

# THE BEST OF TIMES

## UPPER MERION SENIOR SERVICE CENTER



APRIL 2021



431 W. VALLEY FORGE ROAD  
KING OF PRUSSIA, PA 19406  
TELE: 610-265-4715

On the web at [www.umssc.org](http://www.umssc.org)

 <https://www.facebook.com/umssc.org/>

### SPRING IS IN THE AIR - BETTER DAYS ARE AHEAD!

Greetings fellow members,

The current conversation with anyone I come in contact with is regarding the vaccine. Hopefully all of you are vaccinated or close to getting it. Apparently, the new guidelines say it is safe to be without a mask if everyone you are with has been vaccinated. I believe time will tell if this is correct. This could be an opportunity for us to open our doors to members who have been vaccinated. We must be cautious but optimistic. In the meantime, please continue to be safe.

If you have any questions or concerns, please feel free to call me at 610-416-7431 or email [rtmboater@aol.com](mailto:rtmboater@aol.com). I will, as always, be happy to hear from you.

*Dick McCann*

### THANK YOU FOR YOUR DONATIONS TO THE CENTER

We very much appreciate and thank our members who have made donations to the center.

Thank you to members Joe Liebreich and Ruth Pomerleau for their donations to the Senior Center.

A donation was made to the Senior Center by Dottie Wisniewski in memory of June Bachman.

### IN MEMORIAM

We are sad to report that a former (2019) UMSSC member, Isabelle Tague, passed away in January 2021. Our deepest sympathies go out to her family and friends.

### KEEPING OUR MEMBERS INFORMED

**STAY CONNECTED WITH ZOOM:** Wonderful to be able to share information and friendship safely. These virtual meetings are open to any member interested. **CURRENT EVENTS**, hosted by Dave Newman, meets on Zoom every Monday at 10:15 AM. The **COMPUTER CLUB** Zoom, hosted by Herm Natanblut, meets every other Tuesday at 1:30 PM. **NEIGHBOR TO NEIGHBOR** Zoom, hosted by John Desko every Wednesday at 12:00 PM, is an opportunity for all members to meet virtually and chat. Dick McCann is hosting the **BUSINESS DISCUSSION GROUP** Zoom on Friday's at 10:00 AM. Joan Shaw is hosting **BOOK TALK** via Zoom on the third Tuesday of the month (April 15) at 12:00 PM. The book selection for April is "**Ordinary Grace**" by William Kent Krueger.

*If you would like to participate in any of our UMSSC Zoom programs or need assistance with using Zoom, please call the office at 610-265-4715 (leave a voice mail) or email at [admin@umssc.org](mailto:admin@umssc.org) so that your name can be added to the list of attendees.*

**FUN & FITNESS:** Stay fit and active right in your own living room. Our exercise instructor has provided several videos of the exercises as well as a Yoga instruction video. You can follow our Fun and Fitness exercises on the

UMSSC Facebook page, <https://www.facebook.com/umssc.org/>. *If you are unable to access Fun & Fitness through our Facebook page, please email me in the office at [admin@umssc.org](mailto:admin@umssc.org). I will email the exercise links directly to you.*

**KNITTING GROUP:** Knitting is a great stress reliever. If you would like to knit or have been knitting afghan squares for the Linus Project, and need yarn, please call Joan Banas at 610-265-0126. Joan will be happy to supply you with some.

### **UM LIBRARY PROGRAMS FOR APRIL**

**Zoom Basic Computer Class:** Thursday, April 8 and 22. *You must register* to receive zoom links.

**Spring Book Discussion Series:** Continues. April 11: *Mothering Sunday* by Graham Swift

**Financial Series:** Must register at the library to receive zoom link.

**Investing 101** on Tuesday, April 6 at 6:30pm and **Investing 102** on Tuesday, April 20 at 6:30pm.

**Longwood Gardens Community Read: *The Home Place*** by J. Drew Lanham on April 10 at 2:00pm.

*(Call the library at 610-265-4805 or check [www.umtowsnhip.org/library](http://www.umtowsnhip.org/library) to register to all their virtual programs)*

### **DID YOU KNOW?**

#### **THE VERY FIRST APRIL FOOLS' DAY**

There are many theories as to the origins of April Fools' Day, but some historians believe the day originated in 1582 when France switched over to the Gregorian calendar, which changed New Year's Day from April 1 to January 1. Back in those days, the news took a little longer to reach everyone, and those who were a bit slow on the uptake (celebrating New Year's Day on April 1, for example) became the butt of pranks, including having paper fish glued onto their backs—because fish are easy to catch. People still refer to easily fooled people as “fish” to this day; calling them “gullible”.

#### **NASA HAS HAD MORE OF AN INFLUENCE ON YOUR LIFE THAN YOU MAY THINK**

While their mission is space travel, some of their inventions have woven themselves into our everyday life on Earth and have proven to be essential. Most of us will not make it to space in our lifetimes and there are so many unanswered questions about what it is like to blast off into the universe. Even though we will never know firsthand what space smells like or what it's like to look down on our tiny planet you may have a small piece of space right there in your home with you that you didn't know about.

**Memory Foam:** You know the stuff inside of your mattress that makes sleeping in your bed infinitely more comfortable because it conforms to your body? That's memory foam, which was developed by NASA in 1987. Despite being beloved by sleepers worldwide, memory foam was originally created by space program researchers looking for a way to keep their test pilots cushioned during flights.

**Scratch-Resistant Eyeglasses:** Some of the first research into the eyeglass coatings we take for granted was done at NASA'S Ames Research Center to improve astronaut helmet visors and the membranes of water purification systems. In the 1980s, scientists applied the science to eyeglasses, goggles, sunglasses, and safety masks to provide protection and enhance colors.

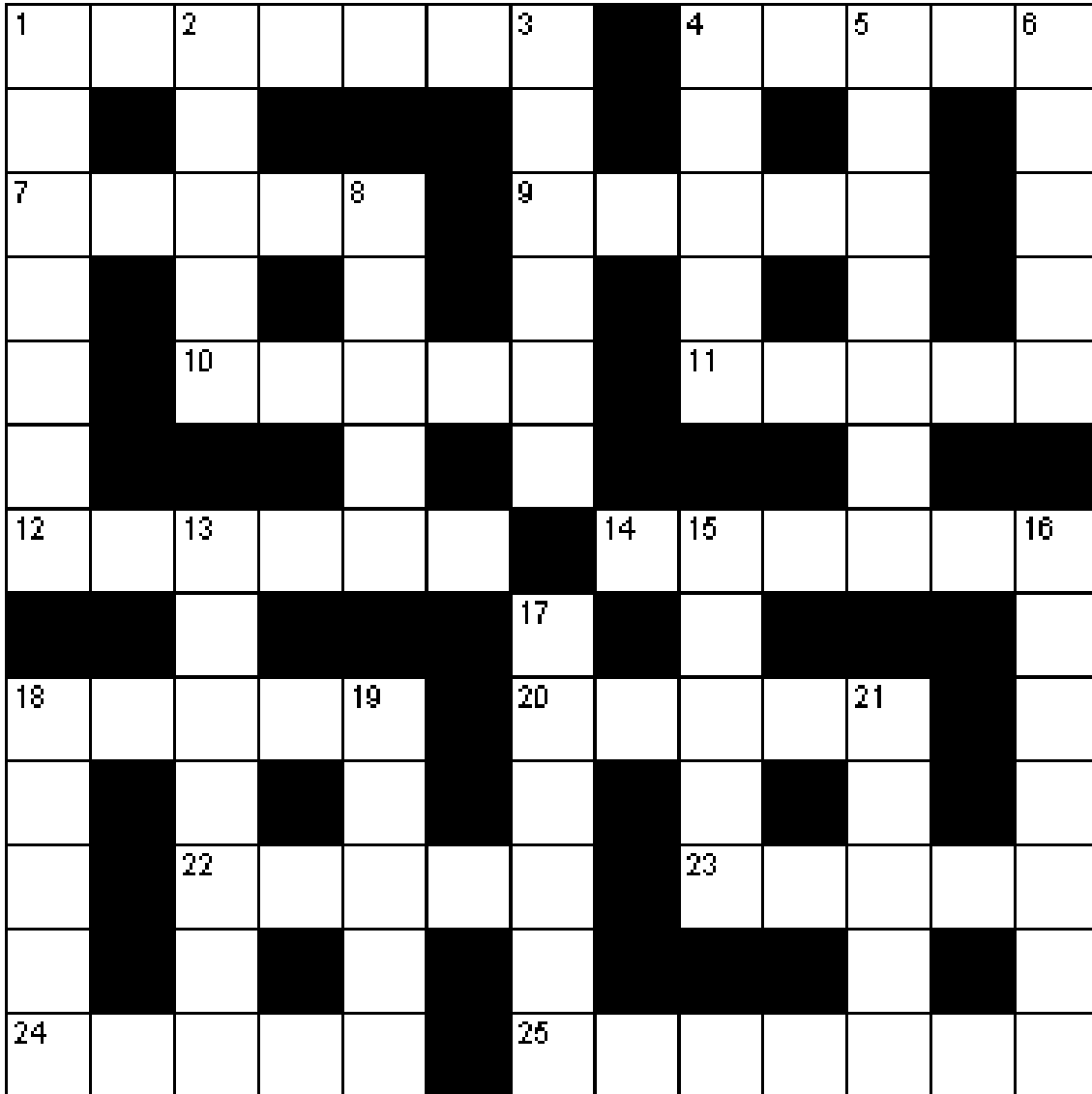
**The Dustbuster:** Everyone's famous handheld vacuum comes courtesy of NASA, too, after the agency partnered with Black & Decker to build battery-operated tools for collecting samples from the moon's surfaces during exploration. The device was so good at collecting samples—and so handy—that it was quickly adopted for use in hospitals, industry, and your home. From there, it was a quick step to hand-held cordless tools.

**Space Blankets:** NASA's space blankets save lives in the wilderness every year. First developed by in 1973 when the Skylab-3 Mission required a sun shield to insulate the satellite itself. Now they are found in many emergency and disaster kits.

## CROSSWORDS

(answers on page 7)

### CATCH-WORDS - 06



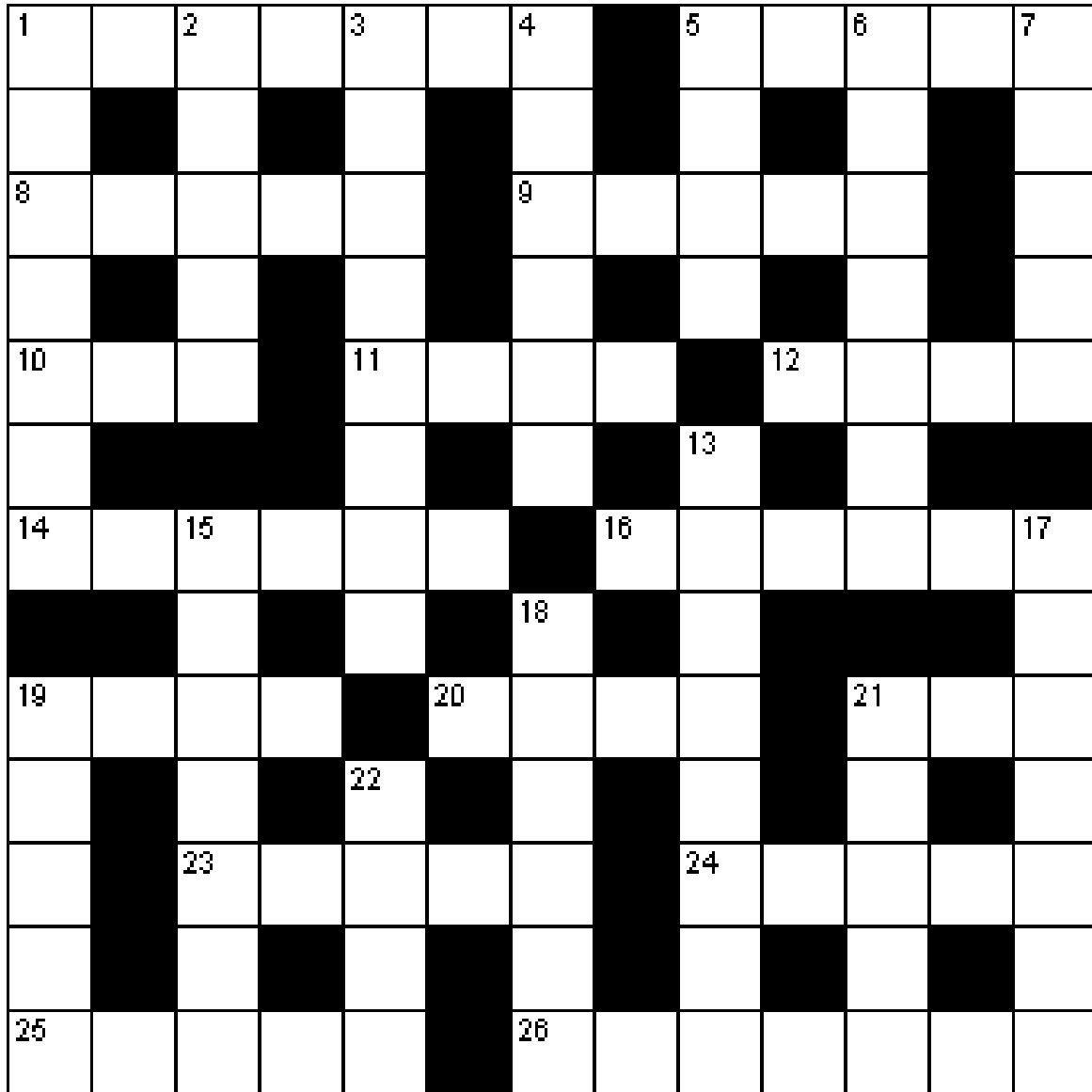
#### Across

1. Nothing succeeds like \_\_\_ (7)
4. First- \_\_\_ mail (5)
7. \_\_\_ and effect (5)
9. Fun and \_\_\_ (5)
10. Shopping \_\_\_ (5)
11. A drop in the \_\_\_ (5)
12. Fair and \_\_\_ (6)
14. The five \_\_\_ (6)
18. \_\_\_ and butter (5)
20. \_\_\_-eyed (5)
22. The \_\_\_ bird catches the worm (5)
23. Once bitten \_\_\_ shy (5)
24. A \_\_\_ morsel (5)
25. Snakes and \_\_\_ (7)

#### Down

1. Trade \_\_\_ (7)
2. Hearts, Spades, Diamonds, \_\_\_ (5)
3. \_\_\_, sealed and delivered (6)
4. A \_\_\_ role (5)
5. Questions and \_\_\_ (7)
6. A \_\_\_ statement (5)
8. Trial and \_\_\_ (5)
13. Less than \_\_\_ (7)
15. Pieces of \_\_\_ (5)
16. Cups and \_\_\_ (7)
17. \_\_\_ and Hyde (6)
18. \_\_\_ of burden (5)
19. \_\_\_ tricks department (5)
21. Forced into \_\_\_ (5)

## CATCH-WORDS 07



### Across

1. An \_\_\_ illusion (7)
5. Full of \_\_\_ (5)
8. The \_\_\_ of reason (5)
9. Heads or \_\_\_ (5)
10. The mighty \_\_\_ (3)
11. Fly the \_\_\_ (4)
12. Look before you \_\_\_ (4)
14. \_\_\_ of influence (6)
16. \_\_\_ for courses (6)
19. His bark is worse than his \_\_\_ (4)
20. Over the \_\_\_ (4)
21. Vanished into thin \_\_\_ (3)
23. \_\_\_ and doves (5)
24. All to no \_\_\_ (5)
25. \_\_\_ pole (5)
26. Snakes and \_\_\_ (7)

### Down

1. Stating the \_\_\_ (7)
2. \_\_\_ and thin (5)
3. Taken to the \_\_\_ (8)
4. The \_\_\_ news (6)
5. Take the \_\_\_ (4)
6. Questions and \_\_\_ (7)
7. Counting \_\_\_ (5)
13. A \_\_\_ spiral (8)
15. Bury the \_\_\_ (7)
17. \_\_\_ to requirements (7)
18. \_\_\_ fuel (6)
19. Beauty and the \_\_\_ (5)
21. Wide \_\_\_ (5)
22. Sink or \_\_\_ (4)

## WORD SEARCH PUZZLES

### AROUND AND ABOUT

L	A	T	N	O	Z	I	R	O	H	I	R	I	E	D	I	S	N	I
R	E	W	O	L	C	Y	C	L	N	C	N	E	X	T	T	O	V	L
T	U	O	B	A	R	N	H	C	A	C	R	A	O	O	A	O	D	A
O	D	A	V	R	G	E	L	B	R	B	C	P	U	C	D	V	L	D
C	D	R	S	P	E	I	H	E	E	R	O	T	T	O	J	E	S	J
D	E	I	E	C	N	T	A	G	O	L	S	V	T	N	A	R	D	O
I	C	S	B	E	E	S	R	S	I	I	O	H	E	T	C	P	R	I
A	R	I	B	L	E	N	S	E	D	H	R	W	B	I	E	D	A	N
G	E	N	I	Q	E	V	D	E	A	O	A	I	V	G	N	M	W	I
O	A	G	N	I	X	A	W	I	U	T	V	T	V	U	T	W	K	N
N	S	J	G	T	F	E	L	G	N	Q	H	Z	O	O	J	E	C	G
A	E	I	N	O	R	T	H	T	V	G	S	R	R	U	D	S	A	O
L	G	N	I	T	T	U	B	A	I	A	A	N	N	S	B	T	B	R
H	T	A	E	N	E	B	G	R	R	D	E	C	L	I	N	E	S	E
D	E	S	C	E	N	D	I	N	G	V	D	E	G	O	U	V	O	V
D	G	N	I	L	L	A	F	R	I	A	I	O	A	J	P	B	U	E
G	N	I	W	O	L	F	R	E	D	N	U	V	W	S	R	T	T	R
S	D	R	A	W	R	O	F	T	V	C	A	J	V	N	T	J	H	S
L	A	C	I	T	R	E	V	R	B	E	M	W	C	I	R	C	L	E

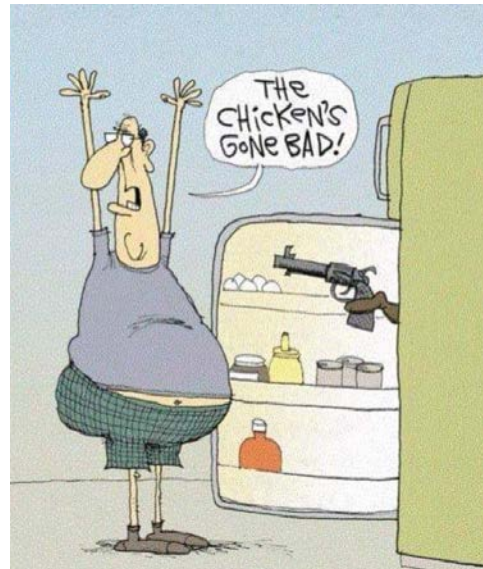
ABOUT, ABOVE, ABUTTING, ACROSS, ADJACENT, ADJOINING,  
ADVANCE, AROUND, ASCENDING, BACKWARDS, BELOW,  
BENEATH, CIRCLE, CONTIGUOUS, DECLINE, DECREASE,  
DESCENDING, DIAGONAL, DOWN, EAST, EBBING, FALLING,  
FLOWING, FORWARDS, HIGHER, HORIZONTAL, INCLINE,  
INCREASE, INSIDE, LEFT, LOWER, NEXT TO, NORTH, OUTSIDE,  
OVER, RETREAT, REVERSE, RIGHT, RISING, SOUTH, THROUGH,  
UNDER, UP, VERTICAL, VIA, WANING, WAXING, WEST.

COUNTRY STYLE

J	H	N	O	S	L	E	N	E	I	L	L	I	W	B	R	A	V	L	V
S	I	R	R	A	H	U	O	L	Y	M	M	E	G	I	H	V	B	B	S
H	S	A	C	Y	N	N	H	O	J	E	V	L	A	A	V	T	A	C	G
S	R	E	G	O	R	Y	N	N	E	K	E	S	N	V	L	W	R	V	N
M	A	R	T	Y	R	O	B	B	I	N	S	K	E	O	R	N	B	M	I
B	M	I	I	N	L	C	S	M	C	W	W	R	R	V	L	H	A	P	N
G	E	G	B	J	T	W	V	A	B	I	R	E	V	N	R	T	R	A	N
O	R	D	A	D	R	O	M	W	L	C	T	I	Z	J	A	J	A	T	E
M	L	L	E	V	H	P	H	L	S	T	A	D	N	M	Z	T	M	S	J
R	E	M	H	L	B	N	I	S	A	N	N	E	M	U	R	R	A	Y	N
C	H	D	G	E	Y	A	O	L	M	R	G	Y	E	A	V	D	N	C	O
H	A	H	L	B	M	A	Y	T	E	A	W	C	O	R	X	C	D	L	L
E	G	L	E	S	B	N	G	E	R	Y	I	A	J	B	L	H	R	I	Y
T	G	B	E	R	N	E	L	L	N	A	B	L	P	J	V	J	E	N	A
A	A	C	L	D	D	A	A	E	A	Y	P	D	L	J	T	C	L	E	W
T	R	P	C	N	D	C	T	H	J	T	N	Y	F	I	J	R	L	A	L
K	D	J	V	N	R	T	D	J	J	Q	S	S	L	M	W	G	L	C	H
I	M	T	E	I	E	W	G	V	L	R	V	Y	B	L	K	N	S	I	J
N	C	R	R	O	G	E	R	M	I	L	L	E	R	C	O	L	O	B	V
S	B	E	D	I	R	P	Y	E	L	R	A	H	C	C	P	D	E	D	B

ANNE MURRAY, BARBARA MANDRELL, BRENDA LEE, CHARLEY PRIDE,  
CHET ATKINS, CRYSTAL GAYLE, DOLLY PARTON, DON WILLIAMS,  
EMMY LOU HARRIS, GLEN CAMPBELL, HANK WILLIAMS, JOHNNY CASH,  
KENNY ROGERS, LORETTA LYNN, MARTY ROBBINS, MERLE HAGGARD,  
PATSY CLINE, ROGER MILLER, TAMMY WYNETTE, WAYLON JENNINGS,  
WILLIE NELSON.

## JUST FOR LAUGHS



## CROSSWORD ANSWERS

S	U	C	C	E	S	S	C	L	A	S	S	
E	L						I	A	N	W		
C	A	U	S	E		G	A	M	E	S	O	
R		B		R		N		E		W	R	
E		S	P	R	E	E		O	C	E	A	N
T			O				D			R		
S	Q	U	A	R	E		S	E	N	S	E	S
		S				J		I		A		
B	R	E	A	D		E	A	G	L	E		U
E		L		I		K		H		X		C
A		E	A	R	L			T	W	I	C	E
S		S		T		L				L		R
T	A	S	T	Y		L	A	D	D	E	R	S

O	P	T	I	C	A	L		B	E	A	N	S	
B		H		L		A		A		N		H	
V	O	I	C	E		T	A	I	L	S		E	
I		C		A		E		T		W		E	
O	A	K		N	E	S		T		L	E	A	P
U				E		T		D		R			
S	P	H	E	R	E			H	O	R	S	E	S
		A		S		F		W				U	
B	I	T	E		M	O	O	N		A	I	R	
E		C		S		S		W		W		P	
A		H	A	W	K	S		A	V	A	I	L	
S		E		I		I		R		K		U	
T	O	T	E	M		L	A	D	D	E	R	S	

*To All!*

*Be Loving and Kind, Have Fun and Celebrate  
Stay Safe and Keep Others Safe.*

*Better days are ahead!!*

**HAPPY SPRING!**

