


APRIL 2019

DON'T CONSUME YOUR TOMORROWS FEEDING ON YOUR YESTERDAYS

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|--|----------|
| | 1 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO) 1:30 INTRODUCTION TO LAW | 2 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING | 3 10:00 BOARD MEETING 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING 1:00 MATTER OF BALANCE (CLASS IS FULL) | 4 9-11 WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO (12:30 FUN & FITNESS) | 5 9:30 PINOCHLE 10:00 SING-A-LONG | 6 |
| 7 | 8 9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO) 1:30 INTRODUCTION TO LAW | 9 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE <i>(IN LOUNGE)</i> 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING 2:00 MEMORY CAFÉ | 10 9:30 THRIFT SHOP OPEN 9:30 GENERAL MEETING 11:30 COMPUTER BASICS 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING 1:00 MATTER OF BALANCE (FULL) 1:30 RED HAT LADIES <i>(IN CRAFT ROOM)</i> | 11 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 9:30 TO 12 NURSE 10:00 FINANCE/INVEST GROUP DISCUSSION 10:00 MLH MEMORY TALK(lounge) 10:15 BINGO <i>(IN GREAT ROOM)</i> 11:00 OUTREACH – BRIGGS 11:30 COFFEE WITH A COP(lounge) 12:30 FUN & FITNESS | 12 9:30 PINOCHLE (in lounge) 10:00 SING-A-LONG 11:30 FRIDAY FLICKS | |
| 14 | 15 9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:00 BOOK TALK 1:30 YOGA (VIDEO) 1:30 INTRODUCTION TO LAW | 16 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE <i>(IN LOUNGE)</i> 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING | 17 9:30 THRIFT SHOP OPEN 9:30 VALLEY FORGE CASINO 10:00 PERSIAN SENIOR GROUP 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 LINE DANCING 1:00 MATTER OF BALANCE (CLASS IS FULL) | 18 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 10:15 BINGO <i>(IN GREAT ROOM)</i> 12:30 FUN & FITNESS | 19 UMSSC CLOSED FOR HOLIDAY | 20 |
| 21  HAPPY EASTER | 22 9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO) | 23 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE <i>(IN LOUNGE)</i> 12:45 BAND PRACTICE / INSTRUCTION 1:00 KNITTING/CROCHETING | 24 9:30 THRIFT SHOP OPEN EXCURSION TRIP TO DUTCH APPLE THEATER 9:30 QUILTING 11:30 COMPUTER BASICS 12:00 TAI CHI (VIDEO) 12:30 CANASTA 1:00 GARDEN CLUB 1:00 LINE DANCING 1:00 MATTER OF BALANCE (FULL) | 25 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 FINANCE/INVEST GROUP DISCUSSION 9:30 TO 12 NURSE 10:15 BINGO <i>(IN GREAT ROOM)</i> 11:30 OUTREACH - LEACH 12:30 FUN & FITNESS | 26 9:30 PINOCHLE (in lounge) 10:00 SING-A-LONG 1:00 VOLUNTEER APPRECIATION CELEBRATION | 27 |
| 28 | 29 9:30 THRIFT SHOP OPEN 9:30 MAH-JONGG 10:30 CURRENT EVENTS 1:30 YOGA (VIDEO) | 30 9:30 THRIFT SHOP OPEN 9-11 WALK TRACK 10:00 COMPUTER CLUB 11:30 FUN & FITNESS 12:30 PINOCHLE <i>(IN LOUNGE)</i> 12:45 BAND PRACTICE 1:00 KNITTING/CROCHETING | | | | |