**HAPPY KWANZAA!**  
*Merry Christmas*  
 Happy Hanukkah  
*Happy Holidays*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 YOGA	3 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	4 10:00 BOARD MEETING 12:30 CANASTA 12:00 TAI CHI (VIDEO) 1:00 LINE DANCING <b>2:00 EXCURSION TO LONGWOOD GARDENS</b>	5 9-11 WALK TRACK 10:00 FINANCE/INVEST GROUP 10:15 BINGO 11:30 FUN & FITNESS <b>12:30 MLH -EDEMA MANAGEMENT</b>	6 9:30 PINOCHLE 10:00 SING-A-LONG	7
8	9  <b>CLOSED FOR HOLIDAY PARTY</b>	10 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	11 9:30 GENERAL MEETING 11:30 COMPUTER BASICS 12:30 CANASTA 12:00 TAI CHI (VIDEO) 1:00 LINE DANCING 1:00 GARDEN CLUB 1:30 RED HAT LADIES	12 9-11 WALK TRACK 9:15 TO 12:00 NURSE 10:00 FINANCE/INVEST GROUP 10:15 BINGO 11:00 OUTREACH BRIGGS 11:30 FUN & FITNESS	13 9:30 PINOCHLE 10:00 SING-A-LONG	14
15	16 9:30 MAH-JONGG 10:30 CURRENT EVENTS <b>12:15 COFFEE WITH A COP</b> 1:00 YOGA 1:00 BOOK TALK	17 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING	18 9:30 VALLEY FORGE CASINO 10:00 PERSIAN GROUP 12:30 CANASTA 12:00 TAI CHI (VIDEO) 1:00 LINE DANCING	19 9-11 WALK TRACK 10:00 FINANCE/INVEST GROUP 10:15 BINGO 11:00 OUTREACH LEACH 11:30 FUN & FITNESS	20 9:30 PINOCHLE 10:00 SING-A-LONG <b>11:15 FRIDAY FLICKS "THE HOLIDAY"</b>	21
22 	23 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b>	24 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b> <i>CHRISTMAS EVE</i>	25 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b> <i>MERRY CHRISTMAS</i>	26 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b> <i>KWANZAA</i>	27 <b>SENIOR CENTER CLOSED FOR HOLIDAYS</b>	28
29	30 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b>	31 <b>SENIOR CENTER CLOSED FOR THE HOLIDAYS</b> <i>NEW YEARS EVE</i>				

## **YOGA IS BACK!**

Yoga DVD classes will resume on Mondays at 1:00 PM in the Great Room beginning December 2. *We have a new version of the Yoga DVD.* The benefits of yoga are increased flexibility, increased muscle strength and tone, improved respiration, energy and vitality, maintaining a balanced metabolism, weight reduction and cardio and circulatory health. Come to Yoga and try out a new DVD version.



## **UPPER MERION SENIOR SERVICE CENTER BAND NEWS**

Thank you to the members of our band for volunteering their time to provide entertainment for the residents of Normandy Farms Estates, Bright View and Shannondell Retirement Community. Upcoming events for the band will be at the Upper Merion Township Holiday Village on Saturday, December 7<sup>th</sup> and at our annual Holiday Party on December 9<sup>th</sup>. Please consider attending these events to enjoy their music and show your support.

## **MAIN LINE HEALTH PRESENTATION EDEMA MANAGEMENT**

**THURSDAY, DECEMBER 5 AT 12:30 PM.** Edema is the medical term for swelling. Body parts swell from injury or inflammation. It can affect a small area or the entire body. Join Jessie Ellmaker from MLH for discussion on this important topic.

## **GENERAL MEETING**

**WEDNESDAY, DECEMBER 11 AT 9:30 AM.** This meeting is open to all of our members. Reports by the Executive and Board members provide updated information about the Senior Center and its activities and events. Members who attend are also eligible to win cash from our "JACKPOT" drawing. We celebrate monthly birthdays with cake and a birthday raffle to win a hoagie from

Angelo's Pizza, and you can enter the 50/50 raffle drawing.

## **HOLIDAY SING ALONG WITH BRIDGEPORT ELEMENTARY SCHOOL**

Join us *after the December General Meeting* in welcoming the 2<sup>nd</sup> graders from Bridgeport Elementary who will entertain us with a few holiday songs.

## **WHAT IS THE GENERAL MEETING JACKPOT?**

At each general meeting, there is a *Jackpot Drawing*. Plan on attending the General Meetings on the 2<sup>nd</sup> Wednesday of the month at 9:30AM, to be eligible to win the jackpot. When there is no winner present at the meeting, \$15.00 will be added to the jackpot for the following month. The December Jackpot is \$185.00. The Jackpot requirements are:

1. Must be a current UMSSC member.
2. Member *must be in attendance at our General Meeting from beginning to end.*
3. Members of the Board are not eligible to participate.
4. To win your name has to be picked.
5. Only ONE name is picked at each General Meeting.
6. Money is added to the Jackpot before each drawing.
7. When the person is present, the winner will be sent a check within the week.

## **COMPUTER BASICS**

**WEDNESDAY, DECEMBER 11 FROM 11:30 AM to 12:30 PM.** Sangeetha will be back at the Center to teach computer basics. *PLEASE SIGN UP IN THE LOBBY.*

## **COFFEE WITH A COP**

**MONDAY, DECEMBER 16 AT 12:15 PM.** Join the conversation about your community with Upper Merion Police Officer, Glenn Muntzer.

## **BOOK TALK**

**MONDAY, DECEMBER 16 at 1:00 PM.** Coordinator: Patricia Ackah. This month's book "Carnegie's Maid"

by Marie Benedict tells the story of one brilliant woman who may have spurred Andrew Carnegie's transformation from ruthless industrialist into the world's first true philanthropist.

**AN IMPORTANT ANNOUNCEMENT REGARDING VALLEY FORGE CASINO REGISTRATIONS**

Starting in January 2020 the monthly casino trips and \$20.00 voucher will be offered to **UMSSC Members only**.

**VALLEY FORGE CASINO**

**WEDNESDAY, DECEMBER 18 (Cut-off date MONDAY, DECEMBER 16 - no exceptions).** THE OFFER FOR PAID UMSSC MEMBERS IS \$20.00 IN SLOT PLAY: TO TAKE ADVANTAGE OF THIS OFFER YOU MUST COMPLETE THE REGISTRATION FORM (NO TELEPHONE RESERVATIONS TAKEN) AVAILABLE AT THE SENIOR CENTER OR ON OUR WEBSITE AT [WWW.UMSSC.ORG](http://WWW.UMSSC.ORG). Please check in with the Senior Center rep in the Casino lobby between 9:30 AM and 10:00 AM. *Everyone must bring a valid photo ID.*

**FRIDAY FLICKS**

**FRIDAY, DECEMBER 20 - SICILIAN DELIGHT PIZZA (\$3.00) AT 11:30 AM - MOVIE (FREE) STARTS AT 12:15 PM.** Coordinator Don McCree. Getting Pizza? *You must sign up and pay in advance by THURSDAY, DECEMBER 19.* This month we will show "**THE HOLIDAY**" a romantic comedy starring Kate Winslet, Cameron Diaz, Eli Wallach, Jude Law and Jack Black. During the holiday two women troubled with guy-problems swap homes in each other's countries, where they each meet local guys and fall in love.

**SAVE THE DATE**

**THURSDAY, JANUARY 9, 2020. National Museum of American Jewish History in Center City, Philadelphia.** A special exhibit about Supreme Court Justice Ruth Bader Ginsberg will be there. Cost: \$10 for UMSSC members and \$12 non-members. We will meet here at the upper pool parking lot at 9:00 and carpool to the Radnor

Station and use SEPTA transportation into the city and to the museum. Registration forms are available in the lobby area and on the UMSSC website.

**UMSSC ELECTIONS**

This year we will vote on all Officer positions (President, Vice President, Secretary and Treasurer) and two Board Directors. **All nominations were to have been submitted by November 13. Voting will take place on December 11 at the General Meeting.** Please complete the nomination form by obtaining the consent and signature of the person you are nominating. The forms can be dropped off in the staff office.

**OUTREACH**

An aide from Representative Tim Briggs' office will be here **Thursday, December 12** from 11:00 AM to 2:00 PM.

Senator Daylin Leach's aide will be here on **Thursday, December 19** from 11:00 AM to 12:00 PM.

**APPRISE COUNSELOR**

An AARP Volunteer Apprise Counselor is available through the Senior Center to provide assistance with *health insurance and Medicare enrollment*. Call the Senior Center at 610-265-4715 and give your name, telephone or email. We will provide the Apprise Counselor with your information and they will contact you directly.

**KEEPING OUR MEMBERS INFORMED**



Please join us as we welcome the following new members to our UMSSC family. We hope to see them around the Center: Constance Early, Harry Kutz and Dean Smith.

**THANK YOU UMSSC KNITTERS**

To all of our members who knit or crochet the squares for the Project Linus afghans here is a photo of the end result of all your hard work. The afghans,



all 82 of them, are just beautiful. I'm sure they will be cherished by the people who receive them.



## **DEER ON THE ROAD - WHAT TO DO**

Be extra safe out there when you are driving. Did you know that in Pennsylvania, 1 out of 63 drivers will have a collision with a deer? We are in the top 3 states nationwide for crashing into a large animal. While most of these accidents take place in November during prime mating and hunting season, the risk for hitting a deer remains high from September through February when deer are migrating and wander all over - and onto - the roads. When you factor in the end of daylight savings time and more vehicles on the road during the deer's most active times of day, close encounters of the deer kind become more probable.



A run-in with a deer can be a very unfortunate event with severe injuries to you and your passengers, not to mention expensive repairs to your vehicle. Here are some simple tips to avoid and minimize damage from a collision with a deer.



### **1. Watch Your Speed**

Slow down when passing yellow animal-crossing signs. These warnings are posted not because road crews just happen to have a surplus of

signs, but because heavy animal traffic frequents the area.



### **2. Use High-Beam Headlights**

If it's nighttime and there's no oncoming traffic, turn your brights on. Not only will you be able to see better, but the light will illuminate the deer's reflective eyes.



### **3. Stay Alert**

Keep your eyes on and around the road - especially in deer-crossing zones. Pay attention to road shoulders. Look for reflecting eyes and remember deer don't travel alone. If you see one, there are most likely others nearby.



### **4. Take Extra Caution at Dawn and Dusk**

Sunrise and sunset are the riskiest times of day for deer collisions. Be more cautious when driving during these hours.



### **5. Honk Your Horn**

Many items, like deer whistles, are sold to prevent collisions, but there hasn't been any proof that they actually repel deer. Ditch the whistle and lay on your horn to scare a deer.



### **6. Assume Nothing**

Be careful and pay attention - deer do unpredictable things. Sometimes they stop in the middle of the road when crossing. Sometimes they cross and quickly re-cross back from where they came. Sometimes they move toward an approaching vehicle. Assume nothing. Slow down, blow your horn to urge the deer to leave the road. Stop if the deer stays on the road, don't try to go around it.



### **7. Don't Swerve**

Your first instinct may be to swerve - don't. Brake firmly and stay in your lane. There may be more serious

consequences if you hit another vehicle or a stationary object like a tree.

### **DID YOU KNOW? - CHRISTMAS TRIVA**

**WASHINGTON IRVING CREATED MANY SANTA LEGENDS.** Washington Irving, best known for The Legend of Sleepy Hollow and his headless horseman, also wrote a lot about St. Nicholas, too. In fact, he was the first to imagine Santa Claus and his eight tiny reindeer. He so loved Santa Claus that in 1835, he helped found the Saint Nicholas Society of the City of New York, serving as its secretary until 1841.

**ST. NICK WAS MORE GENEROUS THAN JOLLY.** You probably already knew that the idea of Santa Claus came from St. Nicholas, but the real saint wasn't a bearded man who wore a red suit and had a long, white beard. That all came much later. According to legend, the fourth-century Christian bishop gave away his abundant inheritance to help the needy and rescued women from servitude. As the tale made the rounds, his name became Sinter Klaas in Dutch. That later morphed into Santa Claus, and the rest of the trappings followed.

**COCA-COLA and SANTA'S IMAGE.** Craving a Coke yet? Give it a second. According to Coca-Cola, Santa used to look a lot less jolly — even spooky. Go ahead, Google early images of Santa. It wasn't until the beverage company hired an illustrator named Haddon Sundblom in 1931 to create images of Santa for magazine advertisements that we got the warm and friendly Santa we know today. Now, kids wouldn't fear interrupting Santa's nightly work.

**CELEBRATING CHRISTMAS USED TO BE ILLEGAL.** By the time the Puritans settled Boston, celebrating Christmas was outlawed. Talk about missing the Christmas spirit! From 1659 to 1681, anyone caught making merry would face a fine for celebrating the once-pagan day. And after the Revolutionary War, the new Congress found the

day so unimportant that they even held the first session on December 25, 1789. Christmas wasn't proclaimed a federal holiday for nearly another century, proving that the Grinch's notorious hatred of the holiday was alive and well long before he was.

### **ACKNOWLEDGEMENTS**

#### **DONATIONS**

**Thank you** to the following who gave generous donations to the Senior Center:

- ★ Bill Kocher
- ★ Geraldine Fontaine in memory of Anor Ackah (son of Patricia Ackah)

#### **GRACIAS! THANKS! DANKE! MERCI!**

★ **Sicilian Delight** ★ **Tony from Angelo's Pizza** ★ **Costco** ★ **Giant Food Store** ★ **Upper Merion Township Library for the large print books and Friday Flick movies.**

#### **HELP SUPPORT UMSSC BY SHOPPING AT**



When you shop on **AmazonSmile** (smile.amazon.com), the AmazonSmile Foundation will donate 0.5% of the purchase price to the eligible charitable organization of your choice. If you already shop on Amazon, your current user name and password will work on **smile.amazon.com** or you can use this link to go directly to our donation account.

<https://smile.amazon.com/ch/23-2966030>

### **AROUND THE COMMUNITY**

#### **WHAT'S HAPPENING AT THE UM TOWNSHIP LIBRARY- DECEMBER**



**DON'T MISS UPPER MERION TOWNSHIP LIBRARY'S DECEMBER PROGRAMS GEARED TO DE-STRESS YOU BEFORE THE HOLIDAYS**

- **ESL Class, Tuesdays at 1:00 pm in Valley Forge room:** For adults who speak English as a second language, this program allows you to practice your English through conversations about books, short stories, and news articles. The class leader is Mrs. Jean Olexy, a certified ESL teacher. Anyone who speaks English as a second language is welcome to drop in.

- **Glass Painting Class on Monday, December 1 at 2:00 pm in Valley Forge Room.** Relax & paint beautiful birch trees with a winter view on a glass! With the holidays coming, painting is a way of de-stressing & quieting your mind while enjoying the company of friends. Materials will be provided. No previous experience necessary. **MUST REGISTER.**

- **Tech Night on Monday, December 2 at 7:00 pm in Henderson Room.** Own an ipad or an iphone but have trouble using it? Planning on buying, but the latest technology troubling you? Need help with downloading e-books? Our youth volunteers are here to help you. Registration Required.

- **Dr. Steve presents "Ancient Egypt at the Movies" on Monday, December 2 at 7:00 pm in Freedom Hall.** This lecture presents a history of Egyptomania in popular culture and in movies, interwoven with a survey of ancient Egyptian themed movie theater architecture, as manifested in the early 20th century. A popcorn treat, with original movie trailers, perfect for architectural historians and movie buffs of all ages!

- **Adult Coloring Night** on Monday, December 9 at 7:00 pm in Valley Forge Room. Bring your friends and enjoy coloring. Walk-ins are welcome. Materials will be provided.

- **Movement & Meditation at the Upper Merion Community Center** on Monday, December 9 at 6:00 pm. Combine gentle stretching and basic yoga poses to help keep muscles flexible and joints mobile. Each class will close with simple meditation techniques and relaxation to reduce

stress and improve sleep and general well-being. All levels are welcome! **NEED NOT BE A COMMUNITY CENTER MEMBER. MUST REGISTER THROUGH THE LIBRARY**

- **Yogic Breathing & Meditation Seminar on Tuesday, December 10 at 7:00 pm in Valley Forge Room.** Learn about the science & secrets of the breath, the innate mind-body-breath connection, the benefits of breathing techniques & meditation and why they are becoming increasingly popular tools to combat stress and anxiety.

- **Adult Board Game Night, December 12 at 7:00 pm in Henderson room.** Bring your friends and enjoy playing games of all kinds! We'll have several board games, but feel free to bring your own too.

- **Knit Nite: Monday, December 16 at 7:00 pm.** Fourth Monday of the Month. For all ages - from veterans to wanna-be knitters. If you don't know how to knit and want to learn, our more experienced knitters are always eager to pass on their skills, and some advanced knitters are usually available to help with patterns and designs.

To register for any of the library events, you can register via our online calendar, or by calling 610-265-4805, or stopping by the library.

Watch out for this new section every month. One new e-resource each month!

**Gale Legal Forms:** State-specific legal forms for wills, real estate, bankruptcy, divorce, landlord/tenant and many others. Get detailed information by going to our website.

[www.umtowsnip.org/departments/library/elibrary/](http://www.umtowsnip.org/departments/library/elibrary/)

**Notary Service:** The library offers a notary service by appointment only for a \$5.00 fee. Please make sure to bring all necessary documents and, if needed, a witness. To make an appointment, call 610-265-4805.

**Low Vision Reader:** Our library has a low vision reader for use in the library. Please contact us for more information.

Café Style Wifi available at the library. Bring your smart devices and connect to our free wireless network. Library card number not required. Charging Station at the Library: Did you leave your charger at home? Is your mobile device low on power and need recharging? Get charged with one of the charging stations at the library.

### **JUST FOR FUN**

What kind of Christmas music do elves like?

**"Wrap" music**

How can Santa deliver presents during a thunderstorm?

**His sleigh is flown by raindeer**

What do you call a snowman with a six pack?

**An abdominal snowman**

How does a snowman get to work?

**By icicle**

Which of Santa's reindeer has the worst manners?

**RUDE-olph, of course!**

What does the Gingerbread Man use to make his bed?

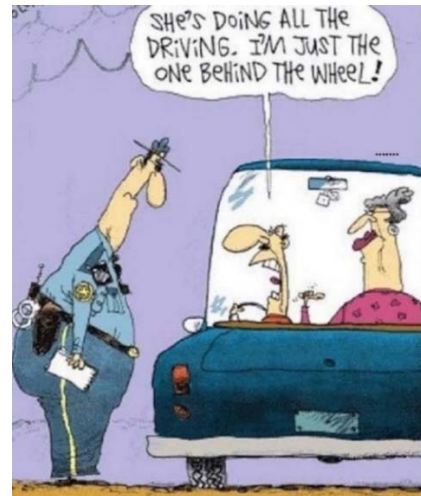
**Cookie sheets!**

What do you call an outlaw who steals gift wrapping from the rich to give to the poor?

**Ribbon Hood.**



**I hate it when I see an old person and then realize that we went to high school together.**



### **DRIVER'S LICENSE**

A friend of a friend of mine was sitting on a lawn sunning and reading, when he was startled by a fairly late model car crashing through a hedge and coming to rest on his lawn. He helped the elderly driver out and sat him on a lawn chair.

"My goodness," he exclaimed. "You are quite old to be driving!"

"Yes," he replied. "I am old enough that I don't need a license anymore. The last time I went to my doctor he examined me and asked if I had a driving license. I told him yes and handed it to him."

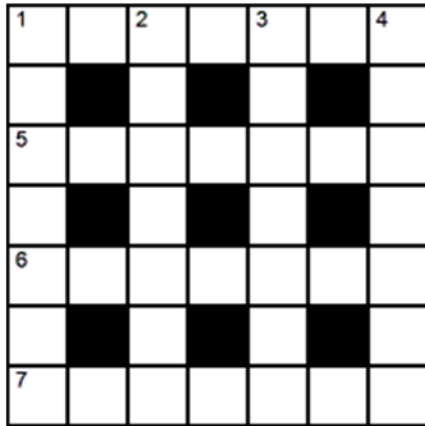
"He took scissors out of a drawer, cut the license into pieces and threw them in the wastebasket. 'You won't be needing this anymore,' he said."

"So I thanked him and left."



## MINI CROSSWORDS

(answers on Pg. 11)

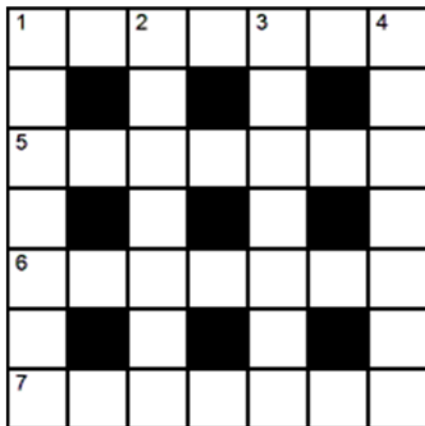


### Across

- Angry
- Segment
- Occurring at the beginning
- No longer in existence

### Down

- Merry
- Mark or stamp as paid
- Belief or sentiment
- Vest



### Across

- Musical passage
- Daydream
- Squeeze out
- Interminable

### Down

- Retinue
- Dedicated
- Foster
- Everlasting

## WORD SEARCH PUZZLES

### HAPPY HANUKKAH



HANUKKAH  
CHANUKAH  
MACCABEES  
MENORAH  
FESTIVAL

DREIDEL  
CANDLES  
MIRACLE  
OIL  
LIGHT

JUDAH  
LATKES  
GELT  
EIGHT  
GIFTS



## HAPPY KWANZAA

A C C D Y P Y F Z R N R K H J L C  
 X D U A B A S O Z U G N A A B M T  
 X A M Y F T H Y Z K P R M G U C U  
 P J A N K R A A H O A I V H M J U  
 U A R T K G O M A M J A I T O V L  
 M E A I N A M I B U Q N N L J O A  
 P A K U I A J E A I D B U E A C A  
 Q N N B B G E B R I K F V N J T M  
 J G B M R Q Z B I Q I O Z A O U A  
 T L U U R H H I G L Y S T A X C J  
 E U Z C A Z A U A M J Q E M T B U  
 K X X A B R A X N K T S G U G K X  
 A M I G W D A T I E Y Q X H T D Q  
 C O K H W A L N Q K R E G S O G P  
 X D P F F H D E I A A I U I K U S  
 B P M G Q H X I Y K H I G M L F J  
 K Z D O S L K G U J I P N K N D E

HABARIGANI  
 KARAMU  
 MISHUMAA  
 NGUZOSABA  
 UJAMAA  
 ZAWADI

HARAMBEE  
 KINARA  
 MKEKA  
 NIA  
 UJIMA

IMANI  
 KUUMBA  
 MUHINDI  
 TAMBICO  
 UMOJA



## 12 DAYS OF CHRISTMAS

F R E N C H H E N S W A N S V  
 E S G K M G S R E M M U R D G  
 S D O A H D N G P M G C Q M J  
 E R L B N I D I Q P I P E R S  
 E O D F P I P N Y I M X C B G  
 G L E L R I K D W A D N H U N  
 N D N T N M A I D S L N R E I  
 G P R G M I L K I N G D I H M  
 Y A I F U Z T W O M L O S M M  
 P E N T Q G N I P A E L T E U  
 J V G S W I M M I N G D M N R  
 I L S D R I B G N I L L A C D  
 U E T U R T L E D O V E S Y P  
 U W B N O O S Q Y T X P C F S  
 N T V O M U Y E E R T R A E P

CALLING BIRDS  
 CHRISTMAS  
 DAYS  
 DRUMMERS  
 DRUMMING  
 FRENCH HENS  
 TURTLE DOVES

GOLDEN RINGS  
 LAYING  
 LEAPING  
 LORDS  
 SWIMMING  
 MILKING  
 PARTRIDGE

PEAR TREE  
 PIPERS  
 PIPING  
 SWANS  
 MAIDS  
 GEESE  
 TWELVE



MINI CROSSWORD ANSWERS

F	U	R	I	O	U	S
E		E		P		I
S	E	C	T	I	O	N
T		E		N		G
I	N	I	T	I	A	L
V		P		O		E
E	X	T	I	N	C	T

C	A	D	E	N	Z	A
O		E		U		G
R	E	V	E	R	I	E
T		O		T		L
E	X	T	R	U	D	E
G		E		R		S
E	N	D	L	E	S	S



*to all  
from the Board and  
Staff of Upper Merion  
Senior Service Center*



Bello Reilley  
McGrory & DiPippo  
— ATTORNEYS AT LAW —

- **Personal Injury**
- **Real Estate**
- **Bankruptcy**
- **Criminal Law**
- **Domestic Law/Divorce**
- **Estate Planning**
- **Taxation**
- **Workers Compensation**
- **License Suspension/DUI**
- **Corporate Law**
- **Administrative & Municipal Law**

*Robert J. Reilley, Jr.\**

*Salvatore F. Bello, Jr.\**

*Daniel T. McGrory\**

*Gregory P. DiPippo\**

\* Also Admitted in New Jersey

144 East DeKalb Pike, Suite 300, King of Prussia, PA 19406  
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TANTRA

HAIR SALON-DAY SPA

610-768-9087

Styling together Again in King of Prussia



Left to right: Sara, Julie, Brittany, Sophy, Nicole and Jill

We are working together again at Tantra Salon and Day Spa right here in the same Valley Forge Shopping Center where you've known us all these years. Please call Tantra

LONG & FOSTER®  
REAL ESTATE

610-265-0222



**How much is your home worth?**

As longtime residents of Upper Merion, we are proud to say we work where we live! Give us a call to discuss the value of your home today!



Dee Dee Reigh  
Assistant Broker  
Office: 610-265-0222  
Cell: 610-761-0482  
DDReigh@aol.com



Cathy Simmons  
Realtor  
Office: 610-265-0222  
Cell: 610-724-6760  
cesc21@aol.com

**DON'T FORGET TO  
PURCHASE YOUR  
HOLIDAY PARTY TICKETS  
ON SALE NOW.**

**PARTY TO BE HELD ON  
MONDAY, DECEMBER 9  
IN PARKVIEW ROOM IN  
THE VALLEY FORGE  
CASINO**

**\$30.00 MEMBERS  
\$35.00 NON-MEMBERS**



LIKE US ON FACEBOOK Hit "control" "right click" on link below

<https://b-m.facebook.com/umssc.org/>



VISIT OUR WEBSITE: UMSSC.ORG

Note:  
Information submitted following publication of this newsletter will be posted on the UMSSC Bulletin Boards, website and Facebook. Also listed on UMGA-TV (Comcast Channel 22 or Verizon FiOS Channel 33) Visit the Center's web site at: [www.umssc.org](http://www.umssc.org)

UM RAMBLER  
Free service to UM Township Seniors (Visit GVF Transportation for pass)  
You can ride back and forth to the Center, the Malls, and other destinations!

OUR MISSION STATEMENT

THE OBJECTIVE OF THE UPPER MERION SENIOR SERVICE CENTER SHALL BE TO IDENTIFY AND TO ASSIST IN MEETING THE NEEDS OF OLDER ADULTS IN A MULTI-USE ENVIRONMENT FOR PHYSICAL, EDUCATIONAL AND RECREATIONAL ACTIVITIES.

OUR GOALS

- ◆ INCREASE MEMBERSHIP. WORK TO INCREASE FUNDING FOR OPERATIONAL SUPPORT. INVESTIGATE NEW SOURCES OF FUNDING IN COOPERATION WITH LOCAL BUSINESSES AND GOVERNMENT AGENCIES
- ◆ CONTINUE THE DEVELOPMENT OF INNOVATIVE PROGRAMMING
- ◆ MAINTAIN OUR WORKING PARTNERSHIP WITH THE UPPER MERION AREA SCHOOL DISTRICT AND UPPER MERION TOWNSHIP
- ◆ EXPLORE THE POTENTIAL FOR NEW OPPORTUNITIES FOR SERVICES
- ◆ SEARCH FOR EDUCATIONAL OPPORTUNITIES FOR MEMBERS AS PART OF OUR LIFELONG LEARNING EFFORTS
- ◆ HELP MEMBERS REMAIN HEALTHY AND ACTIVE THROUGH PARTICIPATION IN RECREATIONAL, EDUCATIONAL AND LEISURELY ACTIVITIES

CALL FOR VOLUNTEERS

Are you interested in volunteering at the Senior Center? Here is a chance to get involved with your organization. Many events require some extra hands to run successfully and we look to our membership to help out. We would especially like to see our newer members volunteer at the Senior Center. If you do have the time to volunteer please give your name to Dick McCann, Shirley Robey or Peggy Ford in the office.

PUT BOOKS IN THE HANDS OF CHILDREN WHO NEED THEM

We are always collecting children's books for the Bridgeport Elementary School children (grades K-4<sup>th</sup>). Our book donations are a big hit with the kids because they get to keep the books they pick. Let's keep it going! When donating books please be sure that they are in good condition.

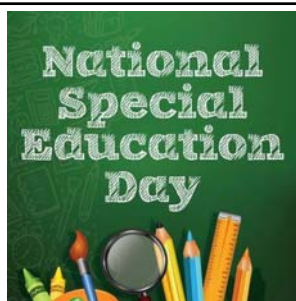
PROJECT LINUS – ONGOING

The "Hearts and Hands" ladies group at Good Shepherd's Church collect knitted and crocheted squares for blankets provided to children who are seriously ill or traumatized. Joan Banas collects the squares on behalf of the church. Our members can participate by knitting squares. Yarn and patterns are on a table near the lobby. Many thanks to our knitters and keep up the good work!

KNITTED CAPS FOR ST. CHRISTOPHER'S

Our members knit caps for preemie babies at St. Christopher's Hospital for Children. You can join the group here at the Center on Tuesdays at 1:00 PM or you can take the yarn and do your knitting at home. Hat pattern is available.

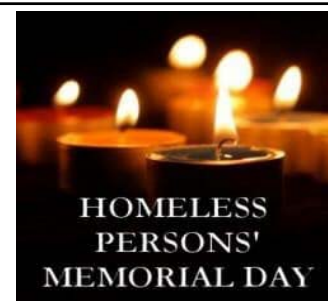
INCLEMENT WEATHER & SENIOR CENTER CLOSINGS:  
CALL SENIOR CENTER FIRST AFTER 7:30 AM (610-265-4715) AND LISTEN TO VOICE MAIL RECORDING



**NATIONAL SPECIAL EDUCATION DAY**  
**DECEMBER 2**  
INDIVIDUALS WITH DISABILITIES ACT - MAKE EDUCATION AVAILABLE TO ALL CHILDREN AND TO HONOR PROGRESS MADE IN SPECIAL EDUCATION.



**NATIONAL PEARL HARBOR**  
**DECEMBER 7**  
OBSERVED TO HONOR ALL WHO LOST THEIR LIVES SERVIING THIS NATION AT PEARL HARBOR.



**HOMELESS PERSONS'**  
**MEMORIAL DAY**  
**DECEMBER 21**  
OBSERVED TO BRING ATTENTION TO THE PLIGHT OF THE HOMELESS AND ENCOURAGE PEOPLE TO ACT ON THEIR BEHALF

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**HAPPY HOLIDAYS!**